

# Palm Coast

ISSUE 2

M A G A Z I N E

SEPTEMBER, 2021



Arts  
Recreation  
Entertainment  
Restaurants  
Health &  
Wellness  
Events  
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More...

## WHO IS THIS MAN AND HOW IS HE HELPING OUR KIDS?

Meet Joe Rizzo, Executive Director of Flagler County Education Foundation, on Page 15



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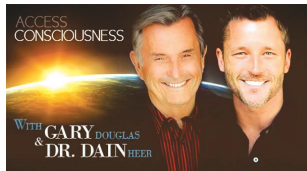
Meet the mover and shaker behind the Flagler County Education Foundation, Joe Rizzo, and his dedicated group of staff and volunteers who work every day to improve the lives and educational opportunities of many children in need in Flagler County. **Page 15**

## Flagler Education Foundation

Welcome to this, the second issue of Palm Coast magazine. We've grown to 32 pages for this issue and will continue to grow slowly and steadily as we continue to find more advertisers and they experience a good response from their advertising messages. We are also slowly and steadily increasing our circulation with each issue as we move closer towards our initial target circulation of 10,000 copies monthly. To that end we will be increasing our distribution system to include more outlets where people can pick up a copy. For now, most of our copies are being delivered by the Post Office but you can also pick up copies at Carrabba's Italian restaurant, the Community Center, the UPS Store and also Flagler Auditorium. This distribution network will continue to grow and we will publish a list of outlets where you can get the magazine in every issue so please keep reading.

— Tom Aikins

## Health & Wellness



In our first Health & Wellness column, Cathleen Connor examines how our thoughts can impact our health, and how we need to change them in order to improve our overall well-being. **Page 14**



## PC News



Local woman is on a mission to help area vets. **Page 6**

## Wines

Our sense of sight is how we first experience wine.

**Page 13**



## Palm Coast

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## Restaurants



Mamaling's street cuisine has the cred. **Page 20**

## Finances



Try taking an holistic approach when you are making plans for your retirement.

**Page 12**

## Arts



Local artist Bettie Eubanks is having a month-long retrospective of her work.

**Page 26**

*To contact us in regard to advertising or delivery information, or anything else, call 386-237-4450 or email us at:*

*palmcoastmagazine@gmail.com. Palm Coast is published on the first of every month.*

## Entertainment



Local theater is returning. See what's coming up at two theaters. **Page 12**

## Recreation

View the wide variety of parks and recreation spots in the city. **Page 18**





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# News Of The Palm Coast World



Cathy Heigher, Executive Director of Remembering Vets.

## Local Woman Strives to Honor Veterans and Raise Awareness

When her youngest son was killed serving in Iraq on July 24, 2003, Cathy Heigher's world was turned upside down. His death also set her on a new course she would previously never imagine possible for her. She quickly became one of the nation's most active and most effective advocates for veterans – including meeting twice with President George W. Bush to lobby for changes to what she said she couldn't believe were the "shockingly low" death benefit the families of military members killed on active duty received.

At the time when her 22-year-old son, U.S. Army Corporal Raheen Tyson Heigher, died the death benefit of \$10,000 just barely covered the \$9,333 price tag of his funeral services.

"Something had to be done about this," Heigher said. "There is no reason our children should be going over to a foreign country to fight to protect our nation and make the ultimate sacrifice laying down their lives for their families to find out their life was only

worth \$10,000."

Ultimately, Heigher saw passage by Congress and signage by Bush 43 of the federal Raheen Tyson Heigher Life Insurance for America's Troops Act in 2005 that mandated significant raises in the dollar amounts families are paid when a military member is killed on active duty.

Today, her efforts are focused on helping veterans in Palm Coast and Flagler/Volusia counties get connected with resources and support in her role as co-founder and executive director of the Palm Coast based Remembering Vets.

On Saturday, September 25, the community is invited to a full day of honoring and remembering heroes of all types at a Remembering Vets sponsored event at the Palm Coast Town Center at 800 Belle Terre Parkway. The event is scheduled for 10 am. To 6 p.m.

"We are going to be honoring veterans and first responders and Gold Star families (families who have a member that died on active duty)," Heigher said. But this year, the annual

event is expanding. "We are also honoring local community heroes that stepped up to the plate and above and beyond and way out of their way during this COVID-19 pandemic. From food service industry workers and health care workers, we want to honor them and make sure they know how valued they are."

Quilts of honor are slated to be presented to various heroes, she said.

The event features a plethora of food trucks, the presence of fire and police personnel and equipment and a game area organized for kids are all planned.

Later this fall, Remembering Vets expects to place the second installation in the Invisible Wounds Memorial in the recently-renovated memorial park at the Veteran Memorial Bridge spanning the Halifax River and Intercoastal Waterway in Daytona Beach.

The Invisible Wounds memorial are made of black granite featuring a military mem-

ber in green fatigues looking down at his hands as he sits on his knees with a somewhat tattered American flag in the background. The words, "Let Their Service and Sacrifice Never Be Forgotten" are inscribed at the bottom edge.

That is Heigher's motto.

Yes, her efforts were initially inspired by the shocking death of her son. He remains a key motivating factor. But for Heigher, her work supporting veterans and their families goes well beyond merely a personal quest.

"This has given my son's life and death more meaning," Heigher said. "But what I want the community to understand is that we should never forget the sacrifices that these brave young men and women have made for our freedoms and we need to honor and understand that we owe them a debt we can never repay."

You can learn more about Remembering Vets at [www.rememberingvets.org](http://www.rememberingvets.org).

—Amy Armstrong

## Ocean Jewelry Hosts Grand Opening On October 2

Ocean Jewelry & Repair, located in Saint Joe's Plaza on Palm Coast Pkwy, is celebrating its long-awaited grand opening for its showroom and workshop space on Saturday, October 2 from 3-6 PM.

Liquid refreshments and canapes will be served and a free raffle is going to provide a lucky winner with a piece of fine jewelry from the store's inventory.

Master Jeweler Pedro Gorbear, owner of Ocean Jewelry & Repair, worked in Spain (Madrid and Barcelona), and in the US for more than 10 years for



companies like Jared, Zales, Alter Gem Jewelers (TEXAS) and Kranichs (Pennsylvania) before opening his own company.

Ocean Jewelry & Repair was started in 2016 and has continued to grow, moving into their current, larger, location a number of months ago.

September, 2021



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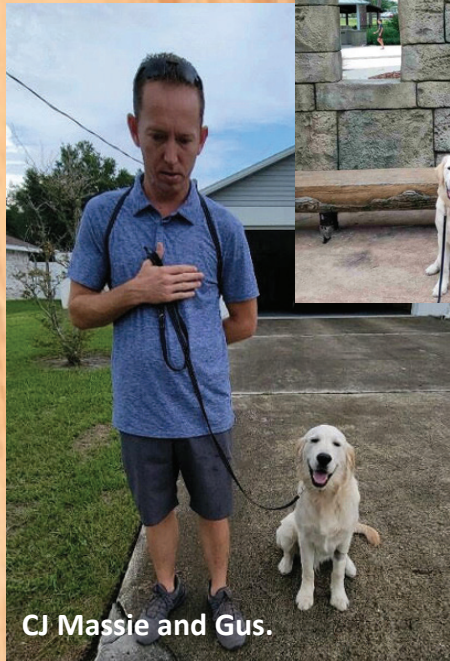
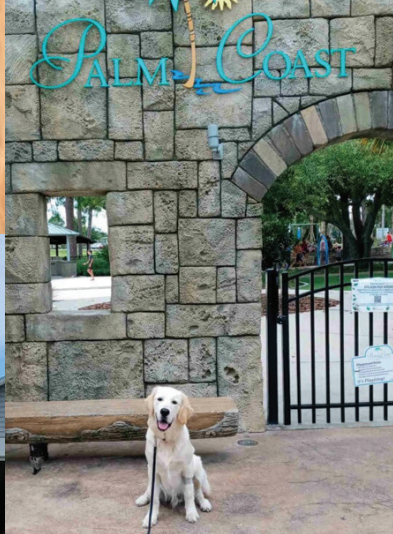
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## Flagler Schools Impact Fee Study Is Complete

The Flagler County School Board met at a workshop on Tuesday, July 20th, in part to hear a presentation from Tischler-Bise, the consultant used to study the Flagler School Impact Fee. The impact fee has not been updated since 2004, and the consultant has recommended a \$7,175 school impact fee for single-family homes, nearly double that of the old 2004 study, which implemented a \$3,600 fee. The Chamber was in attendance and spoke about the proposed increase.

Chamber President & CEO Greg Blose spoke to School Board leaders about the proposed School Impact Fee increase of approximately \$3,600 per single family unit.

The consultant report also proposed mobile home school impact fees of \$5,279 per unit and a \$1,774 impact fee per unit for multifamily units.

The Chamber has been involved in a series of meetings with Flagler Schools staff and other stakeholders over the course of the past several months. The fee and some of the assumptions in the study have been revised by the consultant based on the Chamber's concerns and feedback. Today, the Chamber urged the School Board to make clear to the business community if the

proposed impact fee increases would stop the current practice of Flagler Schools regarding "concurrency mitigation."

The answer was no (for now).

Because Flagler County Schools believes there is a massive influx of students coming with population growth, and because there are no Capital Projects on the horizon in the next year or two, the School System will continue to exact "concurrency mitigation" from builders and developers in Flagler County. The concurrency mitigation process is where the School System Staff meets with builders and developers to negotiate how much money will be paid in advance by the builder to cover capacity shortages at local schools. The amount negotiated as an up-front payment by the builder to the school system will be credited against future impact fee collections within the project. The development cannot be built if the school system and the developer do not come to terms. Based on today's commentary by school district staff, it appears that this process will continue for at least two years, which adds uncertainty and additional costs to the homebuilding process.

Homebuilding accounts for approximately 15% of all jobs in Flagler County.

