

Palm Coast

ISSUE #26

SEPTEMBER 2023



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Welcome to the September issue of Palm Coast in which we publish our annual preview of the newly renamed Fitzgerald Performing Arts Center at Flagler Auditorium. We've been a big supporter of the organization since the first issue of the magazine, mostly because they do a great job, especially director Amelia Fulmer, of providing the city with a great venue for national quality entertainment in the form of live music. Their varied list of acts include national touring companies of high quality tribute acts as well as featured performers like Darlene Love, Melissa Manchester and more. In the center spread of this issue you'll see information about annual subscriptions to the center's complete slate of entertainment which runs from October of this year through next April. They're reasonably priced and offer a lot of benefits as well as reserved tickets. Next month our arts section will cover more of the and arts options that are available in the county. See you then.

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— Tom Aikins, Publisher, Palm Coast magazine.

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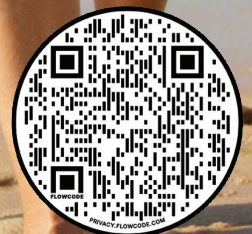
Please join us for a Medicare Educational Seminar on Tuesday, September 12 to learn about Medicare and your options. No specific plans will be discussed and each will be presented by one of our Atlantic Benefit Consultant agents. At 10 AM we will meet in our office at 50 Leanni Way, Unit E3. We also are presenting an evening Medicare Educational Seminar at the Palm Coast Community Center at 6 PM. Please call to reserve your seat for either seminar.

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News Of The Palm Coast World



3rd Year Coming Up For Heroes Event

When her youngest son was killed serving in Iraq on July 24, 2003, Cathy Heigher's world was turned upside down. His death also set her on a new course she would never have imagined possible.

She quickly became one of the nation's most active and most effective advocates for veterans — including meeting twice with President George W. Bush to lobby for changes to what she said she couldn't

believe were the “shockingly low” death benefit the families of military members killed on active duty received.

“Something had to be done about this,” Heigher said. “There is no reason our children should be going over to a foreign country to fight to protect our nation and make the ultimate sacrifice laying down their lives for their families to find out their life was only worth \$10,000.”

Today, her efforts are focused on helping veterans in Palm Coast and Flagler/Volusia counties get connected with resources and support in her role as co-founder and executive director of the Palm Coast based Remembering Vets.

On Saturday, September 30, the community is invited to a full day of honoring and remembering heroes of all types at a Remembering Heroes sponsored event at the Palm Coast Town Center at 800 Belle Terre Parkway. The event is scheduled for 10 AM To 3 PM.

“We are going to be honoring veterans and first responders and Gold Star families (families who have a member that died on active duty),” Heigher said. But this year, the annual event is expanding. “We are also honoring local community heroes that stepped up to the plate and above and beyond and way out of their way during this COVID-19 pandemic. From food service industry workers and health care workers, we want to honor them and make sure they know how valued they are.”

Quilts of honor are slated

to be presented to various heroes, she said.

The event features a plethora of food trucks, the presence of fire and police personnel and equipment and a game area organized for kids are all planned.

Yes, her efforts were initially inspired by the shocking death of her son. He remains a key motivating factor. But for Heigher, her work supporting veterans and their families goes well beyond merely a personal quest.

“This has given my son's life and death more meaning,” Heigher said. “But what I want the community to understand is that we should never forget



the sacrifices that these brave young men and women have made for our freedoms and we need to honor and understand that we owe them a debt we can never repay.”

You can learn more about Remembering Vets and the upcoming festival at www.rememberingvets.org.

Green Expo Coming to Flagler County in September

In an effort to foster environmental consciousness and sustainable practices, UF/IFAS Extension is excited to announce the collaboration of the St. Johns River Water Management District, Flagler County Professionals, City of Palm Coast, and the Florida Department of Environmental Protection for the inaugural Green Expo. The complimentary event is scheduled for Thursday, Sept. 14, at the Flagler County Fairgrounds Cattleman's Hall at 150 Sawgrass Road in Bunnell.

“The Green Expo aims to

bridge the gap between knowledge and action, equipping individuals with the tools they need to make positive changes in their lives and communities,” said Judy Jean, Horticulture Extension Agent at UF/IFAS Extension Flagler County. “Our collaborative effort brings together experts and stakeholders from various sectors to provide a policy-neutral and fact-based platform for learning and networking.”

The Green Expo will feature a series of educational sessions and panel discussions, each led by experts and thought leaders

in the field of sustainability. It will bring together community leaders, homeowners, professionals and eco-enthusiasts to delve into crucial topics of sustainability and environmental

responsibility.

Participants will have the opportunity to engage in dynamic conversations covering topics including water conservation and quality, energy efficiency,

sustainable gardening practices and the significance of making ecologically conscious choices in our day-to-day lives. With a focus on science-based information, attendees will gain insights into both current and future environmental challenges within Flagler County and neighboring areas.

“The event is open to a diverse audience, including Flagler County residents, homeowner association board members and managers, green industry professionals and community leaders,” added Jean.



Latest FBI Pedophilia Raid Has Meaning For Mayor Alfin

Palm Coast Mayor David Alfin isn't a fan of the concept of closure. "I think closure is a false narrative," he said, now two and a half years out from the murder of his son, FBI agent Daniel Alfin, as he was serving a warrant in Sunrise, Florida.

"Closure is an excuse to try to describe an emotion." Still, everything was changed when the agency informed him that almost a hundred suspects were arrested in the investigation that Daniel had died participating in.

Indeed, the news that the FBI had arrested 98 people in connection to a pedophilia ring on August 9 in the United States and Australia brought a new perspective to Alfin on his son's killing. But where thinking in terms of closure may cause one to try and store away the feelings and hardships that come with a loss for good, Alfin sees it as more pertinent to recognize the positives of

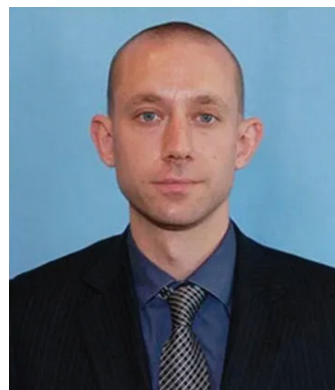
the arrests.

Not only were 13 children rescued in Australia, but the scope of the operation will serve to promote public awareness of the prevalence of human trafficking and the efforts of law enforcement organizations to thwart it. And with awareness can come additional resources.

"These things don't come free," Alfin pointed out to that end. "If the agency has the funding for this program, that will yield more and more arrests." Potential funding boosts would come at a time when public support for defunding the FBI in part or entirely is growing rapidly; ex-President Donald Trump has advocated for such measures, as have representatives Marjorie Taylor Greene (R, GA) and Matt Gaetz (R-FL).

"I am encouraged and delighted to know that their work yielded this result, which is not just a significant arrest but it's the tak-

ing down of a cartel," Alfin continued. "More than that, it's bringing the issues of child pornography and human trafficking to the attention of the public. The public is somewhat blinded to the fact this



goes on, it's so ugly that people can't really go there."

Data from the United States Bureau of Justice shows that prosecution of human trafficking suspects is on the rise. 729 individuals were prosecuted in 2011, compared to 1,343 in 2020. The

National Human Trafficking Hotline has identified 82,301 cases of human trafficking since its inception in 2007, with an average of two victims per case.

"I believe that if there is more awareness this is going on, there's a better chance that our folks like the FBI and all the other agencies, police, and first responders can arrest those people and dole out the punishments that they deserve," Alfin said.

FBI agents Daniel Alfin and Laura Schwartzenberger were killed in Sunrise, Florida on February 2nd, 2021. Three others were injured in the shooting. The suspected killer committed suicide shortly after, and so while David Alfin won't see his son's killers brought to legal justice, he is now afforded the chance to view the issue in its broader effects, and not just those lingering loose ends from the investigation that took Daniel's life. — **Chris Gollon**

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Local Author Publishes New Book On Disasters

Are we doomed? As individuals, certainly, eventually, inevitably. But as a species? As a civilization? Leading catastrophe engineer Michel Bruneau thinks perhaps not.

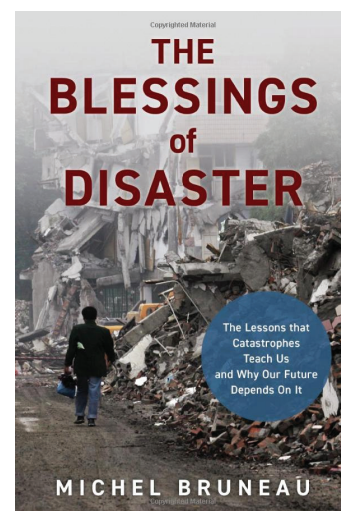
Michel Bruneau is a SUNY Distinguished Professor at the University at Buffalo, a Fellow of the Canadian Academy of Engineers and of the American Society of Civil Engineers, and, most significantly, Emeritus Director of a National Science Foundation's national engineering research center focused on preventing disasters from extreme events. And he happens to be a part-time resident of Palm Coast who submitted this information about his latest book in the hopes that we would write about it, which we obviously have.

The Blessings of Disaster draws on knowledge from multiple disciplines to illustrate how our civilization's future successes and failures in dealing with societal threats—be they pandemics, climate change, overpopulation, monetary collapse, and nuclear holocaust—can be predicted by observing how we currently cope with and react to natural and technological disasters.

Maybe most importantly, this entertaining and often counter-intuitive book shows how we can think in better ways about disasters, to strengthen and extend our existence as both individuals and as a species.

When it comes to rare extreme events, such as earthquakes, hurricanes, floods, tornadoes, volcanic eruptions, technological accidents, terrorist attacks, pandemics, and even existential threats, it is in our nature to set ourselves up for disasters because the gamble may be worth it. But only maybe.

The Blessings of Disaster is the very real story of the relationship between humans and disasters — and it's not a simple one. Bringing together his decades-long career spanning the globe as an earthquake and disaster engineer, detailed catastrophe case studies from extreme events like Japan's Kobe earthquake and category 5 hurricanes in the American South, along with thoughtful and practical solutions, Bruneau provides a thorough examination of the structural challenges that face today's and tomorrow's world.



