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ISSUE 16

NOVEMBER 2022

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*You can contact us at
386-237-4450 or at:
palmcoastmagazine@
gmail.com. Palm Coast is
published the first week of
every month.*

*All contents copyright Palm
Coast Publishing, 2022.*

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We hope everyone in Palm Coast made it through what was, for us, our first hurricane since moving to Florida. We're back on track and working on what will probably be two of our biggest issues all year — December and January. December brings back our Christmas Buyer's Guide issue in which we give free space to all of our advertisers in our gift buying section to highlight any of their products or services that they want to promote for the Christmas season.

January will be a yearbook issue for the city of Palm Coast. You remember your high school yearbook? Well, think of one for a city. We'll have lots of photos of every organization in the city from the Rotary Club to the Corvette Club and everything in between. Are you a member of a group or organization? Make sure your group is represented in the yearbook issue by contacting us as soon as you can with your information. We need photos too, so send us a photo of your group as well. If you have any questions please contact us using the information to the left. Thanks.

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News Of The Palm Coast World



City To Explore The Creation Of A Large Sports Complex

Pending approval from the Palm Coast City Council, the city government will spend \$113,000 to study the market potential for a sports and recreation complex in an undeveloped portion of the city, north and west of U.S. Route 1.

According to Jason DeLorenzo, the city's development director and chief of staff, the study is being considered because the city doesn't know exactly what they need in a facil-

ity of this type or whether it is feasible in the first place, hence the proposal to hire Sports Facilities Companies, a developer of sports complexes (see above photo).

The complex could include indoor facilities and/or an aquatic center. The development of a sports complex such as this could also be a catalyst for future development in Palm Coast's 30,000 acres of available land.

In December the city will begin a two-year project to construct a flyover from U.S. 1 at Matanzas Woods Parkway over the railroad tracks, to the open land to the west. This area is being considered as a location for the sports complex but other areas will be studied as well, including areas in the north and south parts of the city.

However, there are environmental concerns at the north end and at the south end, the land is privately owned.

The new complex could help with the city's need for more local, recreational fields, either by hosting all regional and state competitions, thereby leaving Indian Trails Sports Complex to cater to local leagues and residents.

A recent city government in 2018 floated the idea of a recreation and aquatic center that would be located at the tennis center off Belle Terre Parkway but the city council rejected it. All available dollars were going to rebuilding Holland Park and the Palm Coast Community Center.

In Palm Coast West, the city is turning the tables. The pro-

jected sports complex would be "a magnet for all of these folks and families that are currently driving right past us in very large numbers," Mayor David Alfin said, "down to Palm Beach County. So there's no reason those folks should have to spend all that gas. They can stop here halfway and enjoy their sports competitions here, while enjoying all of the beauty of the city of Palm Coast."

Alfin described the sports complex as "a catalyst, because it is the first step in the improvement of the unimproved property" west of U.S. 1. The complex at that point would depend largely on out-of-town tournaments.

Sports Facilities Companies will take about 12 weeks for the initial study, a market and competitive analysis. The second part of the study will determine the potential economic benefit of sports tourism that brings families to Palm Coast for overnight stays.

Since this activity could generate substantial tourism revenue it would represent a welcome influx of money to Palm Coast businesses.

Palm Coast Publishing To Launch Business Magazine

Palm Coast Publishing CEO Tom Aikins recently announced details of the company's plan to launch a business magazine that will cover the business scene in Flagler County. According to Aikins, the magazine will be mailed to a database of approximately 3,000 businesses in the county, the majority being in Palm Coast. Palm Coast publishing is the parent company of this magazine.

The publishing frequency has not been determined yet as that will depend initially on factors that are still being researched. "We should get a good response from compa-

nies that want to market their goods and services to local companies. There really is no good way to reach the businesses in this area with a targeted message that speaks to business to business advertisers only. Even our first publication, Palm Coast, cannot effectively target businesses, as it is directed at consumers."

The publication, titled Flagler Business Review, is tentatively scheduled for a February release date. It will be published mid-month to avoid conflicting with Palm Coast, which is published at the beginning of each month.



Palm Coast associate editor Amy Armstrong will duplicate her role with the new publication, writing several feature articles per month each for two

magazines. Business manager April Harris will also duplicate her duties for the new publication, running the company on a day to day basis, and also spearheading the expansion strategies for the two magazines.

Palm Coast magazine celebrated its first anniversary in August having doubled in size in its first year and realizing a 300% gain in revenue in the first 12 months of operation. It is currently available for pickup in almost 50 locations around the city. The next issue, published December 1, will feature a Christmas buyer's guide.

November 2022



Turtle #18 Joins The Trail

The Palm Coast Arts Foundation, along with sponsor Tomoka Eye Associates, presented the long-awaited unveiling of TURTLE #18 to the public art Turtle Trail on Saturday, October 15 at Tomoka Eye Associates in Palm Coast.

Visually impaired artist John Bramblitt created the turtle, whose head is shown above. CEO

John Watson decided to commission a visually impaired artist to create the turtle to underscore Tomoka Eye's long-standing commitment to the community as they approached their 50th anniversary of being in business. Beach. See all the public art turtles on the Turtle Trail at www.palmcoastartsfoundation.com/the-turtle-trail.

Yacht Club Announces December Parade Date

The 39th Annual Palm Coast Holiday Boat Parade, presented by the Palm Coast Yacht Club, will be held on December 3, 2022. The date was set in coordination with the City of Palm Coast and City Mayor David Alfin. With an unprecedented 74 registered boats, last year's parade not only set a new record for Palm Coast, but it is now considered the largest community boat parade in the State of Florida.

Once again, the parade will be broadcast live by Flagler Broadcasting on KOOL-FM. Grand Marshalls will be Flagler County Sheriff Rick Staly and The Honorable David Alfin, Mayor of Palm Coast.

The parade will be held in honor of the late Joe Rizzo. A longtime champion of the Flagler County School System and a major mover and shaker in the Palm

Coast community, Rizzo was executive director of the Flagler Education Foundation. Said Boat Parade Chair Sarah Ullis, "We are grateful to his widow, Teresa, for



agreeing to have the parade held in his memory."

Lead boat for the parade is "SunShine," a 55-foot wide body Viking, owned by Palm Coast Yacht Club members Ken Mazzie and Donna Heiss. Registration is now open on the Yacht Club's website, www.palmcoastyachtclub.com.

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Flagler County Orchid Society Auction



The funds from the sale are used for speakers for the club meetings and other administrative costs.

Cattleyas, shown here, often known as the “Corsage Orchid,” is the Queen of Orchids. Hundreds of hybrids exist in a wide range of colors, but it is their fragrance that brings us coming back for more.

There are several ways to kill an orchid. To list just a few: too much sun, too extreme a temperature, and too much fertil-



izers. But the most common is still too much water. Cattleyas have pseudobulbs that store water. They need to thoroughly dry out between watering. When in doubt, wait a day or two. Resist the temptation to overwater. We know; we’ve done it too.

So, you have a Cattleya you have not burned, overfed or overwatered. We congratulate you. It’s finished blooming and now you need to repot. We can help with that. It does not have to be a workshop. You may bring your orchid to

any meeting. Members of the Flagler County Orchid Society will kindly show you how.

There will be no meeting in November due to the Thanksgiving holiday. The next meeting will be held January 27, 2023.

Visitors and new members are always welcome. For more information contact Jeanne at 386-931-3156 or Faith at 386-264-4715.

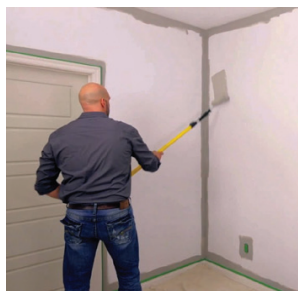


The Flagler County Orchid Society annual auction held on September 22 was well attended and very successful. The plants that were sold were from eight different classifications of orchids. Some were species (as they grow in nature) and others were hybrids. All plants had blooms or bloom spikes where the flowers develop.



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Local Happenings



Battalion Chief J. Kyle Berryhill was sworn in as Fire Chief of Palm Coast at a Transfer of Command ceremony on October 14. Pictured is Chief Berryhill (left) with family members and retiring Chief Jerry Forte (right).



The Professional Women of Flagler County held their monthly breakfast networking meeting on October 7 at the Hilton Garden Inn. A panel of real estate experts drawn from the membership presented interesting information on the local real estate scene.



The Diamond Referral Club held its weekly meeting at the Coldwell Banker real estate offices on October 12. The club meets every Wednesday for networking and lead generation. For more information on the club call Brad at 386-283-0955.



The Tiger Bay Club held its monthly meeting on October 19 at the Channelside facility in Palm Coast. The featured speaker for the event was Audrey Gregory (center), the new president and CEO of AdventHealth in Flagler, Volusia and Lake counties.



Hundreds of runners and walkers took their mark October 16 in the race against breast cancer. Staging the first in-person Pink On Parade in three years, the turnout was robust and the participants dressed in fluffy pink tutus, pink knee socks and other pink gear.



The Boss Ladies of Flagler County gathered for the Pat and Pink tribute concert, a Salute To Women on October 15 at the Flagler Auditorium. The concert was part of the month-long breast cancer awareness activities held throughout the month of October.



On Friday, October 21, 2022 the University Women of Flagler held its annual Day of Games fundraiser. The event raised over \$4800 for the UWF scholarship fund. Pictured left to right: Sheila Platt, Eve Scolnik, Luzibu Nsakala and Susie Moya.



The Prestige Partners BNI chapter in Palm Coast held their weekly meeting on October 27 with a Halloween theme at Oceanside Grill in Flagler Beach. The group meets weekly to refer business leads. For more information, see their Facebook group.



The Flagler County Cultural Council's October meeting was attended by, from left, Jay Scherr, Elaine Studnicki, Ed Siarkowicz, Meshella Woods, Pam Richardson, Danielle Anderson, Sandra Siepietowski and Debra Naughton. Absent were Nancy Crouch and Mary Stetler.



