

Palm Coast

ISSUE #29

DECEMBER 2023



**Happy Holidays From
The House Of Christmas**

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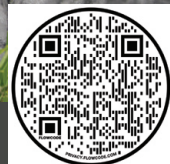
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Contents

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Palm Coast News.....6
 Local Happenings.....11
 Palm Coast People.....12
 Area Charities.....14
 Palm Coast History.....16
 Health & Wellness.....18
 Flora & Fauna.....20
 Cover Feature.....22
 Gardening Tips.....30
 Selection Of The Month...31
 Parks & Recreation.....32
 Live Music.....34
 Community Service.....36
 Flagler Artists.....38
 Events, Meetings, Etc.....40
 Advertiser Index.....46

It's the end of the year but only the beginning of a lot of new things happening with the magazine. First, we're finally going to sell annual subscriptions to the magazine. The final price hasn't been determined yet but will probably be around \$40 for 12 issues (one year) and you'll be able to go to our website at palmcoastmag.com and easily buy one there. Next, our aforementioned website is also (finally) getting an overhaul and will start to contain all kinds of information that until this point was only in the magazine. Now you can access all of the issues by downloading them from the webpage but soon you'll be able to read the articles on the website as well as access other information including videos, photos and maybe also podcasts, all, of course, focused on Palm Coast. And finally, the 2nd Annual Palm Coast yearbook will be published as our January issue so if you are part of a group, organization, club, non-profit, etc, then please make sure to send in a group photo so we can publish it in this special issue.

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— Tom Aikins, Publisher, Palm Coast magazine.

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News Of The Palm Coast World



Flagler County Veterans Day Celebration Draws Large, Enthusiastic Crowd

It was a banner day for Flagler County veterans as residents turned out by the hundreds to celebrate their service in the U.S. Armed Forces.

Starting the morning under cloudy skies there would be no rain on the first Veteran's Day Parade in 60 years in Flagler County, as families lined up along the route to wave American flags, among them, veterans.

"Since I retired from the Army back in 2016, I've been at every Veteran's Day Parade and

participated in a couple when I came back from Iraq in '04 down in Palatka. It means the world to me. I like to see a lot of people out here supporting our vets, because you know, we sacrifice so much away from our families. My daughter was born and I was in Korea at the time so I didn't get to see her born. It's just real hard on everybody that serves in the military. When people come out here and support us, it makes me feel good," shared Dwayne Dycus, who served in the US

Army from 1982 to 2016.

Representatives from veteran's organizations throughout Flagler County took part in the parade, along with area businesses and both high schools' Junior ROTC programs.

Serving as Grand Marshal for the Veteran's Day Parade, U.S. Congressman Michael Waltz was proud to see the support for the region's veterans and the excellence demonstrated by the JROTC units as they marched down Moody Boulevard through the county seat of Bunnell.

"We have more people overseas right now as we speak than the entire British, Canadian, and Australian Army combined. We have a sacred duty to them that are out there now and those who have served, to

take care of them," said Waltz. "It's one of the reasons I ran for Congress, was to make sure our veterans were taken care of. We're doing better but we're never doing good enough."

Waltz was candid about the role JROTC plays in forming future leaders in America.

"I'm pushing for better pay for the ROTC instructors. We got that in the last defense bill, and to expand the programs into more high schools, where our young people can learn leadership, discipline, and followership – all the things that made The Greatest Generation so great. What I love about it too is you get those positive role models, male and female veterans that are willing to serve something bigger than themselves, so I'm a huge Ju-





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nior ROTC fan," added Waltz.

No parade is complete without a marching band, and with none available in Flagler County to serve, Campbell Middle School in Daytona Beach stepped up to the plate to ensure the nation's veterans were honored after being contacted by Bunnell Police Chief David Brannon.

"We do anything for veterans. Anyone who gives back to this county, one hundred percent. You need a band, we'll be the band for you," said Band and Chorus Director Bree'Shawn Watson to Chief Brannon.

It was a teaching moment for the fifth through eighth grade students, according to Watson.