ARTICLE COURTESY PALM COAST-FLAGLER CHAMBER OF COMMERCE.

September, 2021



# Hospitality Industry Still Facing Worker Shortage

If you've been out to eat recently then you have likely noticed the "Help Wanted" signs at your local restaurants. Worse yet, several Flagler County restaurants have closed on key dates due to the lack of staff. One out of every five jobs in our region is tied to the restaurant/hospitality industry so the Chamber began talking to local restaurateurs and reviewing recent job surveys to better understand the problem. What we learned is disturbing.

A recent Business Insider article titled "Hospitality jobs are unpopular and raising the wage may not be enough to lure many former workers back," illustrates the ongoing problems that beset the industry.

According to a recent study



of over 30,000 job seekers, 38% of former hospitality workers report that they are not even considering a hospitality job for their next position. The report also found that hospitality workers who are switching industries are doing so in search of different work settings (52%), higher pay (45%), better benefits (29%), more schedule flexibility (19%), and remote work opportunities (16%).

The pandemic created an opportunity for hospitality workers — many of whom were furloughed or lost their jobs — to reevaluate their employment

situation and consider other career options moving forward. A significant percentage are clearly taking advantage and pursuing higher paying, less physically demanding jobs.

Over 50% of former hospitality workers who are looking for other work say that no pay increase or incentive would make them return to their old restaurant, bar, or hotel job.

According to the Q2 2021 United States Job Market Report from employment website Joblist, the majority of job seekers are not interested in hospitality jobs right now. The most popular reason for the lack of interest is that job seekers would prefer a different work setting (58%), such as an office. Job seekers also cited low pay

and a lack of benefits as reasons why they're not interested.

Workers with previous hospitality experience are significantly more interested in hospitality jobs than the overall average. Nevertheless, over 50% of former hospitality workers who are moving on report that no pay increases or incentives would make them return to their old restaurant, bar, or hotel job.

They were also much more likely to say that more benefits (23% compared to 12%) or a bonus (20% compared to 9%) would help lure them back.

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# LOCAL HAPPENINGS



*The Professional Women of Flagler County held their monthly social on Wednesday August 18, 2021 at Lohman Funeral Home. They enjoyed a fun night of wine glass painting and networking with Amber Embers, The Cosmic Hippie.*



*The Are All Your Ducks in A Row seminar/business expo was held on Wednesday, August 11, 2021, at the Palm Coast Community Center, Hosted by Nina Guiglotta from Lohman Funeral Home. Co-hosted by O'Quinn Insurance Agency, and Chiumento Law Firm.*



*Looking for fantastic family fun? Check out the monthly Octane & Coffee car show hosted by Painting Elevens Productions at 222 St. Joe Plaza in Palm Coast! This event is free to the public and held EVERY THIRD SUNDAY from 10 AM to 1 PM.*



*The Professional Women of Flagler County held their Business for Breakfast meeting on August 6. Dr. Amy Coopersmith and Ms. Erica Rivera discussed work/life balance and intimacy while offering advice on the best ways to take care of ourselves.*



*Elite Dance & Travel hosted a fund-raising event on August 19 at their ballroom on Palm Coast Pky. Guests brought toys and other kids' items to be donated and all had a great time dancing.*



*Elite Dance & Travel held their Around The World Gala, an annual formal dinner dance event, on August 14 at their ballroom on Palm Coast Pkwy.*



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# Personal Finances

What's the biggest financial mistake you can make? Choosing the wrong investments? Waiting too long to save for retirement? Underestimating the costs of retirement?

All these are reasonable answers, but the biggest mistake you might make is not looking at your financial picture holistically – that is, not bringing into the picture all the elements of yourself.

Let's consider some of them:

- **Your views on helping your family** – Your decisions about helping your family are clearly going to be a major part of your financial strategy – and this is true at virtually all stages of your life.



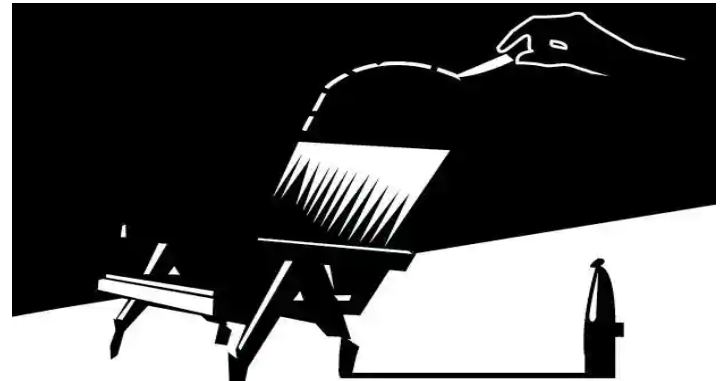
**Eric Trawick, FA**

When your children are young, you'll need to decide if you're going to put away money for their college education, and, if so, how much, and in what investment vehicles. When

they're young adults, you may also need to decide how much financial support you're willing to provide for things such as the down payment on a new home. And when you're drawing up your estate plans, you'll need to consider how to distribute assets to your children, grandchildren or other family members.

- **Your personal beliefs** – As someone with civic, ethical and moral concerns, you want to positively affect the world around you. And that's why you may feel compelled to make charitable gifts throughout your life and then make philanthropy part of your legacy. To accomplish these objectives, you'll want to include gifting techniques in your financial strategy today and your estate plans for tomorrow. Of course, for the estate planning compo-

nent, you'll need to work with your tax and legal advisors.



ment, you'll need to work with your tax and legal advisors.

- **Your purpose in life when you retire** – When you retire, you may be stepping off a career path, but you're also entering a world of possibilities. How will you define, and live out, your new sense of purpose at this stage of your life? Do you seek to broaden your horizons by traveling around the world? Do you want to give back more to the community by volunteering?

Can you spend more time pursuing the hobbies you enjoy? Each of these choices will carry different financial implications for how much you'll need to accumulate for retirement and how much you will need to take out each year from your retirement accounts, such as your IRA and 401(k).

- **Your health** – Your physi-

cal and mental health can play big roles in your financial plans and outlook. On the most basic level, the healthier you are, and the better you take care of yourself, the lower your health care bills will likely be during retirement, which will affect the amount you need to put away for health care. And you also may need to prepare for the costs of long-term care, which can be enormous – in fact, a private room in a nursing home can easily cost \$100,000 per year, according to the insurance company Genworth.

It can be challenging to weave all these elements into a single, unified vision, so you may want to get some help from a financial professional. But, in any case, be prepared to look at your situation holistically – because, when putting together a lifetime's financial strategy, every part of your life matters.

*This article was written by Edward Jones for use by your local Edward Jones Financial Advisor. Edward Jones, Member SIPC. For more information, please contact: Eric Trawick, FA, 5 Boulder Rock Drive, Suite G, Palm Coast, FL 32137, 386-246-7876 eric.trawick@edwardjones.com*

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# The Art Of Drinking Wine

## The Color of Wine: Your first introduction to wine is visually

Welcome to the first wine column in Palm Coast magazine. We'll be exploring different aspects of the art of drinking wine every month so if you have any questions about wine or suggestions on what we should cover, please contact us (see page 5 for information).

The appearance and the color of wine tells you, or warns you, about what's coming. The first question we ask: "Is it clear?" Cloudy wines are undesirable. These wines could have several different problems; leftover sugar combining with yeast for a secondary fermentation, protein particles, or lees (the pulverized stems, seeds and skins) which can form very fine deposits. These

types of intrusions should not be confused with the sediment formed by an ageing wine. This type of sediment can be decanted away during service.

If the wine is clear, the next question becomes: "Is the color correct?" Unless we're familiar with what "correct color" is for each type of wine, it is difficult to judge, this comes from experience.

With lighter red wines like Gamay or Pinot Noir, the color should be lighter. The color of fuller red wines like, Cabernet Sauvignon, Zinfandel, and Merlot, should be darker.

So far, so good. Now comes the important part. The shade or hues of the color can tell you quite a bit about the wine and

its condition.

The most significant factor in color change is oxidation. It can occur in two ways: 1) The wine was mishandled. This causes a young wine to look older than it is, 2) The wine has aged gracefully in the bottle. Young red wines should be bright, purplish, ruby red. As they age, they take on a rust brick color, almost brown.

Some 15- or 20-year old wines that still show a deep garnet color signal us that they have been properly stored and that there is still aging potential. Conversely, a young (14 years or less) Cabernet Sauvignon that shows a brick color has aged too fast (improper conditions or mishandling).

A wine, properly stored, uses only the small amount of air in the bottle to develop and age. If too much air is introduced by aeration at the winery, cork failure or too much sunlight, the wine will prematurely age. White wines suffer from the same problems. Oxidized white wines get darker with age (as opposed to reds that get lighter) turning amber and then brown.

Again, a fuller white wine such as Sauvignon Blanc, Pinot Blanc, and Chardonnay should last at least 2 years past its release. If the color is turning on a young wine, most likely it was exposed to too much air in its beginnings.

—Geoff Thompson





# Health & Wellness

## Choosing the Change that Creates Wellness *By Cathleen Connor*

With plenty of talk about how our thoughts can impact our wellness, even with a deep dive, one could study this for a lifetime and not change their happiness factor unless they have some practical ideas to use in everyday life. Fortunately for us, many researchers and energy adventurers have chimed in on this topic to give us plenty of breadcrumbs to play with.