The Palm Coast Rowing Club sponsored a Paddle in Pink Row with Advent Health Foundation to raise money for breast cancer. About 25 rowers participated in the event which was held to raise awareness of breast cancer.

Fantasy Lights Festival Opens On November 26

Local Rotary member Bill Butler and his wife started the Fantasy Lights event after their younger daughter Tiffany passed away due to a heart condition in 2002. Holidays were very hard on them from that point and trying to get over the grief of not having Tiffany with them, he kept

thinking about her excitement over a Christmas light display she had seen with

her family in Indiana. In 2003, he joined the Rotary Club of Flagler County and in 2005 had the opportunity to offer Tiffany's idea as a possible fundraiser. The Rotary Board granted approval to move forward and in 2006, The Fantasy Lights Festival was born and is now in its 17th year, raising funds for the Rotary's various charities. The event now boast of having over 50 elaborate lighting displays that will be displayed every night from November 26 to December 30 in Palm Coast City Center and there is no admission charge. You can see more information about the event on the Rotary website at flaglerrotary.org.



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Palm Coast People

Volunteers make Palm Coast history come alive

She's dedicated to making sure locals know that Palm Coast has its own historical society.

With a jokingly perplexed yet determined voice, Elaine Studnicki said, "A lot of people are surprised to find out that we do indeed have our own historical society here in Palm Coast. It's my job and my goal to make our local population more familiar with what the historical society has to offer."

Studnicki, current president of the Palm Coast Historical Society and one of its two co-historians, has always been a history buff, she said.

"History is fun and it's important to know," she said. "It is interesting to see how there are threads of events that go all through our history and know-

ing those threads is what helps us to make good decisions."

So when James Canfield, the city's first mayor, asked her to help out with the histori-

cal society, Studnicki said she couldn't resist.

At the time, she was a recent retiree from New Jersey and was herself interested in learning more about how Palm Coast came to exist.

"I had been working with the society for the previous ten years and it was a matter for me of learning the history of where I was now living and getting the chance to work with good people," she said. "It was the good people that made me want to stay involved with the

historical society."

The society had just begun the process of transitioning its document storage to an electronic format when Studnicki came on board.

Today, the process continues as Studnicki said, "Fifty plus years," referencing how long the city of Palm Coast has formally existed. "That is a lot of information."

She trains volunteers on how to use new technologies such as loading videos to YouTube.

"Some of the technologies being used now are ones that some volunteers don't have experience with," Studnicki acknowledges. "But I know they can do it, because if I can do it, they can do it too. This is what I say to everyone: 'Come on and give it a go.'"



Elaine Studnicki

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Sounds like an unofficial recruiting motto, but Studnicki has some ambitious goals for the historical society.

She'd like to significantly increase its membership to include local business partners.

She's also organized the society's first "academy" scheduled for January 2023.

Similar to the citizen's academy hosted by the city, Studnicki said the historical academy is an opportunity for locals and newcomers to learn more about the area's historical background.

The event is set for each of January's five Tuesdays from 3 to 6 PM at the community center. Cost is \$40 per participant and includes two books about history in Palm Coast and Flagler County written by two authors.

Studnicki also plans to ramp up the society's "speaker's series" in 2023.

When she isn't at the historical society offices, Studnicki is

often found working on her golf game or playing horseshoes.

But her mind is rarely very far from topics of history. As she discussed what she calls a "gorgeous course out on the Old Dixie Highway," where she enjoys playing horseshoes, Studnicki said, "You know a lot of people ask about how the roads were named here in Palm Coast. I am right now looking at a great book sitting here on the shelf at the historical society building that explains it all."

She also serves on the county's cultural board — another appointment that fits in well with her work with the historical society.

The Palm Coast Historical Society located at 18 Florida Drive Park North is open on Wednesdays and Saturdays from 1 to 3 PM or by appointment. Contact the Palm Coast Historical Society by call (386) 283-5929 or visit its website at www.palm-coasthistory.org.

— Amy Armstrong

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Community Food Bank Ready for Busy Holiday Season

The Grace Community Food Bank, a division of the Grace Tabernacle Ministries International, expects to supply \$45 gift cards to 1,500 Palm Coast families this Thanksgiving season.

While Charles Silano, pastor of GTMI, said the food bank re-

ceives consistent support from the local community to meet the needs of those needing assistance, he'd like to bump that \$45 dollar gift card value to \$50 for 2022.

"It gives those needing our services the dignity of being



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able to shop themselves, prepare their meal in their home and eat with their loved ones," Silano said of the Team Feed Flagler effort for the Thanksgiving holiday that the GTMI heads up.

The GCFB (food bank) feeds anywhere from 4,300 to 4,400 families per month, Silano said, adding that four members is the average family size. The food bank also recently started mobile operations out of a truck that brings food to 120 homeless people.

With a budget of \$130,000 per year, the food bank moves approximately 3.5 million pounds of food to those in need in Flagler County. The food bank also receives twice weekly infusions of food from local supermarkets.

Still, the bulk of its budget comes from the generosity of local givers. Silano said he is grateful for the support, especially during the recent COVID-19 pandemic that

stretched everyone's resources thin.

"It is just amazing to me," Silano said. "People in this community are very much engaged in making sure that other people have food on their tables to meet their needs. It is as if everyone here; everyone who gives can relate to the plight and needs of others. We just have a wonderful community."

The food bank began 20 years ago and went through several locations before landing its current, permanent spot at 245 Education Way in Bunnell. At its beginning, the bank started helping 30 families. About 15 years ago the United States Department of Agriculture enacted the Feeding America program which brought more than 200 feeding sites — including those at schools — under one umbrella.

Learn more about the food bank online at www.gracecommunityfoodpantry.com.

-Amy Armstrong



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The ins and outs of acupuncture, by Dr. Heather Scheuerlein

You've probably heard something of acupuncture before but if you are not familiar with this ancient Chinese method of achieving wellness, please read on.

Acupuncture is a time-tested, clinically proven alternative medical modality that involves inserting thin (very thin, solid stainless-steel needles into specific points in the body. The goal of acupuncture is to regulate the flow of life energy through your body, which is known as "Qi." This is based on the belief that blockages develop within the body that prevent energy from flowing and cause health issues, including headaches, nausea, insomnia, sinus congestion and chronic pain, to name a few.

Today, we have a clearer understanding of how Acupuncture works, thanks to modern medical scientific research. Studies have shown that when the needles are inserted into acupuncture points, the peripheral nervous system is triggered which then in turn triggers the central nervous system (you can even see certain sections of the brain light up!) to respond.

This causes a chain reaction

that causes the brain to release endorphins. Endorphins are peptides that activate the body's opiate receptors, resulting in an analgesic effect.

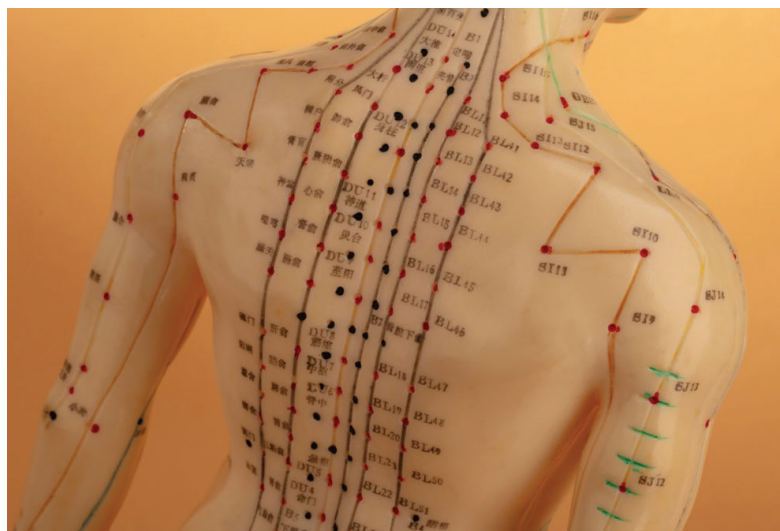
How can it treat issues like chronic pain?

By triggering pain-relieving nerve responses via endorphins, acupuncture can relieve chronic pain. The needles are inserted along various points on the body to elicit these responses and promote healthy energy flow.

This allows more oxygen and blood to reach congested areas, improving your body's natural healing process.

This time-tested treatment is also considered a relaxing and restorative practice, as it involves reclining or lying down in a tranquil setting that allows the patient to rest deeply. As the body relaxes, our fight or flight (sympathetic) nervous system relaxes, and the rest & digest (parasympathetic) nervous system takes over. It is in this state that healing occurs, much like when you are asleep at night.

Whether you experience chronic knee, hip or back pain,



migraines, cramps, even neuropathy - dealing with chronic pain can make even simple tasks more challenging.

While over-the-counter pain medicines can offer some relief, they do not treat the underlying cause of the issue, which means you will likely continue to experience chronic pain. If you're looking for a long-term solution, consider acupuncture and Chinese herbal medicine. These ancient Chinese practices can help relieve and prevent chronic pain from various causes.

Acupuncture can help with all forms of chronic pain. In the event (rare, but does hap-

pen) that Acupuncture can't help, our office will direct you to the best person/provider who can. We will work with other medical providers to make sure you get the very best results of eastern and western medicine.

Can acupuncture treat other health conditions?

The answer is yes. Acupuncture can help with migraines, digestive disorders such as gas, bloating, indigestion, acid reflux, and irritable bowel syndrome, chemotherapy induced peripheral neuropathy, diabetic neuropathy, arthritis — even fertility, pregnancy, and post-delivery care.

Dr. Heather Schuerlein is a Board-Certified Acupuncture Physician licensed in Florida. She holds two Master's degrees; one in Acupuncture and the other in Oriental Medicine (MSAOM) from Finger Lakes School of Acupuncture and Oriental Medicine at New York Chiropractic College in Seneca Falls, NY. She recently completed her doctoral degree at Pacific college of Oriental Medicine (2019). You can reach her at Palm Coast Acupuncture at 386-225-6134.