"This is our very first patriotic parade. The kids were really excited because we got a

chance to go over what it actually meant. We talked about the flag and broke it down to different pieces, what the stars and stripes mean, and we also got a chance to go over some music," said Watson.

"Anchors Away, we tried to have that prepared, it was so close but it was just so quick. They also learned about the different military songs and what the military actually does."

Bunnell Mayor Catherine Robinson was happy to welcome everyone to the city.

"This is a pinnacle moment for the city. What a wonderful event for our veterans, honoring them, and the turnout that we've had is incredible," said Robinson. "God sent this beautiful weather after it rained this morning, and it's just been a wonderful day."



Holiday Boat Parade To Grow This Year

Proudly holding its record-breaking status as the largest lighted boat parade in the State of Florida, The Palm Coast Holiday Boat Parade, sponsored by the Palm Coast Yacht Club, has announced important enhancements to the event which attracts viewers from all over the country. This year's Parade route will be expanded by more than a mile and shuttle bus service will be provided. Now in its 40th year, the parade will be held December 9, 2023, at 6 PM. As always, the parade is free to all.

To improve Parade access,



parking will be available at the Palm Coast Community Center and the Daytona State College campus, both on Palm Coast Parkway. Flagler County buses will shuttle viewers between designated parking and European Village. Lit parking signs will be posted between along the Parkway. Parking will also be open at Waterfront Park. As always, Parade viewers are advised to seek parking early. All parking and shuttle service is free and will be available between 4 and 9 PM.

This year the Parade will begin at Cochise Waterway, the city's northern-most cut to the Intracoastal Waterway, and head south. The parade will pass the Cimarron and Club House Waterways and sail under the Hammock Dunes Toll

Bridge past St. Joe Walkway and Waterfront Park. Boats will turn at the Gazebo in Grand Haven and return to home port.

The Parade will be held in honor of the late Al Krier, a long-time Parade champion and major community activist. At the head of the parade will be Krier's 18-foot Herreshoff Pilot which generously has been donated by his family to the Palm Coast Yacht Club. Grand Marshalls will be Palm Coast Mayor The Honorable David Alfin and Flagler County Sheriff Rick Staly. Carrying the Grand Marshalls will be "Sun-

shine," a 55-foot Viking owned by Club members Donna Heiss and Ken Mazzie.

Parade escorts include the Marine Unit of the Flagler County Sheriff's Office, the Florida Fish and Wildlife Conservation Commission, and TowBoatUS. The Florida Inland Navigation District is endorsing the event. Once again, the Parade will be broadcast live by Flagler Broadcasting on KOOL-FM, 100.9. The City is providing worldwide simultaneous live coverage on YouTube. Boat-er registration is now open at www.palmcoastyachtclub.com.

Says Parade Chair Sarah Ulis, "These enhancements will greatly enhance the entire experience for boaters and viewers alike. This year's parade will be the best ever."

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Area Master Plan for Recreation Approved by Parks Service

The City of Palm Coast, Flagler County, and the Tourism Development Office (TDO) are excited to announce a significant milestone in the countywide Parks & Recreation Master Plan project.

The Northeast Florida Regional Council (NEFRC), in partnership with the National Park Service, chose to review projects in Flagler County through its Rivers, Trails, and Conservation Assistance (RTCA) program, ushering in invaluable technical support to bolster its development and implementation. This initiative promises to elevate parks and recreational offerings across the Palm Coast and Flagler County.

The project took shape following a visionary collaboration between Palm Coast City Council and the Flagler County Board of County Commissioners, driven by the shared goal

of enhancing and improving the county's parks and trail systems. To bring this vision to life, consultant BerryDunn was hired to support the project, embarking on an extensive community engagement effort. This comprehensive process encompassed statistically valid mailed surveys, open link surveys, focus groups, leadership interviews, and the use of an interactive social engagement website. The heart of the community's input was trail connectivity, driving dedicated discussions and becoming a central focus of the project.