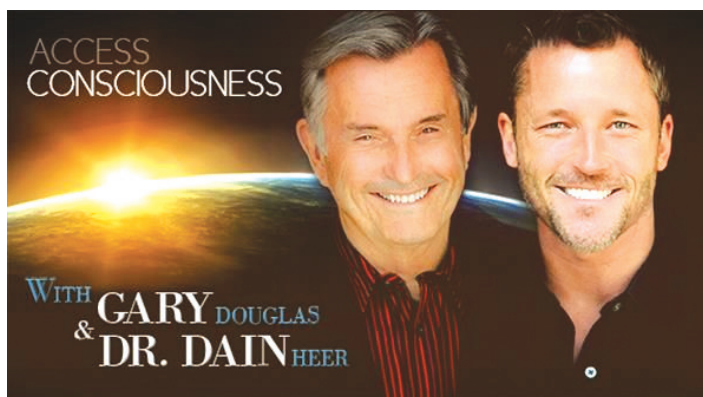
One of the pioneers of gathering information on the science behind the energy of wellness, Dr. Joe Dispenza, explains that “starting at birth, you’re trained to keep your attention on matter and not on energy. You are conditioned into believing you need your senses to experience reality; in other words if you don’t see, hear, feel, smell, touch or taste something, it doesn’t exist. Because of this, the majority of people place most of their attention on matter...while taking very little time to put their

attention on energy, information and the wave” in his book *Becoming Supernatural*.

Knowing that, what are some ideas for shifting and changing how we have been conditioned in this way? Let’s explore some now, and you can choose!

- *Be Willing to Break the Habit of Being Who You Have Been.* Have you noticed how past thoughts, feelings and emotions can run your life on autopilot? As Dr Joe Dispenza explains in *Breaking the Habit of Being Yourself*, “if 95% of who we are by age 35 is a set of involuntary programs, memorized behaviors, and habitual emotional reactions, it follows that 95 percent of our day, we are unconscious.

We only appear to be awake. Yikes!” So, it starts with being an observer of YOU. Are you reliving past stories? When you notice your thoughts, feelings and emotions coming up - ask questions: What conscious thought can I replace it with?



Who does it belong to? Is it even mine?

- *Let Go of Judging Yourself and Others.* This is one of the primary ways we let go of being present and aware. In his telecall and book, *Projections, Expectations, Separations, Judgments & Rejections*, Gary Douglas, explains “If you have no points of view and no projections, expectations, separations, judgments or rejections, you can be aware of everything and change pretty much anything.” For example, it has been shown that it can be easier to lose weight when you don’t judge your body, but instead be aware of your body and become intimate with what it requires.

- *Put Your Attention on What You Desire.* Most of us have heard by now that what we put our attention on expands. In the book, *Being You, Changing the World*, Dr. Dain Heer says, “It’s your choice, not your upbringing, that creates your reality.”

Yes, we have a choice. So, if our attention is on a stressful factor in our world, it may bring more of that. If you find your attention is on a something stressful or a past story that is not empowering you anymore, what can you now create that is more joyful for you? Can you reframe that story as a lesson

of awareness?

- \* *Create Gratitude as a Super Power!* Did you know that gratitude can reduce stress, depression and even chronic pain? In his article, *The Top 10 Scientific Benefits of Gratitude*, Matt O’Grady describes “It turns out, feeling grateful isn’t just a self-help cliché. The practice of gratitude actually produces myriad mind blowing benefits that extend from our psychological to physiological well-being...Gratitude has an almost magical ability to boost our own self esteem and sense of self worth. That’s because it takes us out of a scarcity mindset, where we never feel like we have enough.” Some people set an alarm on their phone to make sure they take time to put their attention on what they are grateful for. What can you be grateful for today?

*For more information on these topics, Cathleen Connor CFMW, Flagler Beach Wellness Coach and Bio-energetic Bodyworker, can be reached at [cathleen@accessconsciousness.com](mailto:cathleen@accessconsciousness.com) and her website at [www.exuberantlybeing.com](http://www.exuberantlybeing.com).*





# Flagler County Kids Benefit From Education Foundation

Joe Rizzo, executive director of the Flagler County Education Foundation, and his team of four paid staff and about 150 volunteers in each of the foundation's specific programs, are on a mission.

The mission statement: That every kid in Flagler County has the same opportunity to be successful in education whether what they need is shoes or clothing or school supplies or literacy support to improve reading and writing skills to a classroom competency level, as Rizzo explained.

"Sixty-four percent of school kids in Flagler County are on the free and reduced lunch program," was how Rizzo answered the question of the depth of need the foundation faces day-in and day-out. "The need is great."

Indeed. Here are a few other statistics to help put the economic situation of Flagler County's school children in focus.

Poverty rates are classified two ways: One rating for those born in the United States and another for those calling the

United States home, yet who were not born here. For both categories, the federal government sets the same poverty standard: A one person home earning less than \$12,140 is considered to be living in poverty. An additional \$4,320 is added for each other member of the household.

A family of four is considered to be living at the poverty line if total household income is \$25,100 or less. In Flagler County, the percentage of U.S. born residents considered in poverty was 13.3 percent last year. For residents not born in the United States, the Flagler County rate was 13.6 percent.

Those rather dry numbers transform into a steady stream when the families of school children come to the foundation seeking supplies.

On Aug. 8, the foundation gave out more than 500 backpacks stuffed with all the supplies – things such as pencils, erasers, scissors, rulers, crayons, markers, school glue and filler paper – a student needs

*By Amy Armstrong*

to support classroom learning.

Basic footwear – including shoes and socks – was also made available.

"Children should not have

specifically committed to funding trades training. These scholarships are funded by more than 100 organizations within Flagler County. In 2021, \$445,000 went to support Flagler County graduating seniors.



to go to school being worried about having holes in their shoes," Rizzo said.

## The Foundation's Purpose

This is a bit of a laundry list, but the following gives as brief as possible, yet as concise as possible, overview of the numerous programs created and supported by the foundation – a 501 (c) (3) not for profit arm of the Flagler County Public Schools.

## Senior Scholarships

The foundation annually administers 190 different scholarships aimed at helping the school district's graduating seniors to attend college as well as a significant number of scholarships

## Take Stock in Children

Added two years to foundation programming, this mentoring program came to the foundation via the United Way of Volusia and Flagler Counties based in Daytona Beach.

The motto here: It's all about time, talent and treasure.

Community professionals with a dedicated and sincere interest in helping children learn about career opportunities and professional development are matched with school kids seeking to learn more about a potential career path.

For instance, nurses of all levels from CNA to RN, are paired with a student interested in the medical career. Does a kiddo have an interest in law enforcement? That's an easy match – many police officers both serving actively and re-



*Dr. Jennifer Thornton, FCEF Board President & Jennifer Ames, FCEF Treasurer volunteering at the 31st Annual Golf Classic, September, 2021*





tired contact Rizzo with a desire to help kids learn about policing. In fact, right before our interview with Rizzo, a retired police officer came to his office asking how to become a mentor. The mentors agree to meet with the child mentee once per month for the eight months of the school year.

“It really is that opportunity to be a meaningful adult professional in the life of a student who is seeking direction,” Rizzo said.

And sometimes the mentoring relationship brings life changes that neither the mentor or the mentee could have dreamt of at the start of the relationship.

Such is the case of one non-verbal student who simply

sat quietly making no comment and showing only minimal interest for much of the first year of mentoring sessions.

“But the mentor never gave up,” Rizzo said. “She just kept faithfully showing up and meeting with the student encouraging him to try.”

In the process, the mentor and foundation staff found out that the student’s family was homeless. They found a donor willing to purchase the family a camper – their first semblance of a home in years.

The student began to speak up. It wasn’t that he could not verbally communicate, he just chose not to do so. He was so embarrassed by his situation that he had become an airtight closed shell.

But then the mentor found him a job at a restaurant in Palm Coast where she knew the kitchen manager. He started working as a line cook. Now, he’s an expeditor on busy Saturday mornings – a position that requires excellent verbal skills communicating between cooks and servers to ensure that food dishes are properly prepared and presented. Rizzo and his family are frequent patrons of the restaurant and he’s watched the mentee in action.

“It truly is a rags to riches story just in terms of his abilities to communicate and the confidence this has given him,” Rizzo said. “He talks about starting his own franchise.”

### Teacher Grant Program

For school year 2020-21, the foundation provided \$105,000 in grants of direct financial support for in-classroom learning activities and program.

“Our teacher create a wish list that documents what they would do if they were granted a certain amount of money,” Rizzo explained. “As long as it aligns with state learning standards, it is considered and often funded. The curriculum department of the school district ranks the applications on a rubric and gives us its recommendations.”

### S.T.U.F.F. the Bus

Yes, stuff is in all caps. It is an acronym for, “Supplying Things You Find Fundamental.”

What does that mean? According to Rizzo, it means whatever a student needs.

The program is run by the district’s program for special needs students aged out of the tradition 12-year school program but still receiving career and cognitive/emotional/social skills training.

Here’s another win-win. As the special needs students rub

shoulders with managers at big box retail and department stores, they are often pegged for an entry level position within one of those companies.

“The managers see the skills our student have in terms of inventorying to provide the store with an accurate accounting of the donations it is making and preparing donations for transportation and they see they have experience and ready to go as capable employees already with at least one leg up in training,” Rizzo said. “We’ve



**Joe Rizzo with the Tin Man (Joey Blumenfeld) at an organization event.**

seen several students placed in a career path through this.”

### Josh Crews Writing Project

This project – named in memory of local son, Josh Crews, a graduate of Flagler Palm Coast High School who was a voracious reader and avid writer and died in a car collision in 2010 – employs a teacher/mentor in each writing club to guide students in creative writing.

The foundation offers the program at each of Flagler County’s public schools and since the program’s inception, has published more than 10,000 student authors.

A reading recital is held and the students sign copies of their books for attendees to  
*September, 2021*



**Viki White working with students in the Flagler Palm Coast High School Medical Lab**



purchase to help financially support the program.

One student has gone on to publish outside the program and another received a full ride to a reading and writing camp at Oxford University. Yet another student produced her own television show that was picked up by a kid's-oriented channel.

Rizzo finds this program particularly fulfilling.

"When you get to hear these students who were once so shy and found it very hard to read

activities can do so at the Connect Bus.