How we cope with today's threats is indicative of what the future holds. Contrary to popular forecasts, it is not all gloom and doom, but some of it definitely is.

He has worked for more than three decades as part of multidisciplinary teams advancing the goal of disaster resilience and has received more than 20 prestigious awards for this innovative work, including a lifetime achievement award.

It's a sometimes fascinating read and is always compelling as Bruneau relates disasters and their effects on our everyday lives with some being good and others, unfortunately, not.



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PLEASE BUY LOCAL.

Local Happenings



The Professional Women of Flagler County held their monthly meeting at the Market Street memory facility on August 4. Guest speaker was Kara King from Kara King Esthetics (center). See their Facebook page for more information.



Members and friends of the Flagler County Detachment 876 Marine Corps League present a lap quilt to Navy veteran Jennifer Kern thanking her for her service. For more information about the Detachment call 386-237-9798.



We'd like to offer a belated congratulations to Salus Medical Training LLC as they held their Grand Opening event on July 13th, 2023. Guests were greeted by Owner Lauren Ramirez (center) and viewed her facility, located in Bunnell in the Corner-



The Bold Ladies In Business held a fundraiser for their monthly get-together at the Shantytown location on Rt. 1 and raised over \$1000 for OARS, the Flagler county recovery center. For more information about Bold Ladies contact Anna at 954-609-7678.



On August 10th the Dragon Institute held their grand opening and ribbon cutting in Bunnell at 501 N. State St. Adam and Elizabeth, the owners of The Dragon Institute, are shown here (center). They teach a form of martial arts known as Wing Chun Kung Fu.



Flagler Tiger Bay Club President Greg Davis closed out his term as president of the group he started five years ago with Don Madden on August 17. Pictured are James Uveges, James Manfre, Greg Davis, Dr. Joe Saviak, and Ed Fuller. Below is the entire Tiger Bay Club board.



The Flagler County Detachment 876 Marine Corps League present a Women Marines poster to Miguel Berrios, owner of Giovanni's Pizza in Flagler Beach in memory of his daughter LCpl Samantha Berrios, a Marine who passed away in November 2023.



Jay Scherr, Marc Dwyer, James Manfre, Ed Fuller, Sherri Dietrich, Courtney Vandebunte, James Uveges, Greg Davis, Gary Walsh, Cheri Orr, Lovie Haley, Dr. Kideste Yusef, Teldra Jones, Don Madden, Amelia Fulmer, Dr. Joe Saviak. Not pictured: Howard Holley, Gail Wadsworth.



Kaley Cook has been appointed to the role of the City Clerk for the City of Palm Coast, which was announced at the August 15, 2023, City Council meeting. Ms. Cook has served as the Deputy City Clerk since 2022 and brings a wealth of knowledge to her new role. As City Clerk, Ms. Cook and her team are responsible for maintaining city government records, public records requests, recording minutes of City Council meetings, updating the Palm Coast Municipal Code Book, providing notarization services, and managing local elections.




As kids head back to the classroom, AdventHealth and its team members recently donated enough supplies to fill nearly 1,500 backpacks, with back-to-school essentials such as paper, pencils, folders and crayons. In partnership with various non-profit organizations throughout Flagler, Lake and Volusia counties, the donated supplies will be given to local families in need. This annual initiative ensures local children are prepared to head back to the classroom for the new school year.



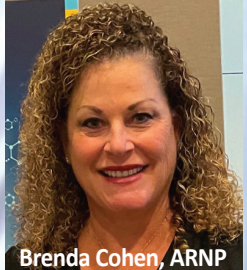
On August 18 the City of Palm Coast held a ribbon cutting event at Waterfront Park, to acknowledge and announce the completion of the Kayak boat launch area of the park. Photographs of the entire process of this new addition lined the path leading to the new pavilion area of the park, directly across from the new launch area. Mayor Alfin came to speak about the park's new addition which includes a floating dock, concrete paved patio area and slope leading to the dock, a paddleboard and kayak rental station as well as picnic tables and seating. This new addition to the park sits just before the Children's Memorial Gardens, a place for local families to remember the children they have lost.

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Palm Coast People

A lifetime in radio brought David Ayres to Palm Coast, by James Moore

The lifelong broadcasting journey of David Ayres started when he was a child in Cleveland. Day and night, he listened to the stations on his little clock radio. Every show offered something else.

Yes, there was music, but there was also community there. Each DJ was raising awareness of festivals, shows, charities and local businesses. This aspect of the trade would stick with David until today.

Starting at his high school's TV department and continuing to intern at some of those same stations, David gradually absorbed the tools of the trade. After graduating from the University of South Florida, David worked in radio stations across Florida. Tampa, Port Charlotte, Punta Gorda,

as well as Jacksonville, before he and his wife came to Palm Coast.

At that point, he had worked under a corporate station named Clear Channel but has since rebranded into iHeart. An old coworker of his named Jim Martin had invited him to help run a radio station. Never having heard of Palm Coast, David agreed.

"What a cool little town," was David's first impression. It was 2008 and there were no stations or towers. David and Jim started WNZF with an AM station. Eventually, they gained an

FM translator, and another FM station. It was 2009 then, and the channel was FM 92.7. It was a channel meant for cheerful music. No news, besides weather and local infor-

mation. The success of this bought them another station, FM 98.7, where they play country music, and FM 100.9 as their oldies station.

Two things seem to be the



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key to David's success. The first thing is the stations' programming.

"We don't program for ratings, we program for time spent listening," David says. Ultimately, he wants it so a listener can have the station on all day and not hear the same song twice. The second, and arguably the more important, thing is community engagement.

All those stations David grew up on in Cleveland had events for people to come together and enjoy what the area offered. Why not here in Flagler County as well? Especially after Palm Coast had been so good for him and his family. "We came in at the right time. We were embraced by the community," he says. As a result, David wants WNZF to be a voice for the businesses and the local clubs and organizations, for anybody and everybody.

Working with local talent to

host events such as Creekside music, arts, and food festival, and the Sunset Concert and the proceeds going to charity. The Sea Turtle Hospital, Humane Society, and Grace Community Food Pantry all received support and donations from David and his stations.

What comes next for David and WNZF is the same challenge any content creation runs into: staying relevant. Growth is necessary for both the individual and the collective. Tune into any of these stations and you will hear David interviewing local business owners, charity runners, etc.

Maintaining bonds with the community offers more opportunities to give back to the town that has been a home for David and his family.

"This is a great town, and we have an obligation to keep it that way. It's fun when you can wake up in the morning and be happy. It does not get much better than that."

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Kids Rock The Nation Brings Music To Kids

In March 2022, Congress raised a flag in honor of the organization, Kids Rock the Nation. Certified as a 501(c)(3) nonprofit in 2014, Kids Rock the Nation has successfully donated approximately 1,500 instruments to children and schools, including guitars, drums, violins, and more. And what started this program was an act of kindness.

Founder Anthony Kleppe, aka Anthony Wild, has been active in the music community since he was a child in Wisconsin. Moving to Florida in 1994, he performed in clubs, festivals, and concerts as a blues musician. Eighteen years ago, Anthony was diagnosed with cancer. As much as he loves being a musician, there was no medical insurance to help him combat his illness.

Be it a stroke of luck, or something more merciful, a doctor

agreed to treat Anthony. Feeling free and wanting to give back for this miracle, the doctor asked Anthony to do one thing: give back with music.

The first act was gifting a guitar to the daughter of Vinny the Printer, here in Palm Coast. Anthony continued this act of gifting instruments and music lessons to all who needed them. Eventually he accumulated a team and the 501(c)(3) nonprofit rating.

Kids Rock the Nation started in Central Florida, continuing to gift instruments. Children who have cancer, those who experienced abuse and neglect, as well as children on the autism spectrum all benefited from this group. Before long, they were reaching out to schools to facilitate music programs and classes.

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Anthony says. "And these kids got enough going on. The music helps them gain confidence. They think 'If I learned this instrument, what else can I do?'"

The organization grew further, reaching out to the rest of the nation and beyond. Towns in Canada, the Caribbean, Guatemala, and as far as the Philippines have hosted Kids Rock the Nation programs. And the list of supporters is growing. Local businesses in Daytona have given support. So have the Grammy Awards and other musicians like George Thorogood and his Bo Diddly Foundation.

"I think God put me on a path," Anthony says. Because of the

kindness he received at the lowest point of his life, Anthony is not slowing down in giving back. The next phase for Kids Rock the Nation is a central location somewhere in Central Florida. With this first location, children can attend classes. These courses will focus on both playing instruments and comprehension in the business aspect of the music industry. All of this will be free.

Anyone interested in supporting this cause can find more information at <https://kidsrockthenation.org/>. Thousands of lives affected because one man received help and wanted to give back. And he ain't done yet.

— James Moore

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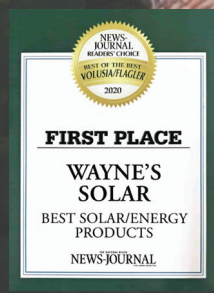
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A Short History of Flagler County High Schools

Flagler County was established in 1917 as was Bunnell High School. It was an all-white school. Blacks were forbidden to attend. It would not be until 1949 when George Washington Carver High School was built that a K-12 education was available to the black community. Of course, Carver was an all-black school.

Whites did not want to attend. Flagler County history in education is not unlike many counties and states across our country. It does have an interesting story of how black kids and white kids finally attended the same forever high school.

It was 1954 when the Brown

in public schools are unconstitutional, even if the segregated schools are otherwise equal in quality. In 1967, 13 years later, George Washington Carver was closed and all students, black and white, attended Bunnell High School.