My Acupuncture Experience with Dr. Heather

First off, the atmosphere here is quiet and relaxing which helps if you're a little apprehensive about the upcoming treatment. I mean, it's not every day you go someplace willingly to have needles stuck in you. But any fears I may have had were quickly put to rest when I was lying face down on a warmed massage-type table and Dr. Heather started inserting the tiny needles. She had inserted about half of them before I knew she was even doing it so there's no question of any pain although one that was high up on my shoulder blade did smart a bit at first but after several seconds I didn't feel a thing. Then you just lie there relaxing for a while and then Dr. Heather comes back, pulls out the needles — which I couldn't feel at all — and that's it. I didn't have any specific ailment or condition so I didn't feel any change in the way I felt other than a sense of relaxation which lasted for quite some time. It certainly seems like an easy and quick way to deal with any number of physical problems, especially chronic pain, that have been unresponsive to other treatments so you might want to give it a try. — *Tom Aikins*

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The Second Annual Nine & Dine Event



Palm Coast's first golf course, now called Palm Harbor, is nifty at 50 and the Palm Coast Historical Society planned an event to celebrate. The Nine & Dine Golf Event on Monday, October 25 had a shotgun start that kicked off at 3:30 pm. Unlike the official opening hosted in 1971 by the developers at International Telephone and Telegraph, the Historical Society organizers did not use a real shotgun.

Renowned golf course architect Bill Amick of Daytona Beach designed the course and returned to participate in the commemorative celebration. Proceeds from raffles, silent auction items, and other sponsors benefited the Palm Coast Historical Society, established in 2000. Historical exhibits of renowned players, past tournaments, and other memorabilia are on display at the event and at the Palm Coast Historical Society Museum in Holland Park, open Wednesday and Saturday from 1-3 PM or upon request.



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Palm Coast, FL



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Homeowners Corner

Should you install solar panels on your house?

The question of whether to get home solar panels is no small decision. There's the issue of whether the energy savings will offset the costs. You may wonder whether you need a new roof first or how long solar panels last. There are many factors to consider before buying home solar panels. Below we'll go into the basics of solar panels and answer all of your pressing questions so that you can make the right choice for your home, budget and energy goals.

How solar panels work

First, how do solar panels work? Solar panels are made

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of photovoltaic cells. The sun emits solar radiation, which is absorbed by the PV cells when the sun shines directly on them. The energy from the sun creates electric charges, which move according to the electrical field in the cell, directing the flow of electrical energy. Parts of the solar panel also convert energy from direct current to alternating current so it can be used in homes. Certain solar panel array components also store the energy for later use even when the sun is not up. You can learn more about how solar panels work in our guide.

The benefits of solar panels

Why would you want home solar panels? Solar panels for your home come with many benefits:

Savings on energy: The most direct benefit is that you can



gain the opportunity to power your own home outside of the electrical grid. That will save you money, and if you generate extra power, you might even be able to get credit on your bill from the electric utility.

Solar is an abundant power source: According to the US Department of Energy, just one hour of noontime summer sun meets the annual US electricity demand. Even if you're in an

area with a lot of rain or shade coverage, you can still save on your electricity bill.

Help with your home value: If you plan to sell your home down the line, having home solar panels can be a major perk to buyers and can help increase your home's value.

Going green: Since solar is a renewable resource, you can minimize your carbon footprint.

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Independence from electrical grid failures: Some areas have electrical grids that are less than reliable. If you experience frequent power outages in your area, your own solar power can keep the lights on.

Power your camping: Some small solar panel arrays fit right onto RVs or you can take them camping so you have electricity, no matter how remote the location.

Where to buy solar panels

Many businesses specialize in selling and installing solar panels for homes. Search online to locate solar panel suppliers and installers in your area.

You can even shop for solar panels at major home goods stores like Home Depot. Stores like this can even set you up with professional installation to help you get a residential solar panel setup.

Many of these services also help you access financing for your solar panels for your house. It's common for people to lease solar panels and pay monthly. Many programs offer \$0 down and rebates might even be available in your area through local utility companies. You might also inquire about any active tax credits, such as the 26% solar tax credit as part of the Consolidated Appropriations Act, 2021, which might help pay for a substantial part of the array.

Solar panel installation

You can either choose professional installation or self-install the arrays if you're handy. Pick the option that best matches your level of comfort with solar installation. If you opt for professional installation, make sure to talk to your solar panel supplier. Some suppliers offer special pricing on installation or know a subcontractor that can do it affordably.

A common concern is also whether you need a new roof before you install solar panels for your house. If your roof is

older, you may need to change out your roof before you put on residential solar panels. Otherwise, the panels might not have the necessary structure in place to support the weight and may also have to remove the panels to replace the roof.

Care and lifespan of solar panels


Many solar panels are guaranteed to last anywhere from 20 to 30 years, with 25 years being a common estimate. On top of that, they're fairly maintenance free, just requiring that you keep them free of obstructions like dirt, leaves and snow. Warranties also tend to help with professional repairs.

Solar panels have what is known as a "useful life" period. What that means is that the panels produce less energy gradually as they age. You might notice a significant drop-off in how much energy you are getting from the panels roughly 25 years after the installation. For instance, many warranties guarantee 90% of panel production for the first ten years, and 80% for the remainder of the 25-30 years. But that doesn't mean they're immediately useless, and they can still produce energy for a long time.

With the lifespan of resi-

dential solar panels in mind, it's common to wonder when you'll start making money. Many factors influence when and how you start making money from a solar array, including how many solar panels you have, how much energy you use and whether you opt to rent or buy solar panels for your house.

Scan here to get complete information about solar energy from the U.S. Department of Energy.



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November Offers More Reasons for Giving Thanks Than Just Turkey and Stuffing...

It's time to be officially thankful as November is upon us. And while we ought to be thankful every day of the year, this autumn month brings us many opportunities to express gratitude.

Of course, there is Thanksgiving or otherwise known by those with strong gastric inclinations as "turkey day." For those that can't get enough pigskin viewing, the professional football games give them a good reason to crash on the couch as their digestive system recuperates. It's an important holiday in American history with its beginnings as a way for the Pilgrims to be thankful for having survived as long as they had in the New World mostly due to the assistance of the Native Peoples. However, it is at the end of the month and we at Palm Coast Magazine have decided to treat it as a "culmination" of all the other reasons to be thankful that November provides.

The first one of these is earlier in the month: Veterans Day, Nov. 11. Please read the sidebar listing a myriad of reasons for being thankful to those who have served our nation. But just in case you don't, here

is a low altitude, high-speed pass regarding this federal holiday and its related activities in Palm Coast.

Veterans Day

Originally known as Armistice Day, the date of November 11 was chosen for its celebration because major hostilities of WWI formally ended on the 11th hour of the 11th day of the 11th month in 1918.

In 1919, it was U.S. President Woodrow Wilson who told Americans that, "the reflections of Armistice Day will be filled with solemn pride in the heroism of those who died in the country's service, and with gratitude for the victory."

Being thankful to members of the military and being grateful for the freedom secured by them was at the heart of the start of Veterans Day.

In 1926, Congress passed a resolution making it an official annual event. In 1954, U.S. President Dwight D. Eisenhower renamed Armistice Day to Veterans Day to honor veterans of all wars.

In 1968, Congress officially moved Veterans Day to the fourth Monday in November to begin three years later. Americans were confused. Many disagreed with the change. Thus in 1975, U.S. President Gerald Ford signed legislation to change the official date back to Nov. 11 starting in 1978.

Flagler County and the City of Palm Coast have scheduled a joint celebration at Central Park located at 975 Central Avenue from 10 AM to 1 PM for an official ceremony followed by a barbecue luncheon for veterans and their families.

Registration is not required for the ceremony but is for the luncheon to ensure adequate supplies. The luncheon is no cost. Pre-register for the luncheon with your respective veterans' group at the Palm Coast Community Center. Call the center at (386) 986-2323.

The ceremony is slated to begin with colors presentation by the Mantanzas High School JROTC. Local vocalists are scheduled to perform various patriotic songs including The Star Spangled Banner and Veteran of the Year will be announced.

Marine Corps Ball

Another local opportunity to celebrate veterans (and active service members) is the annual Marine Corps 247th Birthday Ball on Sat., November 5, at the VFW Post 8690 located at 47 Old King's Road in Palm Coast. The event includes a



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cash bar from 5 to 10 PM with a social hour from 5 to 6 PM with dinner, ceremonies, and dancing from 6 to 10 PM. Dress is semi-formal. The honored guest for 2022 is Marine Elmer Hawkins, president of the 1st Marine Division in Guadalcanal who is also the Veterans Judge Advocate at the Malcolm B. MacLean Detachment #1144. Reserve tickets via email to Frankpaco1967@gmail.com or phone Ellen Werner at (386) 237-9798 or Joe Kowalsky (386) 237-4728.

Grateful Days Before Turkey

Social media is full of suggestions on how to be more thankful. Many users post a daily tidbit about what they are thankful for each day of November. That's a good start to getting oneself in the mood to be grateful. Some of us require a bit more specific direction regarding a specific subject to be thankful for. Thus, we present you with a list of daily suggestions. Perhaps in the listing highlighted below, you can find a day or two that resonates with the things that matter to you.



Nov. 1 first brings us International Pet Groomer Appreciation Day. If you have a shaggy pup, you know why we are thankful for this.



Nov. 2 is National Deviled Egg Day. Here's your opportunity

to brush up your skills before Turkey Day.



Nov. 3 is Give Someone a Dollar Day. If you are the repeat recipient, you have plenty of reasons to be thankful



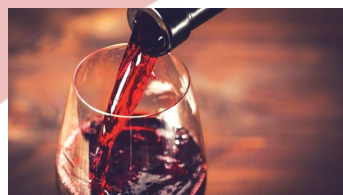
Nov. 4 is National Community Service Day. What a great way to show gratitude by helping a group in the community.



Nov. 5 is American Football Day. Here's an opportunity to increase your knowledge of the gridiron before the games on Thanksgiving.



Nov. 6 is Daylight Savings Day. That "extra" hour of sleep is a reason to be thankful.



Nov. 7 is National Merlot Day. We don't have to explain that one.