## *Classroom to Careers Flagship Programs*

Starting at the elementary level, Classroom to Careers participants get hands-on experience in agriscience, computer science, engineering, green technology, marine science and robotics. At the middle school level, agronomy, applied robotics, business and computer education, entrepreneurial leadership and outdoor sciences are added. High school students receive training in aerospace, construction technology, culinary arts, finance and corporate services, fire leadership, law and justice, medical and teaching and learning and veterinary medicine.

## *Yearly Starting Budget Always Needs Help*

Through the combination of two state funding sources, the foundation starts each budgetary year with approximately \$130,000. From there, they work to fundraise the rest of what is needed for the school year.

That became a challenge with COVID-19 restrictions.

As pandemic restrictions ease, one of the foundation's first public events in a mentor mixer on September 1.

The foundation recently received a large donation in the form of a sculpture by well-known local artist, Paul Baliker whose self-named gallery is located on N. Oceanshore Blvd in Palm Coast.

The sculpture easily could net upwards of \$40,000. Rizzo said he's happy to meet with interested buyers that might be ready to write a check for an amount slightly smaller.

It's not that Rizzo doesn't want to get folks together

for a fundraising event and an opportunity to show off the foundation's accomplishments.

It's just that it's been a tough year and right now pushing the easy button on securing funds from this unexpected, yet valuable, donation would significantly help the foundation move past COVID-19.

## *Why Kids Education Matters in a Retirement Community*

While Palm Coast has long been known as a retirees' mecca, the number of young families opting to live there continues to increase.

But the reason why the education of the area's youth matters is about much more, Rizzo asserts.

"The one thing people of all ages need to understand is that enhancing children's education is the purest form of economic development that exists," Rizzo said. He notes that at least 65

percent of the needs an aging population has such as financial management and medical care are met by highly-educated people.

"To prosper as a community, we need to get our children out of the cycle of poverty and the only way to end poverty is through education. If we really want to live in one of the greatest places in America – and I believe that we can and do – then I believe having the ability to educate the next generation is the number one thing we can do to ensure that happens."

Learn more about the Flagler County Education Foundation online at [www.flaglercountyleducation.org](http://www.flaglercountyleducation.org).



in public present their books having now become confident public speakers, it is amazing to see," he said.

## *Connect Bus*

Need a mobile classroom to come to your location in Flagler County? No problem. The foundation operates this flexible learning space complete with wireless access and multiple device options allowing users access to information on-site. It helps level the playing field for those lacking internet access at home or the ability to easily commute to wired locations.

It isn't just for the kids. Parents wanting to check their children's academic progress online and senior citizens needing help to prepare taxes or register to vote or sign up for *September, 2021*



*Brown & Brown team at the 31st Annual Golf Classic held at Grand Haven*



# Parks And Recreation In The City

The city of Palm Coast has no shortage of green spaces and recreation areas as you will find with a little exploring. We decided to make it a little easier to find a place that's perfect for your recreation, reflection and relaxation needs. The following list shows the major playground spots as well as parks, sports facilities and nature preserves. We visited each of these places and found them all to be well-maintained and easily accessible so don't hesitate to avail yourself of the amenities they offer.

## Belle Terre Park • 339 Parkview Dr.

This park, located behind Wadsworth Elementary and Buddy Taylor Middle Schools, offers soccer fields, tennis and racquetball courts. Due to its proximity to the two schools, students often benefit from the park's recreational opportunities.

**Parking • Pickleball • Picnic Shelter • Playground • Raquetball Restrooms • Soccer • Tennis**



## Bird of Paradise Nature Reserve • 179 Bird of Paradise Drive

A passive park providing the Indian Trails neighborhood residents a place to relax and enjoy the beauty of nature. This quiet spot is peaceful and it's also popular with fishermen.

**Fishing**



## Central Park in Town Center • 975 Central Avenue

Drawing inspiration from towns and suburbs built in the early 20th century, this nine-acre urban park is situated in the heart of Town Center, Palm Coast's downtown area.

**Geocaching • Parking • Restrooms • Walking**



## Children's Memorial Garden • 150 Waterfront Park Road

Nestled in the shade of old oak hammocks along the Intracoastal Waterway scenic trail just north of Waterfront Park, this special place serves as a peaceful sanctuary for all to rest, reflect and recall.

**Parking**



## Community Center & Park • 2860 Palm Coast Parkway

The Palm Coast Community Center is the home for the Parks and Recreation administrative offices. It also serves as the host location for the Palm Coast City Council Business Meetings, advisory committee meetings, recreation programs and activities.

**Basketball • Parking • Playground • Restrooms**



## Heroes Memorial Park • 5455 Belle Terre Parkway

Those in the military and law enforcement who have served and sacrificed for our country now have a place to be honored. Each Memorial Day, Veteran's Day and Fourth of July memorial services are held in this park to recognize those who have given their lives in the line of duty. Branches of the military are honored with engraved granite monuments of these names, along with a Purple Heart Memorial.

**Geocaching • Parking**



## Indian Trails Sports Complex • 5455 Belle Terre Parkway

Host site of local, regional and state Lacrosse and Soccer Tournaments, the ITSC/ITMS site provides visitors with exceptional athletic facilities conveniently located off major transportation routes.

**Baseball • Lacrosse • Parking • Picnic Shelter • Playground Restrooms • Snack Bar • Soccer**





**James F. Holland Memorial Park • 18 Florida Park Drive N**

Holland Park is an important recreational and social hub in the community. Dog park and bocce ball courts attract residents to this most popular destination in the Palm Coast community.

**Baseball • Basketball • Bocce Ball • Dog Park • Lacrosse • Parking • Pickleball • Picnic Shelter • Playground • Restrooms Shuffleboard • Soccer • Tennis • Volleyball • Walking**



**Long Creek Nature Preserve • 1050 Palm Harbor Parkway**

Long Creek Nature Preserve is the newest jewel in the City of Palm Coast’s park system.

**Canoeing • Elevated Boardwalk • Fishing • Floating Boat Dock Hiking • Kayaking • Parking • Wildlife Viewing**



**Palm Coast Aquatics Center • 339 Parkview Drive**

Heated pool with lanes available for lap swimming. There are plenty of lessons offered here for everyone from kids learning to swim to senior citizens doing aquatic exercise classes. Check out their schedule on the city’s website.

**Parking • Picnic Shelter • Restrooms • Swimming**



**Palm Coast Tennis Center • 1290 Belle Terre Pkwy**

The Palm Coast Tennis Center, a 2010 USTA Facility of the Year Award Winner, offers 10 Hydro-grid clay tennis courts lighted to tournament standards. Leagues, lessons, events, tournaments and programs for players of all ages and abilities are offered.

**Parking • Restrooms • Tennis**



**Ralph Carter Park • 1385 Rymfire Drive**

Ralph Carter Park, adjacent to Rymfire Elementary School extends across 13.1 acres of land. It offers visitors lighted multi-sports fields, a mini skate park, a lighted basketball court, walking trail, playground, bar-b-que grills and restroom facility.

**Basketball • Parking • Picnic Shelter • Restrooms Skateboarding • Soccer**



**Seminole Woods Neighborhood Park • 350 Sesame Boulevard**

Seminole Woods Neighborhood Park creates an active, social environment for our visitors. The variety of recreational opportunities appeals to children, adults and seniors, making it a favorite family destination.

**Geocaching • Parking • Picnic Shelter • Playground • Restrooms Soccer • Tennis**



**St. Joe Walkway/Palm Coast Linear Park • 31 Greenway Court**

Nestled between the eastbound and westbound lanes of Palm Coast Parkway, Linear Park’s 57-acre jewel features many amenities for all to enjoy, including a playground, picnic pavilions, hiking and biking trails and bird watching.

**Biking • Bocce Ball • Geocaching • Hiking • Parking • Picnic Shelter • Playground • Restrooms • Shuffleboard • Walking Wildlife Viewing**



**Waterfront Park/Intracoastal Waterway • 150 Waterfront Park Rd**

Waterfront Park is the only city-owned waterfront property along the Intracoastal Waterway. This large waterside park never seems to be crowded and offers a variety of activities for nature lovers.

**Biking • Fishing • Geocaching • Parking • Picnic Shelter Playground • Restrooms • Walking • Wildlife Viewing**



September, 2021



## RESTAURANTS & BARS

### A Fusion Of Fine Eating

5949 Oceanshore Blvd, Palm Coast, 386-246-0700, American, Fusion, Veggie

### A1A Fisheries

5959 N. Ocean Shore Blvd, Palm Coast, 386-276-9014, Seafood

### Ai Japanese Restaurant

208 St Joe Plaza Dr, Palm Coast, 386-446-0508, Japanese, Sushi, Asian

### Anthony's

250 Palm Coast Pkwy NE #405, Palm Coast, 386-597-2600, Italian, Pizza, Veggie

### Atlantic Grille

105 16th Rd. E, Palm Coast, 386-447-4610, American, Bar, Seafood

### Bob Evans

100 Garden St S, Palm Coast, 386-246-5300, American, Breakfast

### Bruno's Pizza

7 Old King's Rd N #18, Palm Coast, 386-445-5608, Italian, Pizza, Veggie

### Cantina Louie

10 Palm Harbor Village Way, Palm Coast, 386-585-4112, Mexican

### Captain's BBQ

5862 N. Oceanside Blvd, Palm Coast, 386-597-2888, American, BBQ

### Carrabba's Italian Grill

160 Cypress Edge Dr, Palm Coast, 386-246-9839, Italian, Veggie

### China King Restaurant

1475 Palm Coast Pkwy, Palm Coast, 386-447-8788, Chinese, Fast food

### China One Restaurant

120 Palm Coast Pkwy SW, Palm Coast, 386-445-7188, Chinese, Asian

### Cinnamon Beach Grill

519 Cinnamon Beach Ln, Palm Coast, 386-445-6999, American, Bar

### Cork & Pint

101 Palm Harbor Pkwy, Palm Coast, 386-283-4139, Bar, Pub, Wine Bar

### Cracker Barrel

4 Kingswood Dr, Palm Coast, 386-445-2127, American

### Delfino's

200 Ocean Crest Dr, Palm Coast, 866-841-0287, Italian,

# Mamaling's Takin' It To The Streets, Asian-Style



*The fried rice at Mamaling is a perfect example of their attempt to recreate the experience of eating Asian street food.*

It appears as if Mamaling, the Asian street food eatery on Cypress Pkwy, set themselves a rather difficult task when they decided to present local diners with versions of dishes that many Asians eat daily in their respective countries.