For two years, 1968-1970, students arrived at Bunnell High School until the summer it burned down. Fortunately, Flagler had a spare high school, and everyone was moved to George Washington Carver in 1971 to 1973. The high school, however, was renamed Bunnell High School. They stayed there in some trying circumstances but not because of race, it was

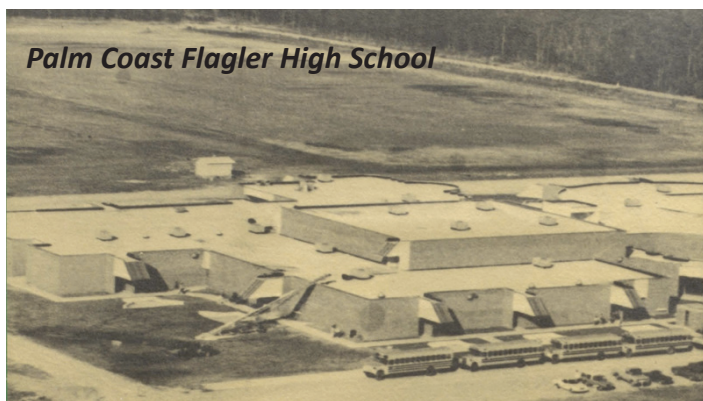


Bunnell High School

that many went to three high schools in the same town before graduating.

stands and is on the National Register of Historical Markers.

- The Little Red School House



Palm Coast Flagler High School

vs. Topeka Board of Education decision by the U.S. Supreme Court ruled that U.S. State laws establishing racial segregation

Written and compiled by Elaine Studnicki, past president of the Palm Coast Historical Society.

just too small. Students were taking classes in closets and on the stage.

On 20 acres of land donated by ITT the Palm Coast Flagler High School opened in 1973 and students would never be segregated again. The students were ready for it. It's possible



It's fun to be first and the first graduating class of FPCHS were as thrilled as we were back in the day.

Interesting Notes:

- Bunnell Elementary School the site of almost 100 years of continuous educational instruction. The Bunnell High School, was built in 1924 and burned in 1970. Bunnell Elementary School was built in its place.

- George Washington Community Center was once the gym of the George Washington Carver High School.

- The Espanola Schoolhouse 1950-1957 was a segregated black-only Flagler County public school during the Jim Crow era. It later operated as an independent school. It still

was never a one-room schoolhouse. It is on the National Register of Historic Places (2007) and is a fabulous museum.

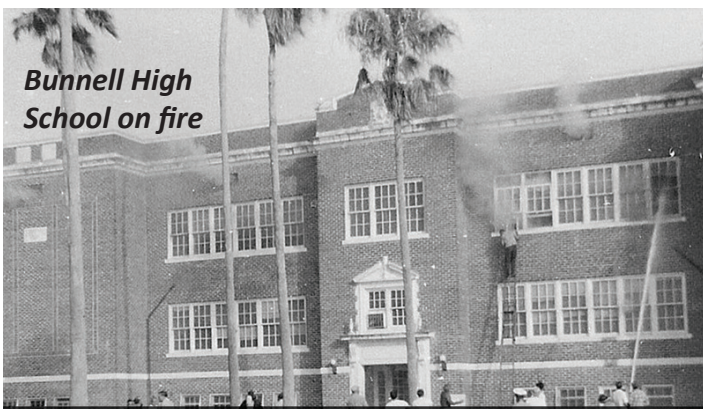
- Prior to 1917 there were several one room schoolhouses.

- I.I. Moody build a school even before Flagler was incorporated.

- So much history.

How far have we come?

Our school system serves over 13,000 students. There are two high schools, Flagler Palm Coast and Matanzas High School and five elementary and two middle schools. There are also alternative schools, iFlager Virtual School K-12th, St. Elizabeth Ann Seton Catholic School Pre-K-8, and the Imagine Charter School.



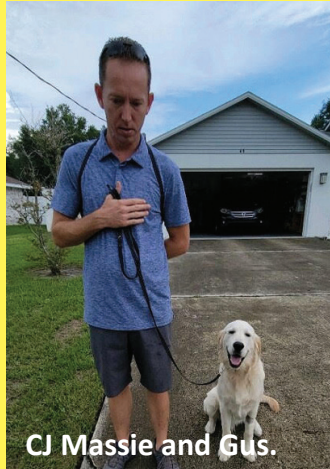
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Health & Wellness

Working out is easier than you think, by John Williams

Last year I wrote a column about losing weight and why it isn't inevitable as we age. In this month's column I'm going to talk about exercising, the most important thing to do along with your efforts to cut down on your food intake.

First, as I mentioned last month, the more calories you consume, the more you need to burn off to avoid having all those calories turned into fat by your body. If you lead a really active lifestyle and don't eat too much then you're probably already near your target weight. But most people don't do both, especially as they get older, so we need to exercise to get rid of those extra calories.

I've worked out for 45 years in gyms and also spent a lot of time running on tracks and outside. Now, at age 66, I'm concentrating on keeping my muscles toned and keeping my body in a generally healthy state. What that means is that I'm not trying to build a lot of muscle. I'm just trying to maintain what I have and keep my respiratory system (heart, lungs) in good shape.

What I do is simple and doesn't take much time — a little less than an hour — and it keeps me in great shape. Basically I do some aerobic exercise every day along with abs and then I rotate the weight work so that I work on a different muscle group every day.

So on my first day I'll work on biceps as well as doing my aerobic exercise and abs. I use an elliptical trainer for the aerobics and do 30 minutes on that. The weight lifting portion of my workout takes about 20 minutes. Part of that is three sets of leg lifts for abs with 30 reps in each set.

Then I do three sets of three different exercises that focus on

my biceps. That's it. It's about 50 minutes and it's all I need to keep myself in great shape. Of course, I'm in the gym six days a week but I find that easy to do even though I work full time.

Having to work makes things a little more difficult in terms of time but I'm self-employed and can come and go as I please so I usually work out around noon when most other people are eating lunch so I don't lose as much productive time during the day. Obviously, if you're retired you don't have to worry about time as much, if at all.

So the rest of the workouts are the same as you rotate the weight exercises through the days. So the next day I do chest, then back, then shoulders and then legs. One day I just do aerobics and I take a day off every five days. So I work out five days with weights and doing aerobics, I do one day of just aerobics and I have one day off which makes seven days.

So every week I work on each muscle group once, I do aerobics six days and I have one day off. Taking a day off every fifth day means I'm in the gym about 25 days a month or six days a week.

If this is too much for you then you can cut back in two ways. You can do less each workout or just do fewer workouts. If it were me I would cut down the workload and keep the number of workouts. Here's why. When you work out and get your heart rate up to a certain level then you've hiked up your metabolic

rate also.

We want to do this because the higher our metabolism, the more calories we burn. When we work out our metabolism stays at an elevated level for about 24 hours. So if you work out every 24 hours then you'll keep your metabolism at a higher level than normal and you'll burn more calories. If you cut



down the number of workouts you won't be keeping your metabolism elevated as much.

So now you have an easy routine to follow. And it is easy since you control how much effort you need to put in by how much weight you put on the machines you use or the free-weight bars or dumbbells you're using.

Many of you may have never been in a gym before. You might look in and see all kinds of funny looking machines and not have a clue about what to do. That's okay. It's the same for everyone at first. Don't worry. Just ask the people who run whatever gym you go into that you need some help. Tell them that you want three different things to do to exercise your biceps, for exam-

ple and they'll show you. Same with any of the muscle groups.

And they'll show you how to use any of the machines including the aerobics machines. Believe me, they want you to become a regular member and you're only going to do that if you feel comfortable with what you're doing. And if they're not helpful for any reason then find a new gym.

That's a good reason why you should try out any kind of trial membership they offer. Your first pick for a gym might not work out and you don't want to be obligated to a long-term membership.

It's going to feel strange when you first start no matter where you are so be ready for that. Also be ready to be sore if you haven't been working out for a while or if it's your first time ever. Don't worry about it. Your muscles are going to hurt at first because you're not used to it.

Just be sure to not use too much weight. You're not trying to compete with Arnold. You're just there to get in shape so don't push yourself. If something feels too heavy then lower the weight you're using. And if I don't feel good on a particular day for whatever reason then I just don't go to the gym. There's no reason to push yourself unnecessarily. The last thing you want to do is strain something or hurt something which will then mess up your workout schedule.

In the next issue I'll give you some more detailed information on working out, some of the finer points that will help you. In the meantime, if you're serious about getting in shape but have some questions you can send an email to palmcoastmagazine@gmail.com and I'll try to help.

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2PM - 4PM: AMERICAN HONEY (COUNTRY)

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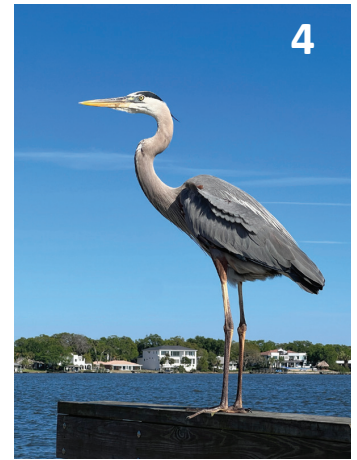
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Flora and Fauna

Check out some of nature's beauty in our own backyard



I believe time spent by the river is time well spent. Here are few of the birds I've seen that rely on our river for survival. Like humans, some are solitary and some prefer to be in groups.

1. Little Blue Heron
2. A pod of Brown Pelicans
3. Great White Egret and Snowy Egret
4. Great Blue Heron
- 5, 6 Juvenile Brown Pelicans enjoying a meal
7. Adult Brown Pelicans



Photos and text provided by Kim Zechowitz, an ardent local amateur photographer who has been shooting birds and other nature subjects for many years.

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The 2023/2024 Season May Be The Auditorium's Best Ever

BY JAMES MOORE

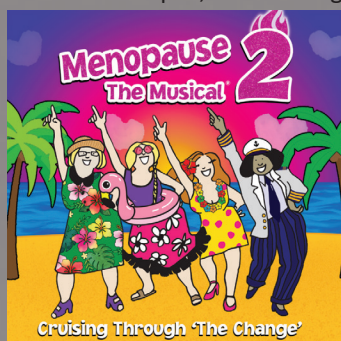
Located off Highway 100, attached to Flagler-Palm Coast High School, sits the newly renamed Fitzgerald Performing Arts Center at Flagler Auditorium. It's primary mission is to educate, enlighten, enrich, and expose the thrill of quality live performances to all who would come through their doors.