Nov. 8 is Election Day. We can be thankful that we have the opportunity to vote.



Nov. 9 is claimed by World Freedom Day and Go to an Art Museum Day.



Nov. 10 is the U.S. Marine Corps Birthday. Plenty of reasons to be grateful for Marines. Semper Parati.



Nov. 11 is of course, Veterans Day. It is also National Sunday Day.



Nov 12 is Chicken Soup for the Soul Day. Those suffering from the common cold are thankful for this.



Nov. 13 is World Kindness Day.



Nov. 14 is National Family PJ Day. Remote workers rejoice.



Nov. 15 is Clean Out Your Refrigerator Day. Makes sense considering the other big pending holiday in November. It is also National Recycling Day.



Nov. 16 is National Button Day. Speaks for itself.



Nov. 17 is National Hiking Day. Should probably be the day after Thanksgiving.



Nov. 18 is Use Less Stuff Day.



Nov. 19 is Women's Entrepreneurship Day. Consumers have a plethora of shopping reasons to be thankful for this.



Nov. 20 is International Hug a Runner Day.



Nov. 21 is National Stuffing Day. Another day to practice for the big day.



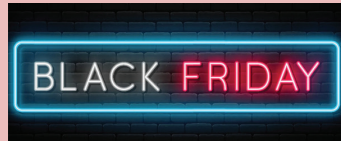
Nov. 22 is National Cranberry Relish Day. Ditto on the practice day.



Nov. 23 is National Jukebox Day.



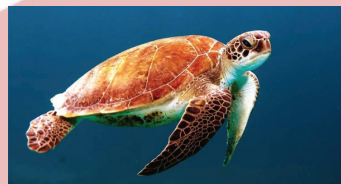
Nov. 24 is of course, Thanksgiving. Time to see if all of your practice will help.



Nov. 25 is Black Friday, which speaks for itself. But it is also Flossing Day. Your gums and teeth will thank you.



Nov. 26 is Small Business Saturday. We should all be thankful for local businesses.



Nov. 27 is U.S. Turtle Adoption Day.



Nov. 28 is Cyber Monday. It is also National French Toast Day.



Nov. 29 is Giving Tuesday, a way to show thankfulness monetarily. It also is Throw Out Your Leftovers Day.



Nov 30 is National Mason Jar Day. Canning aficionados rejoice.

Scan the QR code to see a complete list of all the daily, weekly and monthly holidays of November — basically what we just showed you but with all of the other months included too.



Exercise Before You Eat

Here's the opportunity to get your body in a calorie deficit before the big feast.

The Thanksgiving Feet to Feast 5K returns to Palm Coast from 7:45 to 11:30 AM on Nov. 24. All participants receive medals and a long-sleeved tee shirt (while supplies on the latter last). The morning begins in the courtyard at the Palm Coast campus of Daytona State College.

Costs are as follows: Early bird registration from until Nov. 11 is \$25. Registration between Nov. 12 and 23 is \$35. Day of race registration is \$40. Student rate for K-12 is \$20. Register online at www.palmcoast.gov.

Winners in various categories will receive a pie for the evening's dinner. A costume contest is also scheduled.

November provides us with an abundance of reasons to be thankful even before the big day of feasting and turkey-induced comas. From all of us at Palm Coast Magazine, Happy Thanksgiving.

-Amy Armstrong



Feet to Feast 5K returns Thanksgiving Day



Reasons To Be Thankful To Veterans

Perhaps the most basic reason for being thankful for this nation's veterans is that each one signed up to defend those of us who did not join the ranks.

They left behind family members, beloved pets and warm, comfy beds to be with a different kind of family on the battlefield and in the trenches. Perhaps they rescue an animal that later became their unit's unofficial mascot but could never replace their animal companions back home. They were forced to attempt to sleep in less than desirable conditions. They had to postpone anniversary celebrations with their spouses or partners. They were notably absent from holidays and important events in their children's lives such

you may not be aware of.

Current Veterans in the U.S.

As of 2021, there were 14.84 million male veterans and 1.66 female veterans living in the United States, according to Statista.com.

Forty-two percent of those veterans are aged 75 years or older. California has the largest number of veterans with more than 1.6 million. Texas is a close second with more than 1.4 million.

Veteran Deaths

According to a Department of Veterans Affairs document titled America's Wars, from 1775 to 1991 there were 651,031 battlefield deaths of American military members.

More have died in the global war on terror starting in 1991, but not necessarily in overseas venues.



(© Kathy Willens/AP Images)

That means that three-fourths of those nearly 20,000 service members died from other causes. The report cites the causes of deaths starting with accidents being the highest number followed by suicide, and illness occurring in the United States.

Disabilities

According to Combat-Wounded.org, 30 percent of the 2.5 million plus veterans having served post the 9/11 attacks have a service-related disability.

Those disabilities range from diagnosis of Post Traumatic Stress Disorder (20 percent of those veterans), depressive disorder (22 percent), and since 2002, more than 300,000 veterans have been diagnosed with a TBI (traumatic brain injury).

Civilians should not be grateful this has happened to the nation's service members. But

civilians can be thankful to a disabled service member for having endured becoming disabled.

Limb Loss

In the War on Terror in Afghanistan and Iraq, 1,558 American military personnel lost a limb.

During the Vietnam War, 5,283 U.S. military members lost a limb.

It is estimated that 60,000 lost a limb or limbs during the Civil War.

Learn More

A recent survey by Combat-Wounded.org documented that 71 percent of respondents indicated they do not understand the problems faced by veterans that have served since the 9/11 attacks. Sadly, in the same survey, 84 percent of veterans indicated that the American public has "little awareness" of the challenges they are their family members face related to their previous military service.

The reasons to be thankful for the service provided by veterans is innumerable. Each veteran has given beyond measure to ensure the security of this nation. From all of us at Palm Coast Magazine, thank-you, veterans. Our words are not enough to honor you.

— Amy Armstrong
November 2022



as birthdays, graduations and weddings.

As civilians, we don't have to look far to be thankful for this nation's armed services.

But to deepen that gratitude, here are some statistics about veterans and their service that

From 2006 to 2021, the Congressional Research Service determined that 18,571 members of U.S. Armed Services died while on active duty. Approximately one-quarter of those deaths occurred in overseas operations.

Perhaps some reading will help bridge the gap. Scan here to go to the America's Wars comprehensive fact sheet regarding veterans deaths in all wars/conflicts that the United States has been involved in.

Here is a link to a History.com article with death toll figures for each war and conflict that U.S. military personnel have served in:

This link is to a National Institute of Health U.S. National Library of Medicine article regarding battlefield surgeries (including amputations) during the Civil War.



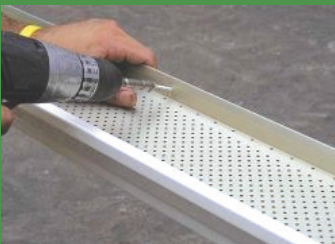
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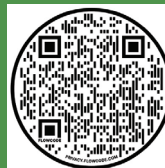
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— Brad W.

Selection Of The Month

The Garden Club Of Palm Coast's monthly garden by Nancy Iandoli



Elena and Viktor Zadorozhny of Eric Drive have been recognized as the November 2022 Selection of the Month by The Garden Club at Palm Coast. Elena and Viktor lived in New York for 20 years before retiring and moving to Palm Coast.

This very diverse landscape along with its terra cotta roof, driveway and all the garden edging displays curb appeal. The driveway is unique with a spade-shaped grass island which showcases a Queen palm.

Visitors are greeted at the front entrance with the fragrant white flowers of bridal bouquet frangipani (plumeria) and magenta and white flowering bougainvillea. Color abounds with large Petra crotons, Hawaiian Ti, dwarf bottlebrush, bush daisy, pink penta, dusty miller, and other perennials.

The left side garden has a tall multi-colored metal art spinner and a large coquina rock that is surrounded with many plants such as: catharanthus roses (periwinkle), five-night blooming jasmine, agapanthus, bush daisy, bird of paradise, plumbago, and a small Chinese windmill palm.

The pool area has a beautiful white marble Mermaid fountain with a background of tri-color ginger, gladiolas, peace lily, split leaf philodendron, and a red desert rose. The very deep lot contains many edged gardens of various plants as well as sweet bay laurel, loquat, a Valencia orange tree, a sago palm and a Norfolk Island pine. This landscape has so much color, diversity, and beauty it truly deserves the "Selection of the Month" recognition.



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As a real estate investor, finding reliable contractors that complete work as agreed and on schedule is key. I have used QUEST ROOFING and CONSTRUCTION on all my projects the past year. Juan Carlos is a very knowledgeable roofing expert that is pleasant and easy to communicate and work with. During the roofing installation there is always a supervisor on-site to make sure everything is completed to the highest standard. The job is finished with an impeccable clean up. I highly recommend and endorse Juan Carlos. If you are a home owner or an investor and you want the best result without worry, QUEST ROOFING is the solution for you.
 — **Kenneth Tinglum, Five-Star Google review**



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Flora and Fauna

Check out some of nature's beauty in our own backyard



1. Little Blue Heron: A year-round resident of Florida, these birds are loners. Seen here eating a shrimp, they also eat fish and small crustations. Currently listed as Least Concern, their numbers are declining due to habitat loss.

2. Rock Pigeons: All Pigeons are Doves, their coloring is why some are called Doves. They can fly at speeds of up to 93 mph and begin breeding at five months. They are monogamous and can nest up to eight times a year which explains why they are such a successful species.