The biggest challenge would seem to be trying to take some of the flavors native to these countries and making them palatable for western diners. If you haven't eaten real food off the street in, say Bangkok, which I did for 23 years, you couldn't be expected to completely understand this.

Quite simply, the flavors in some of these dishes are just



*The shaken beef was also tasty and tender.*

too intense for our more sensitive palates. Seriously, most diners here just wouldn't be comfortable with some of the tastes they'd encounter. I know from personal experience.

And it's not just the level of spiciness, which is not present in a lot of dishes but which at times almost took my breath away, but the strong, sometimes almost pungent flavors that really affect you.

So the challenge for a place like Mamaling is to try to preserve as much of the basic integrity of the dish and the flavors that it should contain, while at the same time making it appealing to diners here.

A recent dinner at Mamaling revealed what they've done and how well they've done it and they should receive high scores for both.

First, the menu is not as adventurous as it could have been which is smart for a number of reasons. Instead of trying to score points for degree of difficulty, because some

street dishes would require a lot of work to make them presentable here, they've opted to take more mainstream dishes and take them to a higher level of execution in the kitchen.

Street food is usually quite simple by necessity. These dishes are anything but. The fried rice, which we all agreed was the star of the night, is a perfect example of their concept here.

Fried rice in Bangkok was always very boring to me. A street chef only has so much time to cook something and a much more limited number of ingredients to use. Talented chefs in a modern kitchen, as they have here, can make things taste great. That's why they're chefs.

And whatever they did to the fried rice — it worked. It was really delicious as well as great looking.

The



*Fried dumplings are a Chinese treat and are all over Southeast Asia.*

other dishes we tried echoed the same theme and the Szechuan tacos provided a bit of east-west fusion as well.

Come here if you want to see what talented chefs can do to simple street food to bring it to life in a different context. The results are delicious. Try it and I think you'll agree.

— Tom Aikins  
September, 2021



# Italians Eat Steak Too.

Open At 11 AM Every Day • Sun-Thu til 9 PM, Fri-Sat til 10



160 Cypress Edge Dr. • 386-246-9839



Flagler Auditorium & the Palm Coast Arts Foundation are proud to present

A Celebration of the Arts in honor of National Arts In Education Week with us at an outdoor concert featuring local entertainers and the "Top Flight" Air Force Band  
September 14, 2021, 6:00 PM  
Palm Coast Arts Foundation in Town Center



"Top Flight" full-time professional Air Force musicians bring music from classics like Stevie Wonder and Van Halen to today's favorites like Lizzo and Bruno Mars.



3rd Annual Celebrate the Arts Concert  
Palm Coast Arts Foundation • 1500 Central Avenue, Palm Coast  
Tickets are FREE but are Required.  
Go to the Flagler Broadcasting website for ticket pick-up locations.

# Fresh beer tastes better. It just does.

Microbrewed beers on tap at all times, including guest beers



Tue-Thur, 2-11 PM  
Fri-Sat, Noon-1 AM  
Sun, Noon-9 PM

## Daily Specials

- Taco Tuesday
- Burger And Beer Wednesday
- Trivia Thursday
- Happy Hour Every Friday
- Steak Night Saturday
- Sunday Brunch

## Great Food

- Starters
- Salads
- Burgers
- Sandwiches
- Specials
- Seafood

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WWW.MOONRISEBREWINGCOMPANY.COM



## Seafood

### Dominic's Deli & Eatery

160 Cypress Pt. Pkwy, Palm Coast, 386-445-8422, Quick bites, American, Soups

### Don Luigi's Gourmet Kitchen

260 Cypress Edge Dr, Palm Coast, 386-585-4001, Italian

### El Pollo Colorao

227 St Joe Plaza Dr, Palm Coast Pkwy, Palm Coast, 386-225-4548 Caribbean, Latin

### Fancy Sushi

5290 E. Moody Blvd., Palm Coast, 386-586-5988, Japanese, Sushi, Asian

### Great Wall

7 Old King's Rd N, Palm Coast, 386-446-3999, Chinese, Asian

### Green Lion Café

20 Palm Harbor Dr, Palm Coast, 386-986-2584, American, Bar, Veggie

### Hammock Pizza

5332 N. Oceanside Blvd #1 Palm Coast, 386-445-3768, Italian, American, Indian

### Hammock Wine & Cheese

5368 N. Oceanshore Blvd, 386-445-3357, Appetizers, cheeses, desserts

### High Jackers Restaurant

202 Airport Rd, Palm Coast 386-586-6078, American, Bar, Veggie

### Houligan's Irish Pub

50 Plaza Dr, Palm Coast 386-447-3580, American, Bar, Pub

### Hungry Howie's Pizza

5 Utility Dr, Palm Coast, 386-446-4461, Italian, American, Pizza, Delivery

### Ihop

212 Palm Coast Pkwy NE, Palm Coast, 386-264-6834, American, Veggie

### Joe's New York Pizza & Pasta

1070 Palm Coast Pkwy NW Palm Coast, 386-445-1650, Italian, Pizza

### JT's Seafood Shack

5224 N. Oceanside Blvd, Palm Coast, 386-446-4337, American, Bar, Seafood

### Kawa Sushi

1475 Palm Coast Pkwy NW, Palm Coast, 386-986-2266, Japanese, sushi, Asian

### King Palace

515 Palm Coast Pkwy SW Palm Coast, 386-597-2186,

# Table Talk

*This section of the magazine will highlight some of the restaurants and other food and beverage outlets in the area that we were able to visit recently. And check out the daily specials listing on the blackboard below.*

In our latest visits to restaurants in the area we've had mixed results: some good, some not so good. We typically only write about places if we have something positive to say. Our thinking is this: You don't pick up the magazine and think, "Where do I NOT want to go tonight."

You want to know where you should go, not where you shouldn't, so we only devote the limited amount of space we have to write about places we think you'll enjoy.

Also in this section, as you can see below, is a listing of specials that area restaurants are offering to their customers so check it out for the latest in

dining promotions from area restaurants.

We headed to **Carrabba's Italian Grill** on the night of August 17 to experience one of their monthly wine dinners. At \$45 it's a good deal, with four courses and wines to match each course that is free flow (so be careful).

**Houligan's Irish Pub** was another destination where we sampled some of their pub-style food and had some good, cold Yuengling draft beer. If you're a sports fan you might want to hang out in the large bar area and watch your favorite team on one of their many screens.

Had a good turkey sandwich

at **Village Pub & Deli** in European Village. Along with a good selection of sandwiches there's also a serious collection of beers here from all over including 18 pale ales. Prices are great too, with domestics beers like Bud at \$2.75 and just about every other beer at \$4. There's a good selection of wines here too.

We also tried some dishes at **My Fifth Element**, the Indian restaurant that's also in European Village. This is a highly regarded place and the food that we sampled was quite good, as we checked out something from the tandoor oven as well as one of their dal dishes. Having had extensive experience with Indian food in Asia for many years, we know what real good tandoor dishes taste like and what we ate here was a very good example of tandoor cooking.

## Daily Specials

### MOONRISE BREWING

European Village  
386-627-8614

#### Taco Tuesday

\$3 Chicken & Beef

\$4 Specialty Tacos

#### Burger & A Beer Wednesday

Starting at \$10

#### Trivia Thursday

Starting at 7:30p

#### Happy Hour Every Friday

2 for 1 select brews

#### Steak Night Saturday

Rotating selection of beef specials

#### Sunday Brunch

2 for 1 Mimosas & Sangrias during the Farmers Market

### TOKYO JAPANESE STEAKHOUSE

260 Cypress Edge Dr #113

386-447-9888

#### Sushi Saturdays

Selection of sushi rolls for \$6

### JT's SEAFOOD SHACK

5224 N. Oceanside Blvd

386-445-1650

Thursdays

All You Can Eat Shrimp

### SALSA'S MEXICAN RESTAURANT

250 Palm Coast Pkwy

386-445-3096

#### Happy Hour Every Day

11 AM - Close

#### Mariachi Band

Every other Thursday

### RED CRAB

60 Garden St S.

386-585-4245

#### Mon-Tues

Combo Specials-\$29

#### Wednesday

Combo Specials-\$31

#### Thursday

Combo Specials-\$35

Check our blackboard next month for even more specials from local restaurants.

#### Weekend Special

Combo Specials-\$37

### VILLAGE PUB & DELI

European Village

386-225-4500

#### Tuesday

Get Untapped. App members get 15% off all drafts, bottles, and cans of beers and hard ciders.

#### Wednesday

Wine Down Wednesday, get \$1.00 off wines by the glass and 25% off all bottles.

#### Thursday

Florida brand brewery & sandwich special, \$1.00 off drafts and 10% off bottles and cans of Florida beers. Order a Boar's Head sandwich and get 10% your meal as well.

#### Friday

Finally Friday Happy Hour from 4-7 PM. Get \$1.00 off all drafts and wines by the glass as well as 10% off all bottles and cans.



# Entertainment

Both area playhouses offer a show in September with each show unique enough from the other to make theatre enthusiasts consider going to both of them.

Both playhouses are employing COVID-19 restrictions – everything from deep cleaning, potential mask wearing and social distancing – as both the City Repertory Theatre in Palm Coast and the Flagler Playhouse in Bunnell each have curtain calls this month. As they say in the entertainment business, the show must go on.