For the last sixteen years it has been run by Director Amelia Fulmer, a lifelong supporter of the arts and musical educator with a 30-plus year career here. With direct support of Flagler County Schools as a non-profit, the auditorium continues its mission to inspire education and cultural experiences.

This 2023-2024 season of acts will begin on October 29 and continue until next April. Tickets can be purchased for individual shows and yearly subscriptions are available that include many perks (see page 24). The following is a rundown of the shows with a description of the acts. Most show times are 7 PM but check each show to be sure.

Menopause 2: The Musical October 29

The internationally acclaimed Menopause the Musical sequel, "Cruising



Through The Change," is a ground-breaking celebration

of women who are about to go through, are going through, or have already endured "The Change" Menopause the Musical 2 is empowering women struggling with life changes by embracing one another and the journey ahead, in its first year on tour.

Originally premiering in Orlando, Florida, it ran Off-Broadway for four years, and has been played in the Harrah's Hotel and Casino on the Las Vegas Strip every night, making it the longest-running musical in the city's history. Menopause the Musical has been seen by more than 17 million people. It has performed in every state in North America, more than 500 locations worldwide, and has been performed in nine different languages.



US Navy Band Commodores Jazz Ensemble November 3

Founded in 1969, this group, comprised of 18 US Navy sailors, has been perpetuating the big band jazz tradition for fifty years. Members cyle in and out of the group every few years, keeping the music fresh but familiar.

The Commodores are highly regarded both by music reviewers and concertgoers alike across the country. Traditional big band music, thrilling jazz

vocal arrangements and brand-new instrumental music are composed for the current generation in their shows.

This vivacious, energetic musical group is always pursuing musical excellence as well as novel and intriguing methods to engage their fans. Serving their country through musical entertainment, witnessing their performance will be a rare treat.



Almost Abba November 18

ALMOST ABBA is a completely costumed and choreographed ABBA tribute band formed in 1997 Canada. They moved to the US and have performed on cruise ships, in clubs, stadiums, resorts, and casinos while on tour in eleven different countries. They cater to the nostalgia of ABBA fans in an interactive performance and a welcome performance for the whole family.

Legend 2 Legend Show: The Music of Billy Joel and Elton John – November 24

A unique experience one might have to go to the House of Blues to see can be found here in Palm Coast. A combination act between Turnstiles, a Billy Joel Tribute Band, and Greggie and the Jets, an Elton John Tribute band, brings together a musical experience



brought to the world by the two top piano men. Embrace your nostalgia and sing along to all the timeless hits ranging from the 70s till now.

One Christmas Night in Memphis – December 7

The critically acclaimed and most popular tribute to the legendary artists Carl Perkins, Johnny Cash, Jerry Lee Lewis, and Elvis Presley is called One Night in Memphis. It was created and directed by John Mueller and features former members of the Broadway hit "Million Dollar Quartet." Genuine rockabilly, country, gospel, and 1950s rock and roll. The show has an expanding record



of sold-out appearances, rave reviews, a strong social media following, and sold-out performances. Experience rock and roll royalty while listening to music and seeing performers whose skills have endured the test of time.

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The Silhouettes: the Light of Christmas – December 15

The Silhouettes, America’s top shadow-dance company, was founded and is led by Lynne Waggoner-Patton. They were Golden Buzzer winners on America’s Got Talent in 2020 and have appeared in TV commercials and designed corporate events for many Fortune 500 Companies. Get into the spirit of the season with the whole family for “The Light of Christmas” show.



Navy Band Southeast Holiday Show – December 17

Not to be confused with the Commodores, this group specifically performs along the Southeastern United States. Formed in 1995 by the US Navy and stationed in NAS Jacksonville, this 45-person band is made up of professional musicians committed to high performance. These sailors put on more than 300 shows every year. At least one will be at Flagler Auditorium, so do not miss out.

The Texas Tenors January 10, 2024

First appearing on America’s Got Talent: The Champions, The Texas Tenors have made a

name for themselves following this performance. They have amassed a fan base of over half a million social media followers and more than 20 million combined views on YouTube. Ranked in Billboard Magazine as the number 10 Classical Artist in the World, they are regarded as the most success-



ful touring act in America’s Got Talent history according to their tremendous live ticket sales, which Pollstar tracks with over 1400 live performances.

The Greatest Love of All Staring Belinda Davids: A Tribute to Whitney Houston January 20

This two-hour production will fill audiences with joy, nostalgia, and wonder as it takes them on a heartfelt journey through Houston’s greatest hits. The Greatest Love of All has wowed audiences across the UK, Europe, the Middle East, Asia, South Africa, Australia, and New Zealand and continues to gather glowing



reviews worldwide. Be stunned by the breathtaking vocals of Belinda Davids with a live band, backing vocalists, and choreographed dancers, plus state-of-the-art sound, lighting, vision,

and theatrical effects. This special once-in-a-lifetime event will leave audiences wanting more and talking about it for years.



Human Nature: Back to the Sound of Motown as Presented by Smokey Robinson January 26

Starting as a high school boy band in Australia, Human Nature was signed to Sony after performing an acapella version of “People Get Ready,” to the label’s CEO. This four-man band has gained a reputation as one of the world’s finest pop-vocal groups today.

Playing for the last two decades, with 13 studio albums under their belt, they have accumulated 27 platinum awards and at least 2.5 million sales.



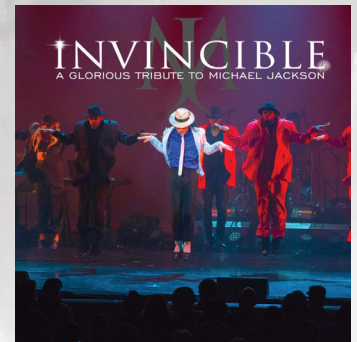
The Bronx Wanderers January 31

The Bronx Wanderers have been performing for over 16 years. They have toured the entire country headlining festivals, PACs, and casinos. They are the first and only act to have opened for Tony Orlando and Danny Aiello, supporting Dean Martin’s daughter, Deana, for multiple performances, and singing the national an-

them for the New York Rangers at Madison Square Garden. They support St. Jude’s Hospital and several veteran and armed forces charities. Contribute to charity by enjoying a popular live performance.

Invincible: A Glorious Tribute to Michael Jackson February

A show held in memory of the legendary performer Michael Jackson, the production aspires to pay honor to Michael Jackson’s influential



career and reproduce the passion, talent, and magic of his concerts. Comprised of a group of performers who accurately mimic Michael Jackson’s dance routines, vocal style, and stage presence are featured in this tribute band. They frequently sing his most well-known hits while donning costumes that are similar to Jackson’s well-known ensembles.

Stayin’ Alive: One Night of the Bee Gees – February 14

Stayin’ Alive, a Bee Gees tribute band, presents the sounds

Season Subs Now Available

If you like the lineup that the auditorium is presenting this season and you’d like to attend every show — in style — then you should look into purchasing a season subscription.

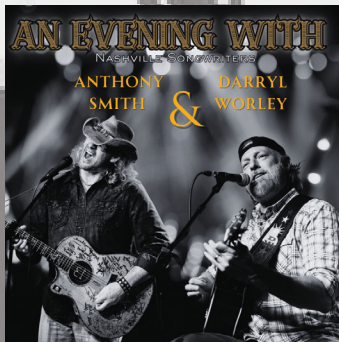
There are many benefits, including the fact that part of the purchase price is tax-deductible (the auditorium is a non-profit entity). And there are many benefits that go along with a subscription including



and images of a complete Bee Gees play list, singing all the hits as well as softer literary ballads. The biggest and most comprehensive production, Stayin' Alive offers stunning images and big-screen video snippets. Stayin' Alive has performed in large venues with a 62-piece orchestra as well as small clubs with a six-member band. Both formats offer a unique and one-of-a-kind experience for the audience.

An Evening with Anthony Smith and Darryl Worley: Nashville Songwriters
February 16

American country music performer and composer Darryl



Subscriptions Available

premium seat selection, reserved parking, private backstage visits and other features.

Call the auditorium box office at 386-437-7547 and you can get all of the details you need to start enjoying great entertainment for the whole season. The first show takes the stage on October 29 as the musical "Menopause" comes to town so don't wait too long to get your annual subscription.

Worley released his debut album, "Hard Rain Don't Last," in the early 2000s. Singer and songwriter Anthony Smith specializes in country music. Smith first pursued a career as a songwriter in the early 2000s before switching to recording artist, receiving acclaim of his own. With their combined talents, the audience is in for a wonderful and heartfelt experience.



Fouever Fab and Sixtiesmania: A Journey Through the '60s
February 22

The music of the 1960s is truly celebrated in Sixtiesmania. Founded in Australia by Andrew Hill, Sixtiesmania has traveled the world honoring the music of the 1960s.

Andrew started off as a left-handed Paul McCartney "sound-alike," and has since entertained tens of thousands of people each year in more than 15 nations for the past 20 years. With English-made tailored suits, a full multimedia backdrop, vintage instruments, a song library of over 250 songs, amazing musicianship, and vocals. Every song is performed to sound as authentic to the time era as possible. Whether embracing nostalgia or introducing music to the younger generation, there is something for everyone here.

B2wins Music: Reimagined
February 27, 2024

Twin brothers Walter and Wagner Caldas make up the musical duet known as The B2wins (short for "Brazilian Twins"). They are renowned for their upbeat live performances



and distinctive fusion of musical styles that includes parts of rock, pop, funk, and classical music.

They frequently use their multi-instrumental abilities, which include the violin, guitar, and drums, among other instruments.

The Doo Wop Project
March 23

The Doo Wop Project started on a street corner with five males singing harmony and now perform the most popular songs on the radio. The Doo Wop Project's spectacular performances take audiences on a musical journey that starts



with classic songs by the Crests, Belmonts, and Flamingos and continues with the vocal prowess of Smokey Robinson, The Temptations, and The Four Seasons before ending with "DooWopified" renditions of contemporary hits by Michael Jackson, Jason Mraz, Maroon 5, and Sam Smith.