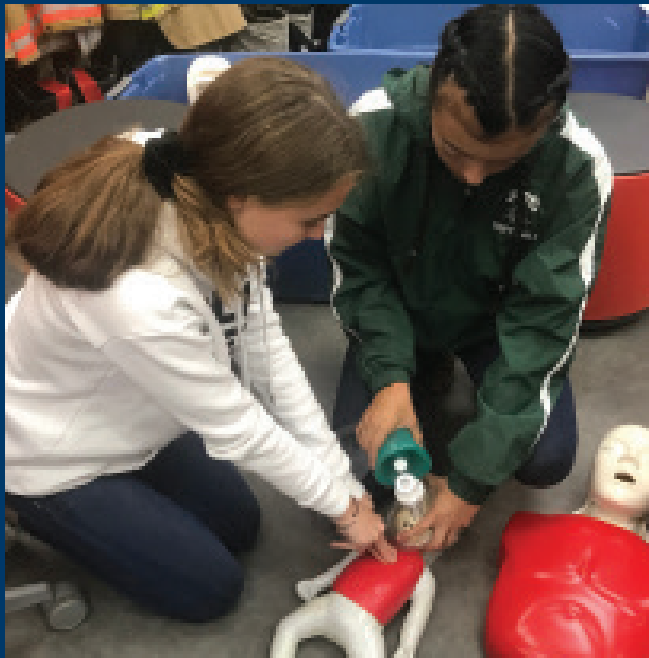
3. Adult Ibis: Juvenile Ibis are Grey in color before turning white as they mature. The mascot of the University of Miami is an American White Ibis named Sebastian. The Ibis was selected as the school mascot because of its legendary bravery during hurricanes. According to legend, the Ibis is the last sign of wildlife to take shelter before a hurricane hits and the first to reappear once the storm has passed.

4. Tri-colored Heron: Seen here tending their nest with three chicks. Teenage Tri-colored Herons are known to lung and snap at their parents when they arrive with food. To appease them, the parents greet them with a bow.

Photos provided by Kim Zechnowitz, an ardent local amateur photographer who has been shooting birds and other nature subjects for many years.

Can You Help Us On Our Journey?

The Flagler County Education Foundation's mission is to engage the community to support public education and enhance the academic opportunities and resources available to our students.



Some of our many programs: Take Stock In Children, Connect Bus, STUFF Bus, Josh Crews Writing Project, Career Coaching, Teacher Grants, Classroom to Career Flagships



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www.FlaglerEdFoundation.org

1769 E Moody Blvd, Bldg 2, Bunnell

Flagler County
Education Foundation

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A1A Fisheries
5959 N. Ocean Shore Blvd, Palm Coast, 386-276-9014, Seafood

Ai Japanese Restaurant
208 St Joe Plaza Dr, Palm Coast, 386-446-0508, Japanese, Sushi, Asian

Anthony's
250 Palm Coast Pkwy NE #405, Palm Coast, 386-597-2600, Italian, Pizza, Veggie

Atlantic Grille
105 16th Rd. E, Palm Coast, 386-447-4610, American, Bar, Seafood

Bob Evans
100 Garden St. S, Palm Coast, 386-246-5300, American, Breakfast

Burger Bros
1475 Palm Coast Pkwy, #102, Palm Coast, 386-585-4640, Burgers, American

Cantina Louie
10 Palm Harbor Village Way,

Golden Lion Offers A Good Beach/Seafood Experience

We turned our attention to Flagler Beach again this month as we decided to try out the Golden Lion, a place we had had in our sights for a while. One of our favorite places in Palm Coast is the Green Lion, owned by the same people, the restaurant that the city, in its infinite wisdom, decided to basically force out of its present location effective in February.

It's too bad that Palm Coast's loss is going to become Flagler Beach's gain when the owners of the two restaurants decided recently to open up a big, new Green Lion next to the Golden Lion location just north of Flagler Pier. There are not a lot of details yet on what the new place will be like but we hope they don't change the menu or, even better, add more items to

it that are as good as they already have.

But, I digress. Our experience at Golden Lion recently had a couple of minor hiccups due basically to some service issues. However, nothing disturbed the positive experience as the food was uniformly good and the value for money was

also good. And I don't usually ding anyone for service these days unless it's horrendous. The difficulty that all restaurants seem to be having in finding qualified staff points to a systemic problem in the entire industry rather than shortcomings at individual places.

So why would we come back here again? The food quality was quite good, even though we're dealing with frozen fish — Alaskan pollock and mahi mahi — although both fish were well-cooked which resulted in satisfactory tastes and also textures. It's more challenging cooking frozen fish (in our humble opinion) so the kitchen staff knows what they are doing and they proved it with all



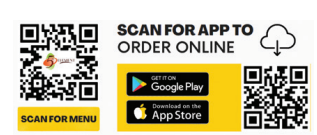
Experience The Many Flavors Of India.

The list of great Indian dishes that we have is lengthy and varied and includes items from the tandoor oven, curries, paneers, dosas, pappadams, samosas, pakoras, soups, dals, Indo-Chinese dishes, rotis, naans, vindaloos, tikka masalas, and many more, including an extensive vegetarian selection.



WE ARE OPEN FOR DINE-IN 11AM TO 9:30PM

BUFFET ON SATURDAY & SUNDAY 11AM TO 3:00PM



European Village • 101 Palm Harbor Pkwy, Palm Coast **386-302-0202**

of the other menu items we tried as well.

While the menu is mostly seafood there are some notable exceptions, one of them being the nachos we ordered to start. The large portion was full of all the items you would normally expect to see and was big enough for all four of us to enjoy.

Speaking of portion sizes, the fish and chips made from the aforementioned Alaskan Pollock was easily enough for two people and was perfectly cooked, with a golden brown crispy finish and tender flaky flesh. This seems like it is their

signature dish and at \$18 it represents great value for money.

In addition to this specialty, a shrimp and chips is also offered as well as a fillet mignon. The large menu also contains a number of seafood entries including raw bar items and seafood towers, which we didn't get to see, and both Maine lobster and Alaskan king crab legs.

Fish tacos were also well represented with four varieties including Thai and pesto grilled shrimp versions. Their burger and sandwich section contains a burger, three fish varieties, a Philly cheese steak and a spicy chicken quesadilla, so there's plenty of variety here.

We tried some oysters on the half shell as well as the nachos, the fish and chips as mentioned and the soy

glazed mahi mahi. All were well cooked and made from good ingredients. Along with the fresh beach air, endless view and some cold beverages it was the recipe for an enjoyable dinner at the beach.

And we look forward to seeing a new Green Lion next to this lion in the near future as has been reported. We'll see.

Golden Lion, Rt A1A, Flagler Beach, 386-439-3004



Fish and chips.



Soy glazed mahi mahi.

Palm Coast, 386-585-4112, Mexican

Captain's BBQ

5862 N. Oceanside Blvd, Palm Coast, 386-597-2888, American, BBQ

Carrabba's Italian Grill

160 Cypress Edge Dr, Palm Coast, 386-246-9839, Italian, Veggie

China King Restaurant

1475 Palm Coast Pkwy, Palm Coast, 386-447-8788, Chinese, Fast food

China One Restaurant

120 Palm Coast Pkwy SW, Palm Coast, 386-445-7188, Chinese, Asian

Cinnamon Beach Grill

519 Cinnamon Beach Ln, Palm Coast, 386-445-6999, American, Bar

Cork & Pint

101 Palm Harbor Pkwy, Palm Coast, 386-283-4139, Bar, Pub, Wine Bar

Cracker Barrel

4 Kingswood Dr, Palm Coast, 386-445-2127, American

Dominic's Deli & Eatery

160 Cypress Pt. Pkwy, Palm

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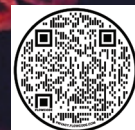
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market
Pub & Deli

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Coast, 386-445-8422, Quick bites, American, Soups
Don Luigi's Gourmet Kitchen
 260 Cypress Edge Dr, Palm Coast, 386-585-4001, Italian
El Pollo Colorao
 227 St Joe Plaza Dr, Palm Coast Pkwy, Palm Coast, 386-225-4548 Caribbean, Latin
Fancy Sushi
 5290 E. Moody Blvd., Palm Coast, 386-586-5988, Japanese, Sushi, Asian
Great Wall
 7 Old King's Rd N, Palm Coast, 386-446-3999, Chinese, Asian
Green Lion Café
 20 Palm Harbor Dr, Palm Coast, 386-986-2584, American, Bar, Veggie
Hammock Pizza
 5332 N. Oceanside Blvd #1 Palm Coast, 386-445-3768, Italian, American, Indian
Hammock Wine & Cheese
 5368 N. Oceanshore Blvd, 386-445-3357, Appetizers, cheeses, desserts
High Jackers Restaurant
 202 Airport Rd, Palm Coast 386-586-6078, American, Bar, Veggie
Houligan's Irish Pub
 50 Plaza Dr, Palm Coast 386-447-3580, American, Bar, Pub
Stoner's Pizza
 5 Utility Dr, Palm Coast, 386-446-4461, Italian, American, Pizza, Delivery
Ihop
 212 Palm Coast Pkwy NE, Palm Coast, 386-264-6834, American, Veggie
Joe's New York Pizza & Pasta
 1070 Palm Coast Pkwy NW Palm Coast, 386-445-1650, Italian, Pizza
JT's Seafood Shack
 5224 N. Oceanside Blvd, Palm Coast, 386-446-4337, American, Bar, Seafood
Kawa Sushi
 1475 Palm Coast Pkwy NW, Palm Coast, 386-986-2266, Japanese, sushi, Asian
King Palace
 515 Palm Coast Pkwy SW Palm Coast, 386-597-2186, Chinese, Asian
La Piazza Café
 101 Palm Harbor Pkwy, Palm Coast, 386-246-6366, Italian, Steakhouse, Seafood

Daily Specials

BURGER BROS

1475 Palm Coast Pkwy NW, #102
 386-585-4640

Every Day

Flaming Cheetos Burger; with homemade chipotle mayo, fresh jalapeños, pepper jack cheese, and cheddar sauce, served with crispy fries. Bros Philly Cheesesteak: served with sautéed onions and mushrooms with the provolone cheese on a garlic butter hoagie, \$11. - Turkey burger: 8oz patty served with caramelized onions and tomato marmalade, fresh lettuce and chipotle mayo, sweet potato fries, \$13.