In a tribute to Billie Holiday, an American jazz and swing music singer popular in the 1930s and 1940s whose unique improvisational style led the way for other female jazz singers, the “Lady Day” show features only two characters – Holiday and a piano player whom not only plays the accompaniment to the songs that made Holiday’s career but also lends a listening ear as the Holiday character talks about her difficult life from a turbulent childhood to drug abuse as an adult and being incarcerated on narcotics charges. As the musical continues, the Holiday character become increasingly drunk.

“It’s a real emotional adventure,” said Angela Young, CRT social media director, of the

plot of “Lady Day.”

Longtime CRT actress Laniece Fagundes play Holiday. Fagundes has been with CRT since its founding 11 years ago.

“The way she performs, she has such an intuitive presence on the stage. Her eye contact with the audience brings them in to her world,” Young said. “She has such a commanding

presence that just makes the audience want to know more about the character she is playing.”

Ben Beck, the CRT’s ultra-versatile pianist was the obvious choice for the piano player character in “Lady Day.” “He can do anything and everything,” Young said. “He plays so well by ear and he can feel what is happening in the musical and as he is playing when



*City Repertory Theatre Founders  
Diane Ellertsen and John Sbordone.*

Not so this year. Again, blame COVID-19.

In search of a play that required a smaller sized cast, had comedic elements and didn’t involve any singing, the folks at the Flagler Playhouse opted for Neil Simon’s, “Rumors” to open its fall 2021 season.

“Typically, when we begin our fall season, we do it with a big musical with large numbers of cast,” said Jerri Berry,

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*A production of The Crucible at City Repertory Theater.*

September, 2021

- Chinese, Asian
- La Piazza Café**  
101 Palm Harbor Pkwy , Palm Coast, 386-246-6366, Italian, Steakhouse, Seafood
- La Pizza Nostra**  
7 Old Kings Rd N, Palm Coast, 386-445-5608, Pizza, American
- Mamaling Asian Street Food**  
1280 Palm Coast Pkwy SW Palm Coast, 386-302-0777, Asian, Veggie
- Metro Diner**  
250 Palm Coast Pkwy NE #250, Palm Coast, 386-951-4490, American, Diner, Veggie
- Mezzaluna Pizzeria**  
101 Palm Harbor Pkwy #104A, Palm Coast, 386-445-1004, Italian, Pizza
- Millennium Bistro**  
5 Utility Dr, Palm Coast, 386-225-4809, Brazilian, European, Portuguese
- Moe’s Southwest Grill**  
250 Palm Coast Pkwy NE, Palm Coast, 386-585-4020, Mexican, Southwestern
- Moonrise Brewing Company**  
101 Palm Harbor Pkwy, Palm Coast, 386-627-8614 , Gastropub, American, Bar
- My 5th Element**  
101 Palm Harbor Pkwy #126, Palm Coast, 386-302-0202, Indian, Veggie
- Napoli Pizzeria**  
4845 Belle Terre Pkwy, Palm Coast, 386-225-4569, Italian, Pizza
- Olive Garden**  
5924 E. Hwy 100, Palm Coast 386-586-2924, Middle Eastern, Veggie
- Outback Steakhouse**  
45 Plaza Dr, Palm Coast, 386-446-6280, American, Steak
- Palm Harbor Grill**  
9 Harbor Center Dr #11 Palm Coast, 386-283-5656, Barbecue, European, Portuguese
- Portugal Wine Bar & Grill**  
15 Palm Harbor Village Way Palm Coast, 386-225-4753, Seafood, Mediterranean, European
- Red, White & Blues**  
101 Palm Harbor Pkwy, Palm Coast, 914-804-4975, American, blues music
- Rodie’s Place**



5115 N. Ocean Shore Blvd  
Palm Coast, 386-283-4647,  
American, Veggie

**Ruby Tuesday**

60 Garden St S, Palm Coast  
386-986-4314, American,  
Bar, Pub

**Sakura Japanese Steakhouse**

260 Cypress Edge Dr, Palm  
Coast, 386-447-9888, Japa-  
nese, Sushi, Asian

**Salsas Mexican Restaurant**

250 Palm Coast Pkwy NE,  
Palm Coast, 386-445-3096,  
Mexican, Southwestern,  
Veggie

**Sami's**

4982 Palm Coast Pkwy NW  
Palm Coast, 386-246-5900,  
Italian, Pizza, Veggie

**Sonny's BBQ**

25 Cypress Edge Dr  
Palm Coast, 386-446-5700,  
American, Barbecue

**Steak & Shake**

1 Cypress Edge Dr, Palm-  
Coast, 386-446-6936, Ameri-  
can, Fast Food

**Sushi 99**

250 Palm Coast Pkwy NE  
Palm Coast, 386-302-0399,  
Japanese, Sushi, Asian

**Sushi Bar At Hammock Beach**

200 Ocean Crest Dr, Palm  
Coast, 386-447-4600, Japa-  
nese, Seafood, Sushi

**Texas Roadhouse**

1298 Palm Coast Pkwy SW,  
386-302-4983, American,  
Steakhouse

**Thai By Thai**

Island Walk 250, Unit 300,  
Palm Coast, 386-302-0709,  
Thai, Asian, Sushi

**The Brass Tap**

250 Palm Coast Pkwy NE  
#201, Palm Coast, 386-585-  
4551, American, Bar, Pub

**The Brown Dog**

215 St. Joe Plaza Dr, Palm  
Coast, 386-225-4587, Ameri-  
can, Bar, Pub

**Tram's Cafe**

101 Palm Harbor Pkwy,  
Palm Coast, 386-276-9002,  
Vietnamese

**Village Market Pub & Deli**

101 Palm Harbor Pkwy, Palm  
Coast, 386-225-4500, Sand-  
wiches, Deli, Pub

**Woody's BBQ**

99 Flagler Plaza Dr.  
Palm Coast, 386-439-5010,  
American, Bar, Barbecue

president of Flagler Playhouse. "But this year with COVID, we were unsure. And now with the resurgence, we are still unsure. We for sure knew to avoid anything that involved singing because when one is singing, you are exerting more air and spitting and may be able to transmit things to other quicker."

Thus, a ten-member cast will take the stage for Flagler's production of "Rumors."

"It's a comedy," Berry said. "We could all use some comedy right now and Neil Simon plays are generally well-received."

Indeed. "Rumors" has been a hit with theater fans since its premier in September 1988 at the Old Globe Theatre in San Diego, California. It moved to Broadway in New York in November 1988 where it had a 535-show run before its final show.

The plot gets a bit complicated – which is what creates the comedy – as one man in a couple attending another couple's anniversary party is shot in the earlobe by another that has taken Valium. Yet another couple is in a car crash as discussion of who is having an affair with who becomes the dominant conversation. Soon, another gunshot is heard from the upstairs and one of the female characters thought to be missing is heard calling from the basement.

For CRT, its venue usually seats 50. Due to COVID concerns, Young said the decision to limit attendance to 37 per show was made. CRT has been on the road for most of COVID and the September performance marks its return to its usual venue at 160 Cypress Point Parkway, Suite B207 in Palm Coast above Dominic's Deli & Eatery.

For Flagler, its playhouse usually seats 150. For previous performances during COVID, attendance was limited to 50. Berry said current plans include opening at full capacity,



*A production of All In The Timing at City Repertory Theater.*

but she asks that patrons remain flexible if COVID conditions warrant a reduction in planned attendance.

Masks are required by patrons at both theatres as attendees enter and leave. Masks may be removed at the patron's discretion upon being seated.

The CRT plans to keep its season ticket purchase option for \$120 open through the last of its September "Lady Day" performance and will be available at the venue. "Lady Day" is scheduled for September 17 through 19 and September 24 through 26. Friday and Saturday night performances are

scheduled for 7:30 p.m.; Sunday performance is at 3 p.m. Individual tickets for "Lady Day" are available online at [www.crtpalmcoast.com](http://www.crtpalmcoast.com).

Flagler is not offering a season ticket option this season. It will reevaluate offering one for the fall 2022 season in January, Berry said. "Rumors" plays weekends September 16 through 26. Friday and Saturday performances are scheduled for 7:30 p.m.; Sunday matinee shows for 2 p.m. Individual tickets for shows are available at [www.flaglerplayhouse.com](http://www.flaglerplayhouse.com).

— Amy Armstrong



*A production of Shakespeare Abridged at City Repertory Theater.*

September, 2021



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If you got your copy of Palm Coast magazine in your mailbox this month, chances are it won't be delivered to you next month since we continually use different postal routes to distribute the magazine.

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September, 2021

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# Arts In Flagler

## *Bettie Eubanks' October Show Features 30-plus Years of Artistic Harmony*

Bettie Eubanks' goal as an artist is having her work inspire harmony and peace for those purchasing it and or viewing it.

"Really when it comes down to it, art for me is all about how to share love, peace and harmony," said Bettie Eubanks, a longtime Palm Coast artist with an emphasis on painting who is participating in an October show at the African American Cultural Society located in Bunnell. "My goal is that the art I produce brings something to the buyer's home that says they want to be at peace and in a place of harmony."

Thus, it isn't a stretch to discover that her October 2021 show at the AACS is slated to feature several of her original artworks with the words "harmony" and "peace" included in the titles.

The month-long show is a 30-year retrospective of Eubanks' work but also includes examples of her work from the 1960s which is closer to 60 years ago than the three decades that the bulk of the show will include.

"I am a hippie. I like to say I am a product of the 1960s because I became an adult in the

60s. It shaped much of who I am today, so, of course, I have to include some work from that time frame," said Eubanks.

Other pieces attendees can expect to see include Eubanks' work from the late 1960s and early 1970s when she lived in Woodstock, New York, and was using the wood siding from area barns as her medium of choice.

Nope, she didn't get to attend the infamous music festival. She had just had a baby and was in no position to attend.

But the Woodstock area provided her with plenty of buyers including the owner of a local store who bought out the inventory she had at the time. That larger sale helped fund her acquisition of other art supplies including better brushes, real canvas, and paints.