Daybreak: The Music and Passion of Barry Manilow
April 13, 2024

DAYBREAK performs timeless favorites like "Mandy," "Can't Smile Without You," and the foot-tapping beat of "Copacabana," among others, un-

der the direction of seasoned musician and skilled pianist Joe Hite. As this 8-piece band flawlessly showcases the music and passion of Barry Manilow while preserving the music for future



generations to enjoy, you won't believe your eyes or ears.

Seating a thousand people, the auditorium offers the chance to enjoy nationally touring Broadway acts, cultural programs, big band music, family theater, symphonic, and celebrity entertainment. Generally supported through ticket sales, grants, fundraisers, and generous donors, are all the shows mentioned in this article able to come to your local theater. All of this is not just for our benefit as audience members, either.

The auditorium continues to give back in the form of scholarships for students every year, as far back as 1997. Through Director Fulmer's influence as a leader and educator, more than 200 hundred local students have had the opportunity to perform at the Auditorium.

With the hard work of the rest of the Auditorium staff, and donors such as local businesses Highjacks, Flagler Radio, and the Palm Coast Observer, a community is built around the arts. Add your support for artists and performers, as well as the next generation of students through ticket purchases, volunteering, or subscription options, all found on the Auditorium website. New acts are hosted here every year for you to enjoy.

Selection Of The Month

The Garden Club Of Palm Coast's monthly garden by Nancy Iandoli



Luisa and Faustino Rosas of New Leatherwood Drive have been recognized as the September 2023, Selection of the Month by The Garden Club at Palm Coast.

Originally from Baja, Mexico, they were living in San Jose, California and then moved to Palm Coast six and a half years ago. Luisa's grandmother and mother were gardeners. Luisa designed her entire landscape and brought a lot of her plants and beautifully decorated pots from California.

Located on a corner lot you see so much beauty and color all around such as five types of Miami supreme gardenias, California gold bougainvillea, iceberg roses, Miss Francis crape myrtle (lipstick red), bot-

tlebrush tree, bird of paradise, yellow azalea, bleeding hearts, glory bower, plumeria and so much more.

The front entry way leads you into a large, beautiful courtyard showcasing orchids, cactus, various begonias, bromeliads, water fountain, geraniums, crotons, red and pink mandevillas, various palm trees, and different kinds of ferns used in arrangements.

In the back fenced in area she has many fruit trees: figs, lemons, limes, oranges, guava, papayas, olive bush, dwarf avocados, alfalfa, Japanese persimmon, hot and sweet banana peppers, several herbs: chives, parsley, cilantro, bay leaf, lemon and German thyme, rosemary, oregano and three kinds of mint.



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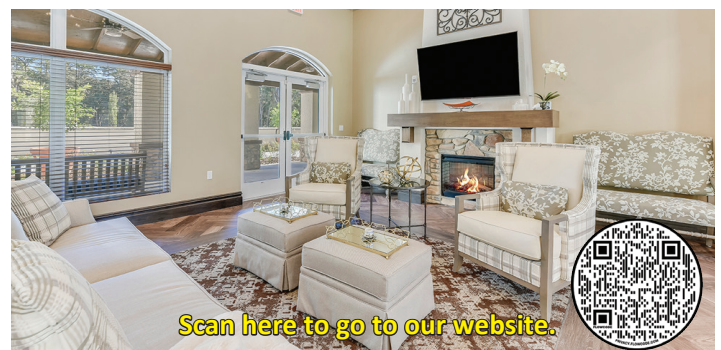


We deliver elevated Assisted Living and Memory Care lifestyle choices in the heart of Palm Coast.

Tuscan Gardens of Palm Coast is a 17-acre, meticulously planned senior living community offering extensive resort-style services and amenities combined with compassionate care. Surrounded by wooded conservation and located just a mile from the Atlantic Ocean, residents and their families will experience the beauty of natural Florida and the conveniences of nearby shopping, restaurants, and entertainment.

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tuscangardens.com/communities/palm-coast
650 Colbert Lane, Palm Coast



Homeowners Corner

The lowdown on gutters and how they help your house

You might call gutters the “unsung heroes of your home”. Without gutters you could be setting yourself up for a multitude of serious, and potentially expensive problems.

With all the heavy rains in Florida, you would think gutters would be an essential feature of every home. On the contrary, most homes in Florida are built with little to no guttering. With the sandy soil in Florida and the quick drainage of most yards, many homeowners do not see any standing water and therefore, believe there is no problem.

People may not compliment you on your beautiful gutters, but they will admire your landscaping. If you love gardening, or have had expensive landscaping installed around your home, rainwater from your roof can wash away soil faster than just falling rainwater.

While Florida homes typically do not have a basement, your concrete slab foundation will be compromised over time due to water getting underneath it and eroding the concrete. Having gutters installed will also redirect water away from windows and doors and can provide up to 6” of additional shielding of your windows and doors allowing decreased drying times after a heavy rain. While redirecting water away from your home is the most important reason for gutters, they also aid in keeping your home clean and beautiful. They keep your siding looking newer and cleaner by decreasing splash back from grass and dirt,

For more information about gutters you can call Glenn Fletcher at Sunstate Gutters (see ad on page 14) in Bunnell at 386-225-9092. They can do anything you need for your house when it comes to gutters.

but they can also accent the architecture of your home.

Once you decide you need to add gutters to your home, you need to take the time to carefully choose a reliable company to install your gutters. Here are some of the key steps you should take to ensure that you are getting the best company available to install your gutters.

- Shop around for the best local company around. Read online reviews, ask your family members and neighbors for referrals. Look for local companies who are familiar with local weather conditions; they will understand what kind of extreme conditions your gutters will have to handle.

- Local roofers are also a great source for recommendations. Since most roofers in this area do not install gutters, they have a library of the best gutters installers available.

- Shop around and get a few estimates. Make sure that the



estimates are detailed. If a gutter company attempts to give you a quote over the phone, drop him. No reputable and trustworthy gutter company will do that. An experienced gutter contractor will send an estimator to your home to measure the length of your roofline so he can provide an accurate quote. Gutter sys-

tems should be custom built to fit your home’s roof. Quotes should include specific details,



drawings outlining where the gutters and downspouts will be installed and information for securing an installation date. You should also be provided with contact information so that you can easily reach them with any additional questions.

- Make sure that your con-

tractor is properly licensed and insured. Insurance should include workers compensation and liability coverage.

for your home.

- The best gutters for your home today are seamless be-

cause:

- They provide the best protection for your home. Seamless gutters only have joints/fasteners at the corners, so leaks will be minimal

- Seamless gutters have a longer lifespan and are much easier to maintain and are less prone to clogging.

- Make sure that your contractor offers downspouts that are capable of keeping water away from your home’s foundation.

- Ask your estimator what he believes is the best solution for your home.

- You may want to also discuss the installation of gutter guards with your estimator. If you are in a heavily wooded area or have several trees around your home, gutter guards will keep the leaves from clogging your gutters.

While gutter replacement may seem like an easy enough project for a homeowner to handle on their own, or maybe with a little help from friends, taking the time to find and hire a qualified professional to perform the gutter work to be done on your property is truly worthwhile.

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Gardening Tips

Flagler County's Green Expo is coming soon, by Judy Jean, Master Gardener

Are you ready to dive into a world of sustainability, learning, and greener living? Flagler County's eagerly awaited Green Expo is just around the corner, and it's bringing a day of knowledge, inspiration, and connections with experts in the field. Get ready for an unforgettable experience on September 14th at the UF/IFAS Flagler County Extension Office.

Discover Sustainable Living in Style

The Green Expo guarantees an immersive experience of sustainable living like never before. Picture yourself delving into discussions about water conservation, energy efficiency, and the art of sustainable gardening – all under one roof! With the backing of UF/IFAS Extension, the Green Expo has partnered with the St. Johns River Water Management District, Flagler County Professionals, and the Florida Department of Environmental Protection, the Green Expo presents an exclusive opportunity for homeowners.



als, the City of Palm Coast, and the Florida Department of Environmental Protection, making it your prime opportunity to embrace greener choices with flair.

Education Meets Engaging Dialogue

Get ready to participate in enlightening discussions led by

seasoned sustainability pros. Whether you're an inquisitive resident, a homeowner association board member, a manager, or a green industry professional, a wealth of insights awaits you. The Green Expo's educational sessions will take you on a captivating journey through topics that truly matter, equipping you with the knowledge to make eco-friendly choices in your daily life.

Unlock the Power of Roundtable Discussions

But that's not all — brace yourself for the highlight of the Green Expo: the roundtable discussions! Collaborating with the St. Johns River Water Management District, Flagler County Professionals, and the Florida Department of Environmental Protection, the Green Expo presents an exclusive opportunity for homeowners.

Imagine having the chance to interact directly with these eminent experts, firing away your most pressing questions about sustainability, conservation, and environmental protection. This is your platform to seek insights, share concerns, and engage in a meaningful dialogue that could shape the future of your community and the planet.



Your Questions, Their Expertise

Have questions about water management? Curious about energy-efficient practices? Eager to learn about sustainable gardening techniques? The roundtable discussions at the Green Expo are tailor-made for you. This unique interactive session is designed to bridge the gap between expert knowledge and community engagement, offering you a rare chance to tap into the minds behind impactful environmental decisions.

Join Us and Be Part of a Greener Future

The Green Expo isn't just an event — it's a celebration of shared enthusiasm and a commitment to a better planet. Whether you're attending the Green Expo itself or engaging in the roundtable discussions, you're stepping into a journey toward a sustainable lifestyle that starts right here.

Remember to mark September 14th on your calendar and get ready to be inspired. Join us at the UF/IFAS Flagler County Extension Office for an event that's all about making a positive impact, fostering community, and embracing the joy of sustainable living. Your journey awaits — we can't wait to see you there.

Calling All Green-Thumbed Enthusiasts!

Now, let's talk gardening. If you've got a green thumb and a heart that beats for plants, we've got a special opportunity that's just for you. Mark your calendars because the Master Gardener Volunteer class applications will be open from September 1st to October 31st. This is your chance to take your passion for gardening to new heights! But that's not all — classes are set to begin on January 11, 2024, and will run through April 18. Every Thursday, from 9 am to 3 pm, you'll get to dive into the world of gardening, with three exciting field trips along the way.