CANTINA LOUIE

10 Palm Harbor Village Way
 386-585-4112

Mondays

Fresh fruit Guavaritas for \$6.99

Taco Tuesdays

All tacos \$2.99, specialty drinks, \$5.99

Wednesday Hump Day

Flavored Margarita Louies, \$5.99

Thirsty Thursdays

1862 Margarita, \$5.99 all day

Guavarita Fridays

Fresh Fruit Guavaritas, \$6.99

Friday & Saturday

Top Shelf Margaritas - La Catrina & The Ultimate Patron Margaritas for \$8.99

Sangria Saturdays

Sangria, \$5.99 all day

Tamale Sundays

Tamales, \$2.99 all day

Happy Hour Every Day

2-5 PM, Margarita Louies and Fro-Jo Ritas, \$3.99 — all appetizers 1/2 off

HOULIGAN'S IRISH PUB

50 Plaza Dr
 386-447-3580

Every Day Happy Hour: 4-7 PM

JT'S SEAFOOD SHACK

5224 N. Oceanshore Blvd
 386-446-4337

Mondays

Margaritas are \$2 off

Wednesdays

Martinis for \$5

Thursdays

All You Can Eat Shrimp

Fri-Saturdays

Live Music

MEZZALUNA PIZZERIA

European Village
 386-445-1004

Tuesday

Lunch: 2 cheese slices & soda, \$5.50

Dinner: Large 18" Cheese Pizza, \$10.99

Wednesday

Lunch: Buffalo Chicken salad, \$8.95

Thursday

Lunch: 1/2 Hero & french fries (Excludes Veal), \$7.95

Friday

Lunch: Chicken Panini, \$8.95

Dinner: Rice Balls, \$4.95, parm style \$5.95

Saturday

Lunch: Eggplant Florentine hero, \$10.95

Sunday

Lunch: Ravioli with meatball, \$7.95

RED CRAB

60 Garden St S.
 386-585-4245

Mon

Combo Special-\$29: 1/2 lb Black Mussel, Shrimp (no head), Snow Crab

Tues

Combo Special-\$29: 1/2 lb each of Crawfish, Shrimp (no head), Snow Crab

Wednesday

Combo Special-\$31: 1 lb Shrimp (no head), 1/2 lb Snow Crab

Thursday

Combo Special-\$35: 1/2 lb Shrimp (no head), 1 lb Snow Crab

Weekend Special

Combo Special-\$37: 1/1 Lobster tail, 1/2 lb each of Shrimp (no head), Snow Crab

RED KOI

European Village
 386-585-4088

Monday

Drink Specials, \$4 Mai Tais and Blue Hawaiis

SALSA'S MEXICAN RESTAURANT

250 Palm Coast Pkwy
 386-445-3096

Happy Hour Every Day

11 AM-Close

Mariachi Band

Every other Thursday

SONNY'S BARBECUE

25 Cypress Edge Dr
 386-446-5700

Every Day Two for one draft beers for \$4.00

TEXAS ROADHOUSE

1250 Palm Coast Pkwy
 386-302-4983

Mon-Thurs 3-5 PM, \$10.99

dine-in dinner special with:

6 oz. Sirloin Steak Dinner*

• Country Fried Sirloin Dinner

• Grilled BBQ Chicken Dinner

• Herb Crusted Chicken Dinner

• Country Fried Chicken Dinner

• Chicken Critters® Dinner

• Pulled Pork Dinner

• Grilled Pork Chop Dinner (Single)

• Grilled Chicken Salad

• Chicken Caesar Salad

• Chicken Critter® Salad

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11 AM-2 PM, or until supplies last

VILLAGE PUB & DELI

European Village
 386-225-4500

Tuesday

Get Untapped. App members get 15% off all drafts, bottles, and cans of beers and hard ciders.

Wednesday

Wine Down Wednesday, get \$1.00 off wines by the glass and 25% off all bottles.

Thursday

Florida brand brewery & sandwich special, \$1.00 off drafts and 10% off bottles and cans of Florida beers. Order a Boar's Head sandwich and get 10% off as well.

Friday

Finally Friday Happy Hour from 4-7 PM. Get \$1.00 off all drafts and wines by the glass as well as 10% off all bottles and cans.

Entertainment

Challenging to Select Just One; Support Locals and Go See Them All

Local entertainment options abound in November in Palm Coast with three performances of national caliber musical groups at the Flagler Auditorium and a hilarious play at one local theatre and a thought-provoking presentation documenting a relationship that surpassed the culture of its time.

On Friday, Nov. 18, The Jersey Tenors bring their tribute to the music of New Jersey grown performers such as Bon Jovi, Figaro, Whitney Houston, Frank Sinatra, Bruce Springsteen and Frankie Valli to Palm Coast. The four vocal performers appearing are Jersey born and raised and they are also Jersey proud. Prepare to hear them brag a bit about their home state in between songs. The members have Broadway and opera credits on their musical resumes as well as television credits for appearing on

band that completes the opera and rock mash-up genre of music performed. Tickets for the show range from \$44 to \$54.

On Friday, Nov. 25, the Christmas season officially kicks off at the Auditorium with the appearance of The Celtic Angels



Christmas. Critics have labeled the performance a “joyous celebration from start to finish.” It features show-stopping world class championship Irish

achieved by five vocalists: Louise Barry, Olivia Bradley, Chloe Haven, Michaela Growth and Katie Sweeney. The Angels show is arranged by Peter Sheridan who also coordinated the Celtic Thunder show and tour. For the Angels show, the old

and new worlds of traditional and contemporary Irish and holiday tunes come together in one performance. Tickets range from \$44 to \$54.

On Wednesday, Nov. 30, the Auditorium closes out the month with One Night of Queen as performed by Gary Mullen & The Works. Mullen performs the vocals, David Brockett is on the guitar, Billy Moffat on bass, Malcolm Gentles on keyboards and Jon Halliwell on drums. This is a two-hour show choreographed to pay tribute to the stage theatrics, showmanship and the music of Rock & Roll Hall of Fame inductees, Queen. For the past two decades, Gary Mullen & The Works have performed at many of the same venues that Queen did including London’s Hyde Park twice. They have performed in more than 2,500 venues. Mullen’s interpretation of Freddie Mercury won the 2000 Granada TV Stars in Their Eyes with twice the number of votes as the second place contender earned. Tickets range



The Real Housewives of New York broadcast on Bravo. They are backed up by a six-piece

dancing by The Celtic Knight Dancers and a full live band to accompany the harmonies

Flagler Auditorium All performances begin at 7 PM. Purchase tickets online at www.flaglerauditorium.org. Click on the Events tab and scroll to the performance you wish to see. Click on the Buy Tickets button on the right side of the screen.

Flagler Playhouse Purchase tickets at the playhouse’s website: www.flaglerplayhouse.com and click on the logo for the Driving Miss Daisy show under the “Shows & Tickets” tab.

City Repertory Theater

Tickets are available at the CRT’s website: www.crtpalmcoast.com.

La Pizza Nostra

7 Old Kings Rd N, Palm Coast, 386-445-5608, Pizza, American

Mamaling Asian Street Food

1280 Palm Coast Pkwy SW Palm Coast, 386-302-0777, Asian, Veggie

Metro Diner

250 Palm Coast Pkwy NE #250, Palm Coast, 386-951-4490, American, Diner, Veggie

Mezzaluna Pizzeria

101 Palm Harbor Pkwy #104A, Palm Coast, 386-445-1004, Italian, Pizza

Millennium Bistro

9 Palm Harbor Village Way, Palm Coast, 386-225-4809, Brazilian, European, Portuguese

Moe’s Southwest Grill

250 Palm Coast Pkwy NE, Palm Coast, 386-585-4020, Mexican, Southwestern

Moonrise Brewing Company

101 Palm Harbor Pkwy, Palm Coast, 386-627-8614, Gastropub, American, Bar

My 5th Element

101 Palm Harbor Pkwy #126, Palm Coast, 386-302-0202, Indian, Veggie

Napoli Pizzeria

4845 Belle Terre Pkwy, Palm Coast, 386-225-4569, Italian, Pizza

Olive Garden

5924 E. Hwy 100, Palm Coast 386-586-2924, Middle Eastern, Veggie

Outback Steakhouse

45 Plaza Dr, Palm Coast, 386-446-6280, American, Steak

Palm Harbor Grill

9 Harbor Center Dr #11 Palm Coast, 386-283-5656, Barbecue, European, Portuguese

Portugal Wine Bar & Grill

15 Palm Harbor Village Way Palm Coast, 386-225-4753, Seafood, Mediterranean, European

Red Crab

60 Garden St S, Palm Coast, 386-585-4245, Seafood

Red Koi

European Village, Palm Coast, 386-585-4088, Japanese, Sushi

Red, White & Blues

101 Palm Harbor Pkwy, Palm Coast, 914-804-4975, American, blues music

Rodie’s Place

5115 N. Ocean Shore Blvd

Palm Coast, 386-283-4647,
American, Veggie
Sakura Japanese Steakhouse
260 Cypress Edge Dr, Palm
Coast, 386-447-9888, Japane-
ses, Sushi, Asian
Salsas Mexican Restaurant
250 Palm Coast Pkwy NE,
Palm Coast, 386-445-3096,
Mexican, Southwestern, veggie
Sami's
4982 Palm Coast Pkwy NW
Palm Coast, 386-246-5900,
Italian, Pizza, Veggie
Sonny's BBQ
25 Cypress Edge Dr
Palm Coast, 386-446-5700,
American, Barbecue
Steak & Shake
1 Cypress Edge Dr, PalmCoast,
386-446-6936, American, Fast
Food
Sushi 99
250 Palm Coast Pkwy NE
Palm Coast, 386-302-0399,
Japanese, Sushi, Asian
Sushi Bar At Hammock Beach
200 Ocean Crest Dr, Palm
Coast, 386-447-4600, Japa-
nese, Seafood, Sushi
Texas Roadhouse

from \$54 to \$64.

City Repertory Theatre

Charley's Aunt is a three-act farce written in 1892 by Brandon Thomas. It began its run at the CRT on Oct. 28 and continues through Nov. 6.