In response to the community's voice during this process, the project has immediately incorporated key recommendations derived from the input of local residents:

Enhancing Trailheads: Aiming to make trail entry points more accessible and inviting.



On November 6, representatives from the National Park Service visited with staff members and toured Palm Coast and Flagler County.

Uniform Signage: Implementing consistent wayfinding signage across parks and trails for improved navigation.

Closing Trail Gaps and Improving Wayfinding: Ensuring that missing trail sections are completed, and navigation support is enhanced.

Shade Improvements: Identifying areas in parks and along

trails where shade structures are needed, prioritizing safety and comfort.

More news will be forthcoming as the project develops but the bottom line is that this is a great opportunity for area residents who love outdoor recreation. For more information you can visit the National Park Service's website.

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Local Happenings



The Professional Women of Flagler County held their monthly meeting at the Market Street memory facility on December 1. See their Facebook page for more information on membership and monthly meetings.



Three exceptional students who attend Flagler Schools received Sheriff Rick Staly's "Great Kid Award" recently. Sheriff Staly presented the awards to two students on Monday, October 30, 2023. The third was presented by Investigative Services Division Chief David Williams.



The Palm Coast Fire Department is pleased to announce the recent addition of six new firefighters to its team. James Allison, Cole DiPatre, Joshua Gilliam, Izaiah Lee, Osvaldo Sene, and Doug Schenck successfully completed their new hire orientation.



Sixteen Palm Coast residents graduated from the 54th session of the Palm Coast Citizens Academy on November 7th at the City Council meeting. This session of the Palm Coast Citizens Academy began on September 25th and completed on November 6th.



The Knights of Columbus Corpus Christi Assembly 2810 and Santa Maria Del Mar Catholic Church recognized Palm Coast Fire Chief Kyle Berryhill with the Tony Gasparino "Lest We Forget Award." Mayor David Alfin also attended the ceremony.



The Al Krier Trail Dedication Ceremony took place on October 25, 2023 underneath the Palm Coast bridge. On what would have been Al's birthday, the City of Palm Coast unveiled a dedicated trail to celebrate his profound contributions to the community.



AdventHealth Palm Coast broke ground on construction of the Freytag Health Plaza recently. Named in honor of Palm Coast residents Peter and Sue Freytag, the Health Plaza will become a vital hub for cancer treatment, primary care and rehabilitation services.



Florida Power & Light Company recently awarded \$11,024 to the Flagler County Education Foundation as part of its statewide EMPOWERing STEM (Science, Technology, Engineering, and Math) Educators Program. This will support all 10 K-12 schools in Flagler County.

Palm Coast People

Johnathan Lord wants us to be prepared, not scared by James Moore

“Hurricane season” is a misnomer. It is a year-round occurrence that keeps the emergency responders of Florida busy, and Flagler County is no exception. Hurricane Ian in 2022 had the county’s Emergency Operations Center (EOC) full of county employees activated to address the needs of its citizens. At the helm was Jonathan Lord, the Emergency Management Chief.

A recent Flagler transplant, having moved here in December 2018, Jonathan has spent a collective 20 years in Emergency Management, starting as an EMT volunteer in high school in New Jersey. He earned a degree in Emergency Medical Services and worked as a Public Health Representative for the state of New Jersey.

Like every American alive that day, Jonathan’s life changed on September 11 th , 2001. “Everyone was impacted and we all re-evaluated our careers and what needed to be done next,” he says. He was re-assigned to New Jersey’s EOC and was immediately intrigued by coordinating such a varied group of disciplines from different departments.

What brought him to Florida was returning home after responding to an incident on the Jersey Turnpike. It was winter and he had to dig the county car out of the snow. Jonathan decided he wanted to live somewhere warmer. As a child, he had spent a few years living in Coral Springs and those memories brought him to Florida. Jonathan was bounced

around Florida to where he was needed: Dade County, Tallahassee, Palm Beach, before accepting a job in Flagler.

Prior to the move, his experience with Flagler was limited. He had visited for meetings and conferences and found the area charming. It had reminded him of his childhood in suburban New Jersey and was an area he wanted to raise his child.