Apply Now for the Master Gardener Volunteer Class

Ready to get your hands dirty and learn all about gardening? Don't miss out on this fantastic opportunity. Apply for the Master Gardener Volunteer class today using the link: <https://tinyurl.com/FlaglerCountyMGV>. This is your chance to turn your gardening dreams into reality. For any questions in regard to the Green Expo or Master Gardener Volunteer Program please contact Judy at (386)437-7464 or jean.cjudy@ufl.edu.

★ **SAVE THE DATE** ★

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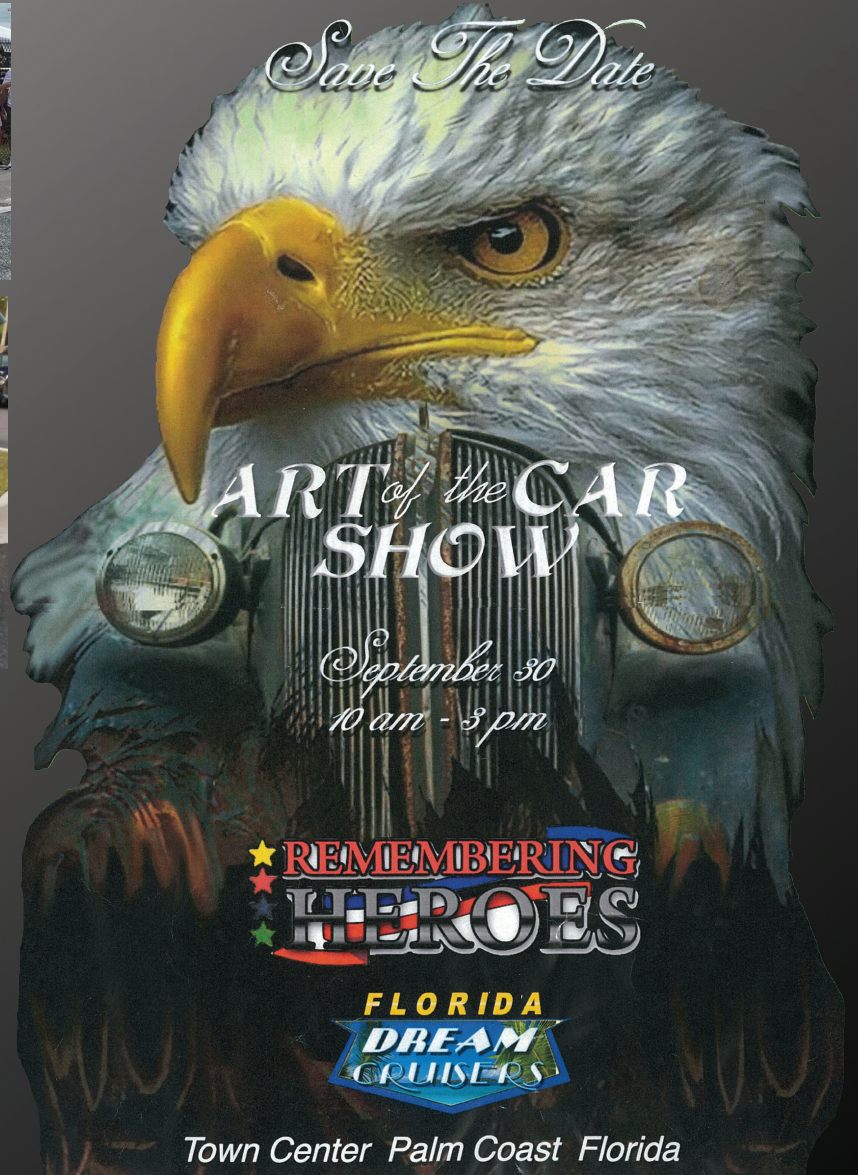
Tickets may be purchased in
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Contact for Ticket Donations:

Cathy Heigher at 386-931-8323

Ashley Skaer at 618-972-3950



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Comedy At Madcaps



HELMUT WYZISK, MYKE HERLIHY, LOIC ADJEVI.

Madcaps Comedy Club welcomes its audience with a literal red-carpet treatment and velvet rope stanchions. Its original location is down in New Smyrna beach, but Palm Coast is lucky enough to be home to its second location. Held in the City Market Place at 160 Cypress Parkway, across from Winn Dixie, it is an intimate venue that encourages audience interaction. Running the club is owner Adam Lowery, the host is Helmut Wyzisk and a small team of elite drink servers are quick with orders while never taking away from the experience. It does not stop at excellent customer service. Madcaps offer comedic opportunities for anyone despite how far along into their career. Their website offers slots for major headliners, to open mic nights for locals who might want to try their hand at comedy. The performers who graced the stage at the end of August were Helmut (also a comedian), Jacksonville native Loic Adjevi, and headliner Myke Herlihy. Each of them presented a welcoming

and friendly demeanor for the appreciative audience. Opener Loic is a Master's graduate in Speech Pathology at the University of North Florida. Much like any comedian, he uses his personal experiences with this expertise into jokes unique to his perception. Example: a classmate from Korea learning Japanese...in Florida. The headliner, Myke, is the self-proclaimed loveable jerk. Having traveled across the country for performances, his set offers the familiar "Florida is crazy" humor that always hits home, as well as a bevy of parental humor being the father of two boys. Both performers offer a positive experience to the venue. Having had the chance to speak with them after the show, their humor extends to their friendliness and humility off stage. Be sure to log on to the Madcaps website and see who the next performer visiting our little town will be. — James Moore
Madcaps Comedy Club, City Market Place, 160 Cypress Point Pkwy, 386-957-3205



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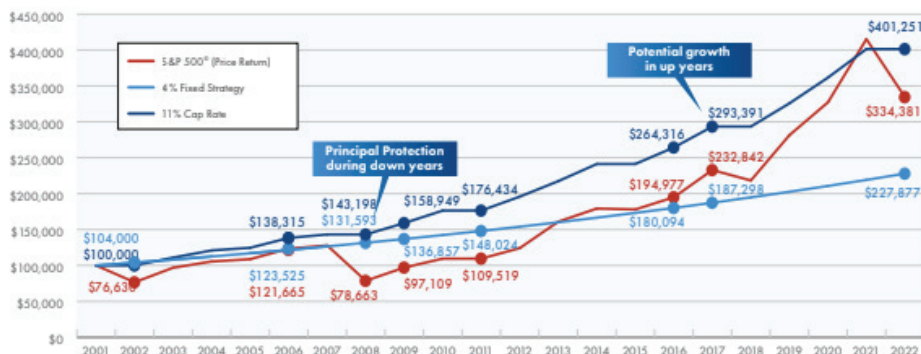
Areas of interest that could be included:

- Surviving market corrections
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- Annuities - fixed/Index/VAs
- Investing for income Corporate/municipal bonds
- Retirement planning
- Estate planning
- Policy reviews - All Insurances
- Precious metals - Gold/Silver Numismatic coins
- Disability insurance
- Long term care insurance
- Dental insurance
- Vision insurance
- Final expense insurance
- International travel medical insurance
- Critical illness insurance
- Life Insurance - term/Whole Universal

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*Assumes a hypothetical investment of \$100,000 directly in the index and uses the annual point-to-point method based on changes in the S&P 500® to calculate the indexed rate for each term. Assumes no withdrawals. This example is for informational purposes only and is not indicative of past performance, nor intended to predict future performance of any specific product. Withdrawal charges may apply to an annuity. Interest earnings in an annuity are not taxed until withdrawn. Annuity withdrawals and distributions may be subject to income tax and, if withdrawals or distributions are taken prior to age 59½, a 10% federal penalty tax may apply.

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Live Music In The Area

Upcoming shows at the St. Augustine Amphitheatre.

Sept 8 — Zach Williams with special guest Consumed By Fire

Sep 21 — Brett Young with special guests Jake Scott & Griffen Palmer

Sep 23 — Yonder Mountain String Band, Railroad Earth, and Keller & The Keels

Sep 27, 28 — Whiskey Myers with special guests Southall and The Weathered Souls

Oct 04 — Alice Cooper

St. Augustine Amphitheater, 1340C, A1A S., St. Augustine 904-209-3746



Scan here to go to the website.



Zach Williams



Whiskey Myers

Looking to the south, the **Daytona Beach Bandshell** has a star-studded lineup of tribute bands into September, taking you back to the glory days of some of your favorites.

Sept 1 — Man in the Mirror: Michael Jackson Tribute

Sept 2 — Rocket Man: Elton John Tribute

Sept 16 — Let it Be: The Beatles Tribute

Sept 23 — Completely Unchained: Van Halen Tribute

Sept 30 — Wall of Echoes: Pink Floyd Tribute

Daytona Beach Bandshell 70 Boardwalk, Daytona Beach 386-239-6625



Scan here to go to the website.



Rocket Man
Elton John Tribute



Man In The Mirror
Michael Jackson Tribute

European Village Live Music In September

Friday 9/1 Live Music Centerstage Mike & Vin 7-10

Saturday 9/2 Ian Opalinski 7-10

Tuesday 9/5 Ash & Ale Cigar Notes Series, live music 6-9

Thursday 9/7 B Building Collab series Ash & Ale and Cork & Pint Clayton, Sturgeon 6-9

Friday 9/8 The Sand Sharks 7-10

Saturday 9/9 Ataraxis Experience 7-10

Tuesday 9/12 Ash & Ale Cigar Notes live music 6-9

Thursday 9/14 Karaoke 2nd and 4 th Thursdays at Cork & Pint 7-11

Friday 9/15 Clayton Sturgeon 7-10

Saturday 9/16 Full Circle Trio 7-10

Tuesday 9/19 Ash & Ale Cigar Notes live Maui. 6-9

Friday 9/22 Mike Hynes 6:30-10:30

Saturday 9/23 Singing in Vain 7-10

Thursday 9/28 Karaoke 2nd and 4 th Thursdays at Cork & Pint 7-11

Friday 9/29 Live music centerstage w/ 80s with Shawn and Bill 7-10

Saturday 9/29 Live music centerstage w/ Joel Dennis on Sax 7-10

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Flagler Artists

The stained glass art of Dr. Lee Richards, by James Moore



Walking into the home of Lee Richards, Ph.D., one is awash with a rainbow of light. A scarlet macaw about to take flight off a jungle branch. A pod of dolphins out-swimming an oncoming wave. A pair of manatees serenely floating towards a turtle on the ocean floor. A bright blue peacock surrounded by pink flowers, to name a few original pieces that adorn Dr. Richards's home. And every one of them has received an award.