The show will also include Eubanks' clown paintings from 30 years ago. "I don't paint clowns anymore," she said with a laugh.

From clowns, her work moved toward the use of texture, and she endeavored to include this newfound skill in nature scenes from the Catskill Mountains.



*Bettie Eubanks with some of her works; below, Living In Harmony #4*

"I was exploring the texture of things and was painting in a style that used texture to pull the subjects forward so that when people looked at the painting they were never looking at a flat canvas," Eubanks explained.

The paintings included in the show will be for sale, she said.

However, buyers have to agree to let the painting hang for the duration of the exhibit.

The African American Culture Society is located at 4422 N. U.S. Highway 1 in Bunnell. You can learn more about Bettie Eubanks at her website, [www.bettieeubanks.com](http://www.bettieeubanks.com).

— Amy Armstrong







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# Events, Meetings, Classes, etc.

## Events

### Professional Women of Flagler County

**Friday, September 10, 2021 at 8:30-10 AM**

Join the Professional Women of Flagler County for their Business for Breakfast event on Friday, September 10th from 8:30-10 AM. PWFC will be hosting their Semi-Annual Member Board Meeting. They will discuss their mission statement, minutes and commitments, nominations and much more. This is a virtual event. Register online on our Facebook page.

**Wednesday, September 15, 2021**

Elite Dance and Travel 515 Palm Coast Pkwy S.W. Suit 15. Join the Professional Women of Flagler County for their monthly social. Join Sadira for a fun night of belly dancing and networking hosted by 5:30-7:00 PM. This event is Free for members and \$15 for future members. Register on Facebook to attend.

### Coffee & Contacts in Flagler County

**Friday September 17, 2021** at Metro Diner in the Island Walk Plaza. Meet with other local professionals at 8-9 AM. Bring your business cards and come network. Everyone is welcome. Don't miss this Power Hour networking.

### Food Truck Tuesday

**September 21 @ 5:00 PM** - Central Park in Town Center Benefiting Pink On Parade 5K, gourmet food is served out of trucks from 5-8:00 p.m. The Food Truck event will feature a variety of food trucks - mobile kitchens, canteens and catering trucks that offer up appetizers, main dishes, side dishes and desserts. Proceeds from each event benefits a local charity.

### Movies In The Park

**September 10 @ 8:30 PM** - *Frozen 2*, The City of Palm Coast's Parks and Recreation Department and Flagler Schools proudly present Movies in Central Park on the second Friday of each month.

### Palm Coast Farmer's Market

**September 5, 12, 19, 26 @12-4 PM**

European Village, 101 Palm Harbor Pkwy

### Book Club

**Sept. 3-Dec. 3, 10:30-11:30am, first Friday of the month.** Palm Coast Community Center, free. Do you love to read? Each month will have a designated genre. You select and read a book that falls within the monthly category. Book suggestions are available on our website if you need a little help. That month we will meet to share our impressions, reactions, and feelings. September: Potpourri; October: Tricks, Treats or Terror; November: Best Sellers-Fact or Fiction?; December: Reader's Choice. Go to [www.parksandrec.fun/adults](http://www.parksandrec.fun/adults) to sign up.

### Parents' Night Out

**Fridays, Sept. 17, Oct. 15, Nov. 19, Dec. 17, 5:30-10 PM.** Parents, are you in need of a date night or just wish for peace and quiet around the house on a Friday night? Let us watch your kids while you have the night to yourselves. Participants will eat pizza, play games, watch movies, and have fun. Ages: 5-12 years, Palm Coast Community Center, \$15/first child and \$5/each additional child. Go to [www.parksandrec.fun/adults](http://www.parksandrec.fun/adults) to sign up.

**Palm Coast and the Flagler Beaches Senior Games presented by**  
28

### AdventHealth

**Sept. 10-19, various locations in town.**

Whether you are an active adult, elite athlete, or just looking for motivation to train, you can find your sport at the Senior Games. Competition is held in 5-year increment age groups. The top three finishers in each division are awarded a medal. This is a series qualifier for the Florida State Senior Games occurring December 4-12 in Fort Lauderdale, FL. The following sports are offered: Pickleball, Tennis, Golf. Ages: 50+. The entry fee is \$15/sport. Go to [palmcoastgov.com/seniorgames](http://palmcoastgov.com/seniorgames) to sign up.

## Classes

### Diabetes Self-Management Education

**Tuesdays, Aug. 24-Dec. 28, 1-3pm,** Palm Coast Community Center, Free. This program is designed for individuals who have already been diagnosed with Type 1 and 2 Diabetes. Classes are based on the International Diabetes Center (IDC) Curriculum and require a physician's referral. The overall goals of the program are to lower A1C and reduce the risk of developing diabetes-related complications. Please contact Alana Shawah at 386-313-7263 for assistance with the referral process. Classes will begin once they are filled. Go to [www.parksandrec.fun/adults](http://www.parksandrec.fun/adults) to sign up.

### Yoga for All

**Tuesdays & Thursdays, Aug. 24-Dec. 16 (no class Nov. 11 or 25), 8:30-9:30am,** Palm Coast Community Center, \$5/Class. Relax and restore through stretching, yoga poses, breathing, and relaxation led by certified instructor Michelle Cotto. All levels are welcome. Please bring your own mat, towel, and water bottle. Go to [www.parksandrec.fun/adults](http://www.parksandrec.fun/adults) to sign up.

### Munchkin Soccer

**Session 1: Thursdays, Sept. 23-Oct. 2, 4:30-5:15 AM; Session 2: Saturdays, Sept. 25- Oct. 23, 10-10:45 AM,** This child-with parent program teaches toddlers the basic motor skills necessary to play organized sports such as soccer. The program is designed for parents to assist the child during the lessons. Ages: 3-5 years, Holland Park Playground, \$40/session. Go to [www.parksandrec.fun/adults](http://www.parksandrec.fun/adults) to sign up.

### Indoor Rowing Exercise Class

**Thursdays, Sept. 2-Dec. 16 (no class Nov. 11 or 25), 4:30-5:30pm,** Palm Coast Community Center, \$7/class. The Flagler Rowing Club will keep participants energized during this hour-long, interval training class. Instruction will include proper technique while using the erg with a focus on both mechanics and breathing. All fitness levels are welcome. Participants should bring a towel, water, and a mat for floor exercises. Go to [www.parksandrec.fun/adults](http://www.parksandrec.fun/adults) to sign up.

### CPR/First Aid/AED

**Saturdays, Aug. 21, Sept. 18, Oct. 23, Nov. 13, Dec. 11, 9-4 PM** Presented by the City of Palm Coast Fire Department, CPR/AED Heartsaver First Aid is a 7-hour classroom course (includes 1 hour for lunch) that is designed to meet OSHA regulations. The course teaches basic first aid skills: Administering CPR to an infant, young child, or an adult Using an Automated External Defibrillator (AED) and more. Ages 13+, Community Center, \$50/  
*September, 2021*



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- STACKED PASTRAMI \$9.95 OR CORNED BEEF \$10.95**  
1/2 pound of hot pastrami or corned beef on your choice of bread, topped the way you like it. We suggest keeping it simple & traditional by just adding spicy mustard.
- HOT ROAST BEEF & CHEESE 11.95**  
1/2 pound of hot deluxe roast beef piles on a toasted sub roll, smothered with our signature beer cheese sauce.
- THE ARTHUR AVENUE 10.95**  
Mortadella, sopresatta, mozzarella, roasted red peppers, sprinkled with oil & vinegar dressing served on a sub roll
- CLASSIC ITALIAN COMBO 9.95**  
Mortadella, hot cappi, pepperoni, Genoa salami and Provolone cheese with lettuce, tomato, red onion, and oil & vinegar dressing served on a sub roll
- THE VILLAGE RUEBEN 9.95**  
Hot Corned beef or pastrami on seeded rye topped with Swiss cheese, cole slaw, and 1000 Island dressing.
- GUS' TURKEY CLUB WRAP 9.95**  
Ovengold Turkey, bacon, Swiss cheese, lettuce, tomato, and mayo on choice of flour or spinach wrap
- VEGGIE WRAP 7.95**  
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- TUNA SALAD 7.95**  
Available with any of the fixings from our Build Your Own menu and choice of bread and wraps. Add \$1 for sub roll.

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- THE VILLAGE #1**  
Cajun turkey & Pepper Jack cheese topped with lettuce, tomato, red onion, honey mustard, and mayo on choice of bread.
- THE VILLAGE #2**  
Roast beef & Gournay style herb cheese topped with lettuce and tomato served on a kaiser roll.
- THE VILLAGE #3**  
Maple glazed honey turkey, Tavern ham, Swiss cheese, honey mustard, and mayo topped with lettuce, tomato, and red onion on your choice of bread.
- THE VILLAGE #4**  
Chipotle chicken, Pepper Jack, honey mustard, mayo topped with lettuce, tomato, red onion served on your choice of bread.
- THE VILLAGE #5**  
Roast beef, Cajun turkey, American cheese, and mayo topped with lettuce, tomato, red onion and your choice of bread.
- THE VILLAGE #6**  
Chicken breast, Mozzarella cheese topped with pesto mayo, balsamic glaze, lettuce and tomato served on a Kaiser roll.

- \*All sandwiches served on bakery fresh breads with a pickle and a bag of Lay's chips.
- \*Substitute pasta salad or coleslaw for chips for \$1 more or add for \$1.25

### DESSERTS

- CREPES 3.99**  
Two crepes with a chocolate-hazelnut filling topped with whipped cream and your choice of fresh sliced strawberries with a Ghirardelli chocolate drizzle or fresh sliced bananas with a Ghirardelli caramel drizzle.
- NY CHEESECAKE WITH RASPBERRY SAUCE 3.99**

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## Events, Meetings, Classes, etc. from page 28

person; pre-registration required at least 48-hours in advance  
Go to [www.parksandrec.fun/adults](http://www.parksandrec.fun/adults) to sign up.