Be ready for some side-splitting laughs as two roommates, Charley and Jack, who are in love with Amy and Kitty. Trouble is, Amy is leaving for awhile and Charley fears he won't be able to ask for her hand in marriage in the appropriate manner with a chaperone present. Turns out his aunt from Brazil, who he has never met, is coming to visit him for lunch. Charley believes fortune has smiled upon him. Not only can he ask Amy to marry him, but now his friend, Jack, can ask Kitty for her hand in marriage. Without spoiling the plot too much, we can tell you that the aunt is late while a friend of the roommates shows up in drag



Charley's Aunt

and a plan for the drag queen friend to impersonate the aunt unfolds. Numerous misconcep-

tions occur until the real aunt shows up.

Ticket prices are \$20 for



Driving Miss Daisy

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Sign Greeters
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Cleaner



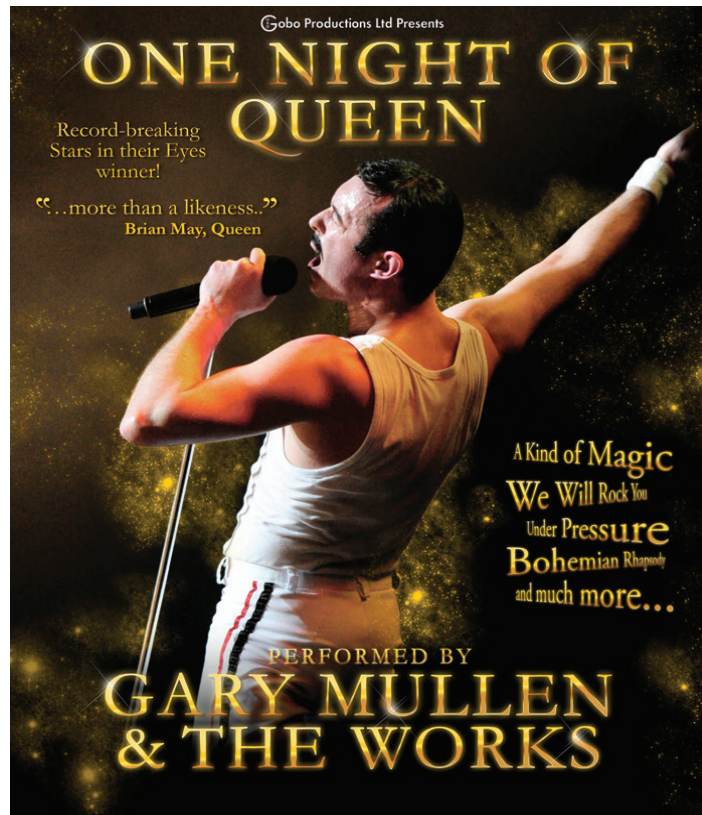
Scan here to go to our website. You can see us on Facebook too.

WWW.SUPREME-STEAMER.COM

adults and \$15 for students. Performances are on Friday and Saturday at 7:30 PM and Sunday at 3 PM. The CRT is located at 160 Cypress Point Parkway, Suite B207 in Palm Coast.

Flagler Playhouse

Driving Miss Daisy won the 1988 Pulitzer Prize and the Outer Critics Circle Award for Best Off-Broadway play and was an Academy winning box-office movie. Now the story of a sharp-tongued Jewish widow, Daisy Werthan, and the African-American man, Hoke, hired to be her chauffeur because her son won't allow her to drive anymore takes the stage at the Flagler Playhouse Nov. 4 through Nov. 13. Daisy, of course, takes a disdain to Hoke, who himself is not favorably impressed by her patronizing tone. Over the course of 25 years, their relationship takes on a unique form of friendship as the two realize how much



they are alike despite their differences. Set in 1948 at the beginning of the plot, Driving Miss Daisy addresses many of the issues surrounding the Civil Rights movement. Showtimes are Fridays and Saturdays at 7:30 PM and Sundays at 2 PM.

1298 Palm Coast Pkwy SW, 386-302-4983, American, Steakhouse

Thai By Thai

Island Walk 250, Unit 300, Palm Coast, 386-302-0709, Thai, Asian, Sushi

The Brass Tap

250 Palm Coast Pkwy NE #201, Palm Coast, 386-585-4551, American, Bar, Pub

Tomahawk Tavern

U.S. Rt. 1, Bunnell, 386-313-6002, American, steak, bar, axe-throwing

Tram's Cafe

101 Palm Harbor Pkwy, Palm Coast, 386-276-9002, Vietnamese

Vida Restaurant

European Village, Palm Coast, 386-302-0002, Latin cuisine, full bar

Village Market Pub & Deli

European Village, Palm Coast, 386-225-4500, Sandwiches, Deli, Pub

Woody's BBQ

99 Flagler Plaza Dr. Palm Coast, 386-439-5010, American, Bar, Barbecue

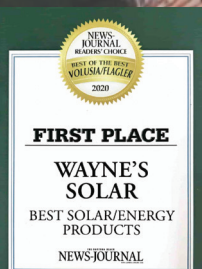
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Flagler Artists

Individually Designed Hammers Represent Artwork to Their Purchasers

Not all works of art feature pastel flowers as the subject.

Some are forged with fire and take a more rugged approach to creating beauty.

Just take an open-minded look at the work of Clay Williams of Palm Coast. You just might find yourself gaining a new appreciation of art in a metallic Norse titan sort of way.

Williams is the creator of ThorHammers, an adult version of the Mjolnir hammer that Thor — the fictional character created in 1962 by Marvel Comics for its series of books and later appearing in the Avengers movie series — uses to fly and manipulate the weather.

Turns out that grown-up boys (men) really dig having a

hammer that is all about them.

Williams has made thousands of the full metal hammers featuring a mix of requested engraving such as words, pictures, or logos to artistically embody what is meaningful to each purchaser.

“It is such an honor to create something unique just for that person,” he said.

The business started out innocently enough as an extension of work he was doing for a tool and dye company.

Williams demonstrated and sold machines and was in the back shop one day when he asked the shop manager if he could “play” around on it. The shop manager gave the go-ahead and told Williams there was some scrap aluminum in

the back.

“I grabbed a chunk and made a Thor hammer,” he explained.

He used it to a few friends and then in an online forum from which demand exploded.

It didn’t take long for the legal folks from Marvel to notice Williams’ creations.

Attorneys representing Marvel sent him sternly worded letters demanding that Williams “cease and desist” creating the individualized hammers. Williams said he called the lawyers back and informed them that he was “just one guy” and “was not mass producing” the hammer. They told him that they would send Marvel representatives to “seize” all materials he had that were related to the production by his company

ThorHammers.

I told them, “Come and get it,” Williams said. “But you will have to show me what is exactly the same as the movie version.”

No one representing Marvel showed up.

“I figured this conversation is over and have never heard from them again,” Williams said.

So, he kept on creating unique hammers as pieces of art.

“What I make is a custom piece of art,” Williams said. “Each one is different from any of the other ones. No one else has one like anyone else’s hammer.”

Differences include engraving fonts, specialized logos

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Clay Williams and some Thor hammers.

representing the purchaser such as military or police affiliation or cancer survivor and individualized color choices for the leather wound around the handle.

Some clients want a bright and shiny appearance. Others want their hammer to look

a bit aged, beat up or battle-scarred, Williams said.

“Some people want it to look like it has been to Valhalla and back,” he said with a laugh.

Learn more about ThorHammers online at www.thorhammers.com.

— Amy Armstrong

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Events, Meetings, Classes, etc.

Events

Palm Coast Farmer's Market
October 2, 9, 16, 23, 30 @12-4 PM

European Village, 101 Palm Harbor Pkwy, Vendors include sellers of seafood, meats, dairy products, nut butters, many varieties of crafts and a lot more every Sunday.

First Saturday Creative Bazaar Arts & Crafts Market

October 1, 1500 Central Avenue, Town Center. Produced by The Palm Coast Arts

Foundation, this is a bazaar flea market featuring arts and crafts every first Saturday of the month. Located at

Book Club
October 7, 10:30-11:30 AM, first Friday of the month,

Palm Coast Community Center, free. Do you love to read? Each month will have a designated genre. You select and read a book that falls within the monthly category. Book suggestions are available on our website if you need a little help. That month we will

meet to share our impressions, reactions, and feelings. June: Reader's Choice. Go to www.parksandrec.fun/adults to sign up.

Italian American Club Bingo Mondays & Tuesdays, 45 Old Kings Road, doors open at 3 PM on Monday with free dinner served. Tuesdays, doors open at 10 AM and free lunch is served. Call 386-445-1893 for more information.

Palm Coast Arts Festival Saturday, Oct. 22, 11 AM-5 PM, Central Park at Town Center. The Palm Coast Arts Festival is an artist expo featuring art from around the area. Come on out and explore art created using different mediums by a variety of artists in our area. Paintings, carvings, sculptures and more will be showcased. Food and entertainment will also be there.

Website: palmcoast.gov/events
Corvettes at Palm Coast Car Show

Sunday, October 9, Gibbs Chevrolet, Rt. 100, 10 AM-3 PM. Food, music, 50/50 and lots of Corvettes. See the flier at www.flaglercountycorvette-club.com for more details.

Are Your Ducks In A Row? October 4, 11 AM, Palm Coast community center, free. Presented by Lohman Funeral Home, includes the seminar with a guest speaker and a business expo and includes lunch. Call 386-224-6519 for more information.

Meetings

New Jersey Social Club Wednesday, October 27, 1 PM, Palm Coast Community Center. Social club for former New Jersey residents with a

The activities that we have listed here that are presented by the city's park and Recreation Department are only a fraction of the total activities that occur on a regular basis. There is a truly impressive variety of activities, classes and other events that this department produces — their catalog is 38 pages. So go to <https://www.palmcoast.gov/parks-and-recreation> or scan the QR code to see a lot more.