Approximately forty years ago, Dr. Richards attended his first stained glass class, after being told he needed a hobby. During that first class, he discovered he had a proclivity for it. "Stained glass is the perfect art medium because it blends creativity and artistic ability with engineering," he says. The second project he ever did was a floral lamp he keeps in his living room.

At that point, he had been running his own architectural firm in Maryland. And after working there for twenty years, Dr. Richards returned to academia. He was a chief facility officer for Morgan State University in Maryland, University of Alaska, Embry Riddle, as well as Tulane University in Louisi-

ana.

Twelve years ago, he retired and moved to Palm Coast and more fully embraced his choice of medium.

Of the multiple art associations found in Flagler County, Dr. Richards opted to produce pieces for the Flagler County Art League. Each piece followed the league's theme that month. He was the only artist that worked in stained glass. The league, sadly, did not recover after COVID, but Dr. Richards continued producing his pieces. Working entirely out of a small studio room at the back of his house, almost the size of a closet. It is from this humble workstation; he received the aforementioned accolades and articles written about him. One can find them in national magazines like *Glass Art* magazine and the Stained Glass Association of America.

He continues to take commissions, often having a few lined up. But the pieces take time. Unfortunately, he cannot make it his sole source of income. Dr. Richards works full time for Flagler County and completes his pieces during off hours and on weekends.

Each of his pieces he prices at a few hundred dollars, and is

well below their true cost, considering labor and the cost of equipment. A major factor here is job satisfaction. Dr. Richards wants his art to be more affordable so more people can enjoy it. It is this same satisfaction that keeps him working for the county. Some areas experience regular flooding; estimated 130 homes affected by the last two storms.

And through Dr. Richards's work, Flagler has gained approximately \$6 million in grant money to help our neighbors.

A more recent labor being done for his neighbors is also the biggest commission he has ever taken on. A new church is being built off the corner of Matanzas and Belle Terre, near the Dollar General on your way

to I95. This church approached Dr. Richards to produce a massive stained glass window for all parishioners to enjoy.

Dr. Richards is the idea of a professional artist. Using his engineering skills such as precision and attention to detail, his art speaks for themselves. Primarily working in landscapes and the themes Florida and never in the abstract, Dr. Richards takes great time and care into the perfection of each piece.

You can find Dr. Richards's catalogue on his website. And pay attention to any announcements coming from the Methodist Church off the corner of Mantanzas and Belle Terre. See for yourself just how much of a talent Palm Coast's Dr. Richards is.



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Parks And Recreation In The City

The city of Palm Coast has no shortage of green spaces and recreation areas as you will find with a little exploring. We decided to make it a little easier to find a place that's perfect for your recreation, reflection and relaxation needs. The following list shows the major playground spots as well as parks, sports facilities and nature preserves. We visited each of these places and found them all to be well-maintained and easily accessible so don't hesitate to avail yourself of the amenities they offer.

Belle Terre Park • 339 Parkview Dr.

This park, located behind Wadsworth Elementary and Buddy Taylor Middle Schools, offers soccer fields, tennis and racquetball courts. Due to its proximity to the two schools, students often benefit from the park's recreational opportunities.

Parking • Pickleball • Picnic Shelter • Playground • Raquetball Restrooms • Soccer • Tennis



Bird of Paradise Nature Reserve • 179 Bird of Paradise Drive

A passive park providing the Indian Trails neighborhood residents a place to relax and enjoy the beauty of nature. This quiet spot is peaceful and it's also popular with fishermen.

Fishing



Central Park in Town Center • 975 Central Avenue

Drawing inspiration from towns and suburbs built in the early 20th century, this nine-acre urban park is situated in the heart of Town Center, Palm Coast's downtown area.

Geocaching • Parking • Restrooms • Walking



Children's Memorial Garden • 150 Waterfront Park Road

Nestled in the shade of old oak hammocks along the Intracoastal Waterway scenic trail just north of Waterfront Park, this special place serves as a peaceful sanctuary for all to rest, reflect and recall.

Parking



Community Center & Park • 2860 Palm Coast Parkway

The Palm Coast Community Center is the home for the Parks and Recreation administrative offices. It also serves as the host location for the Palm Coast City Council Business Meetings, advisory committee meetings, recreation programs and activities.

Basketball • Parking • Playground • Restrooms



Heroes Memorial Park • 5455 Belle Terre Parkway

Those in the military and law enforcement who have served and sacrificed for our country now have a place to be honored. Each Memorial Day, Veteran's Day and Fourth of July memorial services are held in this park to recognize those who have given their lives in the line of duty. Branches of the military are honored with engraved granite monuments of these names, along with a Purple Heart Memorial.

Geocaching • Parking



Indian Trails Sports Complex • 5455 Belle Terre Parkway

Host site of local, regional and state Lacrosse and Soccer Tournaments, the ITSC/ITMS site provides visitors with exceptional athletic facilities conveniently located off major transportation routes.

Baseball • Lacrosse • Parking • Picnic Shelter • Playground Restrooms • Snack Bar • Soccer



James F. Holland Memorial Park • 18 Florida Park Drive N

Holland Park is an important recreational and social hub in the community. Dog park and bocce ball courts attract residents to this most popular destination in the Palm Coast community.

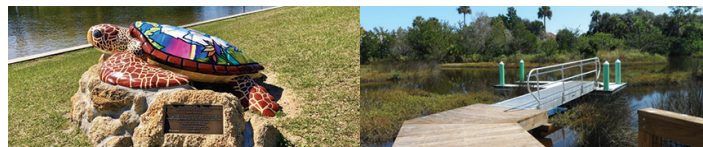
Baseball • Basketball • Bocce Ball • Dog Park • Lacrosse • Parking • Pickleball • Picnic Shelter • Playground • Restrooms Shuffleboard • Soccer • Tennis • Volleyball • Walking



Long Creek Nature Preserve • 1050 Palm Harbor Parkway

Long Creek Nature Preserve is the newest jewel in the City of Palm Coast's park system.

Canoeing • Elevated Boardwalk • Fishing • Floating Boat Dock Hiking • Kayaking • Parking • Wildlife Viewing



Palm Coast Aquatics Center • 339 Parkview Drive

Heated pool with lanes available for lap swimming. There are plenty of lessons offered here for everyone from kids learning to swim to senior citizens doing aquatic exercise classes. Check out their schedule on the city's website.

Parking • Picnic Shelter • Restrooms • Swimming



Palm Coast Tennis Center • 1290 Belle Terre Pkwy

The Palm Coast Tennis Center, a 2010 USTA Facility of the Year Award Winner, offers 10 Hydro-grid clay tennis courts lighted to tournament standards. Leagues, lessons, events, tournaments and programs for players of all ages and abilities are offered.

Parking • Restrooms • Tennis



Ralph Carter Park • 1385 Rymfire Drive

Ralph Carter Park, adjacent to Rymfire Elementary School extends across 13.1 acres of land. It offers visitors lighted multi-sports fields, a mini skate park, a lighted basketball court, walking trail, playground, bar-b-que grills and restroom facility.

Basketball • Parking • Picnic Shelter • Restrooms Skateboarding • Soccer



Seminole Woods Neighborhood Park • 350 Sesame Boulevard

Seminole Woods Neighborhood Park creates an active, social environment for our visitors. The variety of recreational opportunities appeals to children, adults and seniors, making it a favorite family destination.

Geocaching • Parking • Picnic Shelter • Playground • Restrooms Soccer • Tennis



St. Joe Walkway/Palm Coast Linear Park • 31 Greenway Court

Nestled between the eastbound and westbound lanes of Palm Coast Parkway, Linear Park's 57-acre jewel features many amenities for all to enjoy, including a playground, picnic pavilions, hiking and biking trails and bird watching.

Biking • Bocce Ball • Geocaching • Hiking • Parking • Picnic Shelter • Playground • Restrooms • Shuffleboard • Walking Wildlife Viewing



Waterfront Park/Intracoastal Waterway • 150 Waterfront Park Rd

Waterfront Park is the only city-owned waterfront property along the Intracoastal Waterway. This large waterside park never seems to be crowded and offers a variety of activities for nature lovers.

Biking • Fishing • Geocaching • Parking • Picnic Shelter Playground • Restrooms • Walking • Wildlife Viewing



Events, Meetings, Classes, etc.

Events

Palm Coast Farmer's Market
August 6, 13, 20, 27 @12-4 PM, European Village, 101 Palm Harbor Pkwy, Vendors include sellers of seafood, meats, dairy products, nut butters, many varieties of crafts and a lot more every Sunday.
First Saturday Creative Bazaar Arts & Crafts Market
August 5, 1500 Central Avenue, Town Center. Produced by The Palm Coast Arts Foundation, this is a bazaar

and flea market featuring arts and crafts every first Saturday of the month.

Book Club
September 1, 10:30-11:30 AM, first Friday of the month, Palm Coast Community Center, free. Do you love to read? Each month will have a designated genre. You select and read a book that falls within the monthly category. Book suggestions are available on our website if you need a little help. That month we will meet to share our impressions, reactions, and

feelings. June: Reader's Choice. Go to www.parksandrec.fun/adults to sign up.

Flagler County Orchid Society
August 24, 7 PM, Trinity Presbyterian Church, 156 Florida Pk Dr. Every meeting FCOS features orchid species and care. Anyone can grow orchids. Let us show you how at our next meeting. Dr. Courtney Hackney, orchid specialist will be present. FB/flaglercountyorchidsociety.org

Friends of The Library Book Sale
September 9, 2023, 9 AM to 2:30 PM, Flagler County Public Library, 2500 Palm Coast Pkwy. Fiction, non fiction, hard and soft cover, children's, young adult, puzzles, DVDs, coffee table books for sale. Contact: Connie Hussey 386-283-4618 or email at friends@friendsofthelibrary.org

Texas Roadhouse Events

September 12, 2-8 PM, First Baptist Christian Academy Fundraiser. Mention the fundraiser to your server to donate 10% of your check back to FBCA.