### Water Aerobics

**Wednesdays and Fridays, Session 1: Aug. 25-Sept. 17 (no class Sept. 16); Session 2: Sept. 22-Oct. 15**, Palm Coast Aquatics Center, 13+ years, The fee is \$45/session or \$8/drop-in. Combine aerobics with strength training in our Water Aerobics class. Moving your body through the water creates a resistance that will activate muscle groups without impacting your joints. Go to [parksandrec.fun/aquatics](http://parksandrec.fun/aquatics) to sign up.

### Welcome to Tennis

**Thursdays, Session 1: Aug. 19-Sept. 23; Session 2: Sept. 30-Nov. 4, 9:30-10:30 AM**, Palm Coast Tennis Center, 18+ years. Presented in partnership with AdventHealth. New to tennis? Learn the game in a friendly, fast-paced environment! Each week the Tennis Center's certified professional coach will teach a 60-minute instructional clinic focusing on the fundamentals. Loaner racquets are available at no additional cost. Fee: \$60/session. Go to [parksandrec.fun/tennis](http://parksandrec.fun/tennis) to sign up.

### Bellies & Babies

**Sept. 14-Dec. 14, 2nd Tuesday of the month, 4:30-5:30 PM**, Palm Coast Tennis Center, free. A gathering for new mothers and moms-to-be, Bellies and Babies is designed to support women during pregnancy, new motherhood, and breastfeeding. Go from feeling unsure to I got this, all while building friendships in a supportive environment. Education, advice, and encouragement provided by lactation consultants/counselors from The Florida Department of Health. The Palm Coast Fire Department will be at the Sept. 14 class to offer free car seat inspections. Go to [parksandrec.fun/adults](http://parksandrec.fun/adults) to sign up.

## Live Happenings

### Tribute Concerts

Daytona Band Shell, 70 Boardwalk, Daytona Beach, 386-671-3472  
**Sept 4** COMPLETELY UNCHAINED - Van Halen Tribute  
**Sept 11** ROCKET MAN - Elton John Tribute  
**Sept 18** IN THE LIGHT OF LED ZEPPELIN - Led Zeppelin Tribute  
**Sept 25** WALL OF ECHOES - Pink Floyd Tribute

### Concerts

St. Augustine Amphitheater, 1340C, A1A S., St. Augustine, 904-209-3746  
**Sept 7** GLASS ANIMALS "Dreamland Tour," with guests Binki  
**Sept 11** MAYDAY PARADE with guests Inspection 12 and Flag on Fire  
**Sept 12** YOLA with guest Patty Griffin  
**Sept 17** DISCO BISCUITS

### Theater

**Sept 17-19, 24-26**, LADY DAY at EMERSON'S BAR & GRILL  
 City Repertory Theater, 160 Cypress Point Parkway, Suite B207, 386-585-9415  
**Sept 16-18, 23-25**, RUMOR'S by Neil Simon  
 Flagler Playhouse, 301 E. Moody Bouvelard, Bunnell, 386-586-0773

### European Village Live Music Lineup

Friday, 3rd — Ataraxis Experience 6:30-10:30  
 Saturday, 4th — Full Circle Trio 7-10  
 Friday, 10th — Clayton Sturgeon 7-10  
 Saturday, 11th — Sterling Mattern 7-11  
 Friday, 17th — Fond Kiser 7-10  
 Saturday, 18th — Ian Opalinski, 7-10 PM  
 Friday, 24th — Mike & Vin, 6-10 PM  
 Saturday, 25th — Flo Wave Duo 7-11

## Business Functions

### Referral Diamond Network Meeting

**September 8, 15, 22, 29 @ 8 AM**

Carrabba's Italian Grill, 160 Cypress Park Dr. Weekly networking meeting of local business owners. Call 386-283-0955 for info.

### Palm Coast Business Professionals

**September 2, 9, 16, 23, 30 @ 7:30 AM**

Carrabba's Italian Grill, 160 Cypress Park Dr., Weekly networking meeting of local business owners. Call 904-236-0431 for info.

### TGIF Networking Meeting

**September 3, 17, October 1 @ 8 AM**

Good Vibes Nutrition, 209 St. Joe's Plaza Dr. Bi-weekly networking meeting of local business owners. Call 386-446-7990 for more info.



**Join the Flagler Tiger Bay Club on September 8, 2021**



In commemoration of 9/11 and its 20th Anniversary, Flagler Tiger Bay Club is hosting a commemorative 9/11 20th Anniversary Program, free and open to the public at Flagler Auditorium in partnership with Flagler Auditorium and the Flagler County Sheriff's Office.

Guest Speaker  
**MICHAEL J. FISHER**  
 President and CEO of Scorpion Security Services LLC.

Chief Fisher will take us back in discussion to 9/11, the initiation of the war on terrorism and the formation of the U.S. Department of Homeland Security with the issues and challenges that we faced. He will take us forward to today and Homeland security challenges focused on the southwest border and the seldom discussed impacts and issues to Florida.

Flagler Tiger Bay Club  
9/11 Anniversary Program Details

**FREE AND OPEN TO THE PUBLIC**  
Seating on a first come first serve basis

**DATE:** Wednesday, September 8, 2021

**PLACE:** Flagler Auditorium  
5500 FL-100, Palm Coast, FL 32164

**TIME:** 4:00 pm to 5:30 pm

**No advance registration required.**

**QUESTIONS:**  
email: [FlaglerTigerBay@gmail.com](mailto:FlaglerTigerBay@gmail.com)  
OR call: (386) 222-1533

**Flagler Tiger Bay Club Public Program**  
audience focus and priorities is students and the over 2,000 retired first responders who live in Flagler County. Many of those retired first responders were there during 9/11.

ABOUT 9/11  
 This September is the 20<sup>th</sup> Anniversary 9/11. 9/11 remains as the single deadliest terrorist attack in human history with:  
 • 2,977 fatalities, 25,000 injuries, substantial long-term health consequences, \$10 billion loss in infrastructure, and property damage.  
 • Single deadliest event in US history for fire fighters and law enforcement with 340 and 72 killed respectively.  
 • The destruction of the World Trade Center and nearby infrastructure created a global economic recession.  
 • The U.S. and Canadian civilian airspaces were closed until September 13.  
 • Wall Street trading was closed until September 17. Many closings, evacuations, and cancellations followed, out of respect or fear of further attacks.  
 • Formalization of the war on terrorism and one of the largest creation and agency consolidation with 240,000 employees.

**ABOUT OUR SPEAKER**

- This program features our outstanding nationally known speaker Michael Fisher, former and longest serving Chief of the U.S. Border Patrol. While Chief of the United States Border Patrol for six years, he oversaw approximately 25,000 personnel and managing a \$3.5B budget. During his tenure as Chief, he led a team and developed a comprehensive national border security strategy to include an operational implementation plan.
- He frequently advised members of congress, the national security staff and engaged with industry to explain the new direction of the Border Patrol and their role in the national security mission space.
- During the transition to the Department of Homeland Security in March 2003, Fisher was appointed Deputy Director for U.S. Customs and Border Protection (CBP) Office of Anti-Terrorism in Washington, DC where he staffed and directed the office during periods of increased threats and served as the CBP liaison to the inter-agency intelligence community for anti-terrorist planning and operational coordination.

*Our commitment to the safety of our members and guests is of highest priority.  
As such, Flagler Tiger Bay Club is following CDC guidelines and recommendations at this Program.*

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2021/2022

# Flagler

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PERFORMING ARTS CENTER

# SEASON



**President's Own  
Marine Band**  
October 10, 2021 - 3 PM



**Let's Hang On  
Franki Valli Tribute**  
November 19, 2021 - 7 PM



**Last Child  
Aerosmith Experience**  
November 27, 2021 - 7 PM



**Darlene Love**  
December 11, 2021 - 7 PM



**The American Sirens**  
December 17, 2021 - 7 PM



**Navy Southeast Band**  
December 19, 2021 - 3 PM



**Winter Dance Party**  
January 7, 2022 - 7 PM



**The Bronx Wanderers**  
January 27, 2022 - 7 PM



**Rocky And The Rollers**  
January 30, 2022 - 2 PM



**Adbacadabra**  
February 4, 2022 - 7 PM



**Melissa Manchester**  
February 6, 2022 - 7 PM



**Motones & Jerseys**  
February 18, 2022 - 7 PM



**Six Appeal**  
February 28, 2022 - 7 PM



**Married To Broadway  
Sharpe Family Singers**  
March 10, 2022 - 7 PM



**Doo Wop Project**  
March 18, 2022 - 7 PM



**The Texas Tenors**  
March 25, 2022 - 7 PM



**Canadian Brass**  
March 29, 2022 - 7 PM



**One Night In Memphis**  
April 18, 2022 - 7:30 PM



**Bobby Darin  
Splish Splash!**  
April 24, 2022 - 3 PM

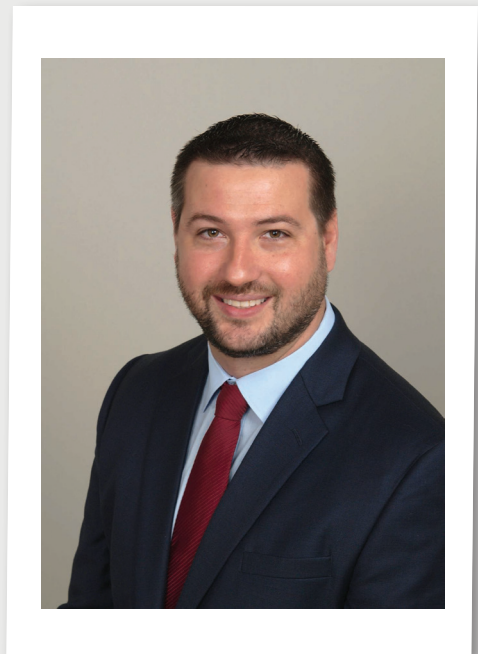
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