It was an immeasurable change in work tempo for Jonathan, but a welcome one. Having worked at the state level in Tallahassee, he had missed the ability to help at a local level like he can here in Flagler. And the regular emergencies he responded to in Dade County made him an expert in keeping the people of Flagler safe.

Each square foot of the EOC

facility serves a purpose for responding to a disaster, or training for the next emergency. There are no storms near Flagler they are not aware of. Jonathan’s duties are to bring together the county leaders and workers and coordinate volunteers to address the needs of the community.

One example is the tornado that touched down in the B Section in October 2023. Within hours of the storm, the fire chief and other first responders were there, and Jonathan coordinated with Flagler Volunteer Services and the Parkview Church to assist and house those affected. And this is the secret for Emergency Management: multiple groups coming together to help the community. Not all of them government,

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not all of them private, but all of them working on behalf of the people.

“Be prepared,” he says. “I think we live in paradise. I love this community. I want people to be prepared for emergencies. Not scared. Whenever

that emergency happens, be prepared to deal with it the best you can. Have disaster kits in place. On our website, there is a disaster guide, also available at the library and county buildings, that include a supply list for emergencies.”

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Begin Again Home Goods Provides Fresh Starts

Begin Again Home Goods is a non-profit organization and thrift store with the aim to add the “Merry” to everyone’s Christmas. They strive to improve the average quality of life in the Flagler community by bringing comfort and joy to those who need it most. It works with Christmas Come True, both founded by Nadine King.

Since arriving in Flagler County, Nadine King has only wanted to give back. Originally from New Hampshire, Nadine’s work experience includes retail for twenty years in Virginia and managing restaurants. She moved to Flagler Beach when her husband retired from the Navy, 26 years ago. They had owned a condo here and Nadine fell in love with the area the minute they drove over the bridge.

Nadine began giving back to

her new home in 2009. The recession was relentless, and Nadine’s upbringing demanded she help her neighbors. Both of her parents had been involved in the Lion’s Club in her hometown. They had fronted plays that hosted fundraisers every year. Helping the community was instilled in her early on and has never left. She brought this energy with her to Flagler.

Not satisfied with only helping during Christmas time, Nadine has also started a thrift store, five years ago, called Begin Again Home Goods. Meant for families in need of a fresh start, Nadine invites donations of furniture, bedding, whatever anyone can spare, so anyone in need can start over. Since its founding, it has helped more than 1500 families and 4200 children in Flagler County.

“We start over. That sofa was in

one home, now it’s starting over in another. We help people get to a higher level of peace and comfort in their home. Every child should have a bed, a pillow, and bedding. Too many don’t.”

This charity is located in Bunnell, on Moody Blvd. All donations and profits made through the store go into Nadine’s other nonprofit, Christmas Come True.



The thrift store prioritizes providing furniture and home essentials to those in need.

If there is someone who lost their home, or rushed away from an unsafe environment, Begin Again Home Goods is ready to

give what it can. Flagler County has a long list of nonprofits that are growing more every year.

Log on to their website, <https://christmascometrue.org/begin-again-home-goods/>, for more information. Options include “adopting” a child’s wishes, or a family’s for the holiday season, so the child has a present to open on Christmas morning. Do-

nating a Publix gift card ensures a family can have a holiday meal. Whatever can be donated will make another person’s life just a little bit better. Even volunteering your time to wrap the gifts goes a long way in giving back.

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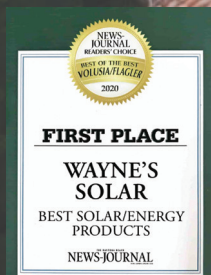
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Numbering in the thousands, ubiquitous and diverse, pilot boats measured as long as forty feet, others as short as six yards. Once serving military behemoths, giant container ships, freighters and fishing boats, they are now in retirement, replaced by larger and more sophisticated vessels. But pilots are now finding new lives as lobster and crab haulers. Others are pure pleasure boats. Still more have been transformed into colorful party boats, status symbols popularized by television icon Martha Stewart. They continue to give their all for their new captains.