September 19, 2-8 PM, Wadsworth Elementary School Fundraiser. Mention the fundraiser to your server to donate 10% of your check back to WES.

September 26, 2-8 PM, Rymfire Elementary School Fundraiser from 2-8pm at Texas Roadhouse Palm Coast, mention the fundraiser to your server to donate 10% of your check back to RES.

September 26th, 5-8 PM, Community Kids Night, Come join the fun and meet community partners, let the kids play games, get free face painting, enjoy corn hole, and give-

Marine Corps Detachment 876 Flagler County

Meetings are the 3rd Tuesday of each month.
 The VFW Post 8796
 47 Old Kings Road North
 Palm Coast, FL 32137
 Meet and greet and pizza party at 1715 hours.
 Meeting starts at 1800 hours.

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First Release By Palm Coast Author Charlotte Hacker.

Watch for local book signing events to come in September. You can order your hardcover copy now from the list of retailers below.



Elizabeth and Eric were a young couple in love. They could not have been happier when they discovered they would have a child. Unfortunately, their happiness did not last long when Elizabeth's mother, Lisa, learned about the pregnancy. Lisa set out to destroy their relationship by forcing her daughter to do the unthinkable. Eric's life suddenly changed forever as his world was ripped away. But Eric could not stay quiet; he came for revenge.

Scan here to see it on Amazon.



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Menopause The Musical 2
Cruising Through 'The Change'
Oct. 29, 2023 - 2:00 PM



United States Navy Band
Commodores Jazz Ensemble
Nov. 3, 2023 - 7:00 PM



Almost ABBA
Nov. 18, 2023 - 7:00 PM



Legend 2 Legend Show:
The Music of Billy Joel & Elton John
Nov. 24, 2023 - 7:00 PM



**One Christmas Night
in Memphis**
Dec. 7, 2023 - 7:00 PM



The Silhouettes:
Light of Christmas
Dec. 15, 2023 - 7:00 PM



Navy Band Southeast
Holiday Show
Dec. 17, 2023 - 7:00 PM



The Texas Tenors
Jan. 10, 2024 - 7:00 PM



The Greatest Love of All
*Starring Belinda Davids:
A Tribute to Whitney Houston*
Jan. 20, 2024 - 7:00 PM



**Human Nature: Back to the
Sound of Motown as Presented
by Smokey Robinson**
Jan. 26, 2024 - 7:00 PM



**The Bronx
Wanderers**
Jan. 31, 2024 - 7:00 PM



**Invincible: A Glorious Tribute
to Michael Jackson**
Feb. 3, 2024 - 7:00 PM



**Stayin' Alive: One Night
of the Bee Gees**
Feb. 14, 2024 - 7:00 PM



**An Evening with Anthony
Smith and Darryl Worley:**
Nashville Songwriters
Feb. 16, 2024 - 7:00 PM



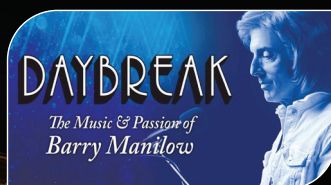
**Forever Fab
& Sixtiesmania:**
A Journey Through the '60s
Feb. 22, 2024 - 7:00 PM



B2Wins Music:
Reimagined
Feb. 27, 2024 - 7:00 PM



The Doo Wop Project
Mar. 23, 2024 - 7:00 PM



**DAYBREAK: "The Music
& Passion of Barry Manilow"**
Apr. 13, 2024 - 7:00 PM



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Events, Meetings, Classes, etc. from page 40

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dinner served. Tuesdays, doors open at 10 AM and free lunch is served. Call 386-445-1893 for more information.

Nara-Anon Group

Monday nights at 6 PM, St. Marks By The Sea Lutheran Church, 303 Palm Coast Pkwy NE, Palm Coast. Nara-Anon Groups are for those of us who are affected by a loved

Meetings

New Jersey Social Club

Social club for former New Jersey residents with a monthly meeting on the fourth

AARP Foundation

TAX-AIDE

Free tax assistance for those who need it most

AARP FOUNDATION TAX AIDE. FLAGLER COUNTY IS RECRUITING NEW VOLUNTEERS DURING THE FALL FOR THE 2024 TAX SEASON

To learn more about volunteer opportunities call (386) 243-5556 or email flaglerctytaxaide@gmail.com

Wednesday of each month. For more information, contact membership chair Penni Knapp at 386-931-5976.

Italian American Club Bingo

Mondays & Tuesdays, 45 Old Kings Road, doors open at 3 PM on Monday with free

one's addiction. Please enter through the side door next to the playground. We offer our help by sharing our experience strength and hope. For more information please call Nancy at 386-569-0417 and leave a message.

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Classes

Art Classes

All classes at Sherry's Art Studio, City Marketplace, 2nd floor, 160 Cypress Point Pkwy. Call 732-997-9516 for more information or see the website for a complete list at www.sherrysartstudio.info.

Sat Sept 2, 11 AM, XL Porthole Mirror, \$125.00

Sun Sept 3, 11 AM, Ocean Resin Pour Sea Glass Ornament/Suncatchers Set of 4, \$65.00

Sat Sept 9, 11 AM, O.A.R.S Fundraiser, \$75.00

Sun Sept 10 11 AM, "Ringo"

The Sea Turtle 2-ft Round Wood Surface, \$195.00

Sat Sept 16, 11 AM, Functional Art Sea Horse Side Table Workshop, \$150.00

Sun Sept 17, 11 AM, "Skittles" The Sea Turtle Peepin' Porthole, \$175.00

Mon Sept 18, 11 AM, Set of 5 Coastal Resin Ornaments, \$75.00

Fri Sept 22, 11 AM, Mantatee Painting, \$45.00, \$195.00

Sat Sept 23, 11am Functional Art Flamingo Halfmoon Table, \$250.00

Sat Sept 23, 11 AM, 12x24 Flamingo Painting, \$75.00

The **ST. AUGUSTINE BOOK FESTIVAL** will be held on September 2nd, September 9th, and September 16th from 10 AM to 4 PM at the Ximenez-Fatio House Museum, located in downtown St. Augustine. This event for locals and visitors alike will feature book signings, meet and greets with authors, presentations about their books, historic house tours of the 225+ year-old Ximenez-Fatio House Museum, as well as local attractions and vendors.



Scan here for info.



Multi-platinum two-time Grammy Award-winning Arkansas-born and Nashville-based maverick Zach Williams will be at The Amp in St. Augustine on September 8. Through a fusion of southern rock spirit and country soul, Zach creates music with an exterior which is worn down in the best way, but all heart underneath rough guitar riffs and gravelly vocals.

Business Functions

Palm Coast Business Professionals Network Meeting
September 7, 14, 21, 28 @ 7:30

AM, Coldwell Banker, St. Joe's Village, Weekly networking meeting of local business owners. Call Brad at 386-283-0955 for info.
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Events, Meetings, Classes, etc. from page 43



Alice Cooper pioneered a grandly theatrical brand of hard rock that was designed to shock. Drawing equally from horror movies, vaudeville, and garage rock, the group created a stage show that featured electric chairs, guillotines, fake blood and boa constrictors. He continues to tour regularly, performing shows worldwide with the dark and horror-themed theatrics that he's best known for. He'll be at The Amp in St. Augustine on October 4.

County

September 8, 8:30-10 AM,
Market Street, 2 Corporate Dr.
Networking breakfast. Call Nina at 845-531-1673 for more information.

Bold Ladies In Business

August, 5-7 PM, Rodie's Place,
5115 N. Oceanshore Blvd, Palm

Coast Networking event to benefit Live Like Cameron. See their Facebook page for more information.

Palm Coast Lions Club

September 10, 5:30 PM,
Lohman's Funeral Home. The Palm Coast Lions Club meets at 5:30 PM on the second Monday

7:29

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Public · Event by SMART - Saving Missing Animals Response Team



Brett Young has captured the hearts of fans everywhere through his honest lyrics and West Coast-meets-Southern sound, aptly dubbed "Caliville" style. With an undeniable string of seven number one singles and two albums defined by a transcendent romantic spark, he has cemented his status as Country's master over matters of the heart. See him at The Amp on September 21.

of the month at Lohman's Funeral Home in Palm Coast. Call Nina at 845-531-1673 for info.

BNI

August 7, 14, 21, 28, 8 AM, Elks Lodge Palm Coast. Business referral group that meets weekly to exchange business leads and referrals. Call 904-669-2337 for info.

Rotary Club of Flagler County

September 5, 12, 19, 26 @ noon, The Pine lakes Restaurant. Call 386-585-2198 for more information.

Leads Into The Future

September 5, 12, 19, 26 @ 9 AM, Carrabba's Italian Grill, 160 Cypress Park Dr., Weekly networking meeting of local business owners.

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Just So You Know...

Palm Coast magazine comes out the first week of every month and is available at these locations:

Carrabba's	VFW Hall
Community Center	Palm Harbor Golf Club
Shell Foodmart	Cut Up & Sew
County Government Bldg	City Hall
Flagler Auditorium	Wawa
Burger Bros	Fairfield Inn
European Village	Days Inn
Pine Lakes Golf Club	Microtel Hotel
African-American CC	Red Roof Inn
Texas Roadhouse	Econolodge
Dominic's Deli	Best Western Hotel
Garden Club	Hampton Inn
Public Library	Italian-American Club
Palm Coast Lanes	Imaging Center
Elks Lodge	Hilton Garden Inn
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Sherry Waldman is a published international artist bringing over 4 decades of art experience to Palm Coast. Her studio is a place where reality and fantasy meet and greet. 4,000 sqft of unbridled creativity. 3 classrooms, art supplies, murals, custom work, daily workshops and Open Studio.



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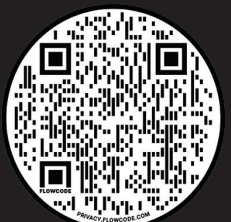
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