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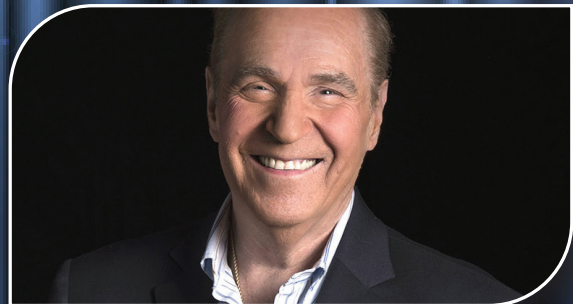
The Jersey Tenors
Nov. 18, 2022 - 7PM



One Night of Queen
Nov. 30, 2022 - 7PM



**The Celtic Angels
Christmas**
Nov. 25, 2022 - 7PM



Steve Solomon
Home for the Holidays
Dec. 8, 2022 - 7PM

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Events, Meetings, Classes, etc. from page 40

monthly meeting on the fourth Wednesday of each month. For more information, contact membership chair Penni Knapp at 386-246-6904.

Activities

Lunch N' Lecture Series

Fridays, 11 AM-12:30 PM, Palm Coast Community Center.

Presented in partnership with AdventHealth. Join professionals during lunch for discussions on topics that may affect the lives of our adult community. Pre-registration is required 72 hours before the program date and while space is available.

Nov 18 — AdventHealth:

Hear from an AdventHealth Orthopedic expert on the most common causes for joint pain and learn about the latest treatment options available.

Sewing Studio: Every Monday

(10:30 - 4:30) This is a day for you to work on all those

projects you haven't had time to finish up! Come in and have fun working and sharing YOUR work, knowledge and talent with each other. Fee: \$10

Sewing Studio

Mondays, 10:30 AM-4:30 PM, Cut Up And Sew, 160 Cypress Point Pkwy

This is a day for you to work on all those projects you haven't had time to finish up! Come in and have fun working and sharing YOUR work, knowledge and talent with each other. Fee: \$10. Check out the website at www.cutupandsew.com for more classes and activities.

Intermediate Pickleball

Wednesdays, Aug. 17-Dec. 29, 8-10:30 AM, Holland Park Tennis Courts

Intermediate Pickleball is designed to improve your game against up-and-coming players. Building upon the skills learned in Beginner's Pickleball, this program is meant to be progressive and

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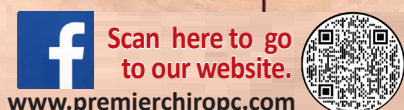
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"I've got to the point where it's all up to me now," says Multi-Platinum Country star Trace Adkins, 25 years into a career filled with bold authenticity and chart-topping smashes. "I can do whatever I want ... and that's a beautiful place to be." He'll be live at the Amp in

designed for more advanced players that are looking to improve their game. 18+ years, free. Register: parksandrec.fun/athletics

Adult Pickleball Tournaments

Saturdays and Sundays, Oct. 15-16; Nov. 19-20, 8 AM-4 PM, Holland Park Tennis Courts

The tournaments are played in a double-elimination style format and feature men's and women's doubles and mixed doubles play. Players should be level 4.0 and under only. It will be played in a Round Robin style format for seeding on Saturday and then Sunday will be tournament-style play. 18+ years, \$40/person

Register: parksandrec.fun/athletics

Beginner's Pickleball

Tuesdays and Fridays, Aug. 16-Dec. 30, 8-10:30 AM, Holland Park Tennis Courts

Do you want to learn how to play in a

fun and friendly atmosphere? Try out our Beginner's Pickleball. A minimum of 4 pre-registered participants is required to provide an instructor. Please register early. Paddles, balls, and nets are available for use. 18+ years, free. Register: parksandrec.fun/athletics

Ladder League Pickleball

Thursdays, Sept. 8-Oct. 27, 8 AM-12 PM, Holland Park Tennis Courts

Welcome to our new Pickleball Ladder League. In this format, players at 2.5-3.5 play levels can compete against players with similar skill levels each week. For 8 weeks players will be placed in groups of 4 in the order of their ranking on the ladder for match play. 18+ years, \$5/person. Register: parksandrec.fun/athletics

Open Gym Volleyball

Mondays & Wednesdays Session 2: Oct. 17-Dec. 21, 7-9:30 PM, Indian Trails Mid-

The Garden Club at Palm Coast's Propagation Guild is having a plant sale on Saturday, Nov. 12 from 9 AM-1 PM at 200 Cedar Cove in the Hammock at Palm Harbor (off Club House Dr. near Palm Harbor Parkway). There will be a large selection of perennials, natives, bromeliads, succulents, and pollinator plants as well as garden-related items. For more information, email propagation.guild@gardenclubatpalmcoast.org.

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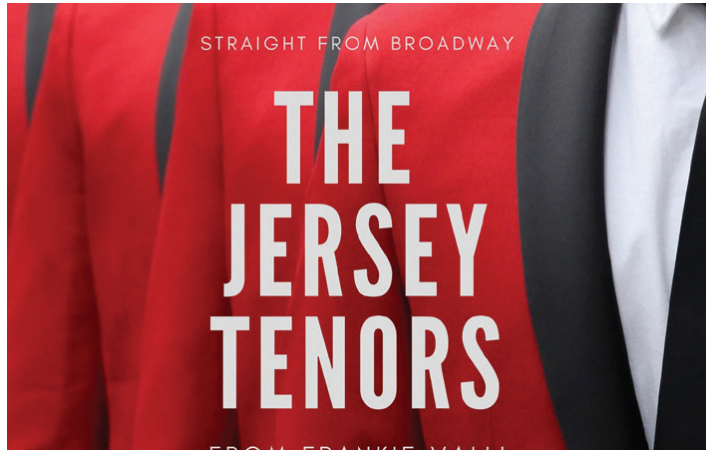
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Events, Meetings, Classes, etc. from page 43



On Saturday, November 5 country superstars Alabama will be at the Amp in St. Augustine. Alabama is the band that changed everything They brought country music to the mainstream and from side stage to the main stage. Alabama introduced rock style

dle School, Bring your friends or meet new ones in this co-ed volleyball program. New teams are created weekly. We use two nets, with teams rotating in and out of play. One net is for competitive style play and the second net is for recreational style play. 18+years, \$30/session or \$ 3/drop-in

Register: parksandrec.fun/athletics
Open Gym Basketball Tuesdays & Thursdays Session 2: Oct. 18-Dec. 22, 7-9:30 PM, Indian Trails Middle School, Play some hoops with your friends or meet new people. This adult co-ed basketball program is a non-com-

petitive, recreation program. 18+ years, Fee: \$30/session or \$3/drop-in. Register: parksandrec.fun/athletics

Golf

Palm Harbor Golf Club Annual Passholder Discount Card

Nov. 28, 2022-Jan. 1, 2023, Palm Harbor Golf Club
 The Palm Harbor Golf Club Annual Pass Holder discount card "Early Bird" sale starts November 28, 2022. Enjoy the extra benefits of the Annual Passholder card early bird sale and receive a complimentary 18-hole round of golf. Card benefits begin Jan 1, 2023.

Fee: \$175
 Register: Please visit the Palm Harbor Golf Club

Palm Coast Historical Society Nine & Dine Outing

Monday, October 17, 3:30-5:30 PM Golf, 5:30-7:30 PM Dinner, Palm Harbor Golf Club
 The outing includes nine holes of golf and a meal afterward at the Green Lion Cafe. Proceeds benefit the Palm Coast Histor-

ical Society, 16+ years, \$50/ golfer. Register palmcoasthistory.org

Live Happenings

Concerts

St. Augustine Amphitheater, 1340C, A1A S., St. Augustine, 904-209-3746.

- Nov 2-3** — Lauren Daigle
- Nov 4-5** — Alabama with special guest The Red Clay Strays
- Nov 10** — Adam Sandler
- Nov 12** — Bonnie Raitt with special guest Marc Cohn
- Nov 16** — Paramore
- Nov 17** — Cole Swindell
- Nov 18** — The Last Waltz
- Nov 20** — Mannheim Steamroller Christmas by Chip Davis
- European Village Live Music**
- Fri, 4th** — Mike & Vin 6-10
- Sat, 5th** — Ian Opalinski 7-10
- Fri, 11th** — Mike Hynes 6-10
- Sat, 12th** — Joel Dennis 6:30-10
- Fri, 18th** — Resting Beach Face 7-10
- Sat, 19th** — Kary Adams & On Island Time 6:30-10
- Fri, 25th** — Clayton Sturgeon 7-10

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The Pat & Pink fundraiser for breast cancer patient support that will happen at Flagler Auditorium on October 15 is titled "A Salute Women" and will feature the talents of these two accomplished female performers. Tickets are available at the Flagler Auditorium box office now. Call 386-437-7547 for more information.

Sat, 26th — TBA

Business Functions

Referral Diamond Network Meeting

November 2, 9, 16, 23 @ 8 AM, Carrabba's Italian Grill,

160 Cypress Park Dr. Weekly networking meeting of local business owners. Call Brad at 386-283-0955 for info.

Palm Coast Business Professionals Network Meeting

November 3, 10, 17, 24 @ 7:30 AM, Carrabba's Italian

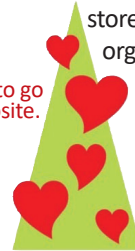
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Events, Meetings, Classes, etc. from page 44

Grill, 160 Cypress Park Dr., Weekly networking meeting of local business owners. Call Brad at 386-283-0955 for info.

Professional Women Of Flagler County

November 4, 8:30-10 AM, 55 Town Center Boulevard. Networking breakfast. Call Danielle at 386-843-0443 for more information.

Boss Ladies Of Flagler County

October 20, 5-7 PM, Oceanside Beach Bar & Grill, Flagler Beach. Networking event. See their Facebook page for more information.

Leads Into The Future

November 1, 8, 15, 22, 29 @ 9 AM, Carrabba's Italian Grill, Weekly networking meeting of local business owners.

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| Shell Foodmart | Cut Up & Sew |
| County Government Bldg | City Hall |
| Flagler Auditorium | Wawa, Route 100 |
| Burger Bros | Fairfield Inn |
| European Village | Days Inn |
| Pine Lakes Golf Club | Microtel Hotel |
| African-American Cultural Center | Red Roof Inn |
| Texas Roadhouse | Econolodge |
| Dominic's Deli | Best Western Hotel |
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