One special pilot has been selected to head up the Palm Coast Holiday Boat Parade, now in its 40th year. The Parade is considered the largest boat parade in the state of Florida and attracts thousands every year to view it from the shores of the Intracoastal Waterway.

The last helmsman for this pilot was Palm Coast community stalwart Alois Michael Krier who died last year in his 86th year. Al was well known to Palm Coast not only as an activist for its citizens, but also as a weekly presence on its canals enjoying

By Sarah Elizabeth Ullis, Vice Commodore and Chair of the Palm Coast Holiday Boat Parade. Previously published in the Palm Coast Observer.

the pleasures of his Herreshoff Pilot, its small bell ringing as Al announced his presence to the houses he passed every day, often stopping to say hello. As his daughter Roseanne Dunn says, "He never met a stranger."

Of the more than 20 boats Al owned over the years, the final boat was an 18-foot Herreshoff Pilot named "Pilot 49" because it was the 49th such boat built. Says his son Joe, "He liked to keep things simple." Through the years he had boats named "BOAT," "187," and "LBA" which stood for "Last Boat for Al." "We knew that wasn't true," says Joe.

He had bought the Pilot fifteen years ago, having spotted it not at dock, but under water. The boat was raised and the ruined engine was swapped for a Volvo Penta Diesel. The Pilot became Al's primary nautical transport and was a staple in the Palm Coast Holiday Boat Parade.

When the Palm Coast Yacht Club named the 2023 Parade in Al's honor, his family decided to donate the boat to the care of its membership. It is now in St. Augustine undergoing a restoration by All Source Marine that will give it a new mission as the first sailing emblem of the Club and a symbol of the Parade as its lead boat for as long as the Parade continues to run.

Al's 1974 Pilot is an important part of American boat-building history. The Herreshoff Manufacturing Company of Bristol, Rhode Island, was established more than 150 years ago. Among the company's clients were the Vanderbilts and Whitneys. After the company's went out of business in 1947, Nowak and Williams, also of Bristol, assumed the manufacture of Pilots



until its demise in 1980.

The vessels were built to be durable and serviceable. At first glance, the boats look clunky, scarcely the vision of a sleek millionaire's yacht. An exaggerated high prow dominates its profile. According to Mike Dolan, owner of All Source Marina, who is restoring the boat, "It is most efficient not on the plane, that is, not skimming the surface of the water, but by charging right through it." This extends the line of the hull on the water line



offering the boat more buoyancy and greater speed and improves its performance in rough water.

Primarily distinguished by yellow or red paint, the boats were also identified by the word "Pilot" on the hull. Common navigation lights were supplemented by a round white light and below a red light. The mnemonic "white cap, red nose" was used to remember the lights' configuration as the captain's white cap and his red nose because of the copious amounts of alcohol that were supposedly consumed waiting for business.

The Herreshoff Pilots carried "un-stayed masts," the sail se-

cured only at the top and bottom of the mast. Many sailing experts agree that the freestanding sail reduces the load on the hull, thereby further increasing the boat's propulsion.

The captains did not sit to navigate. They stood. Chairs were not used because they would reduce the ability to move about the small deck and inhibited vision of the surrounding seas. Joe Krier built stools for the Pilot, but his father preferred not to use them, or, if someone else was at the wheel, to recline contentedly in the bow.

Now in the enthusiastic ownership of the Yacht Club, the boat is in all-hands mode for its restoration and maintenance, from its fiberglass hull to the top of the mast which will now be fitted with a new eight-foot sail emblazoned with the club logo. Finishing work on the teak fittings will be provided by the woman affectionately known in Palm Coast as "the Boat Girl." Jennifer Fallon is doing the work gratis.

The boat soon will be graced with a formal name. But its most important hallmark will be the bell still hanging just outside the cockpit door next to the wheel. On December 9, it will be ringing loudly as the boat leads the Parade out on to the Intracoastal Waterway, a tangible memory of Al Krier, his spirit very much alive.

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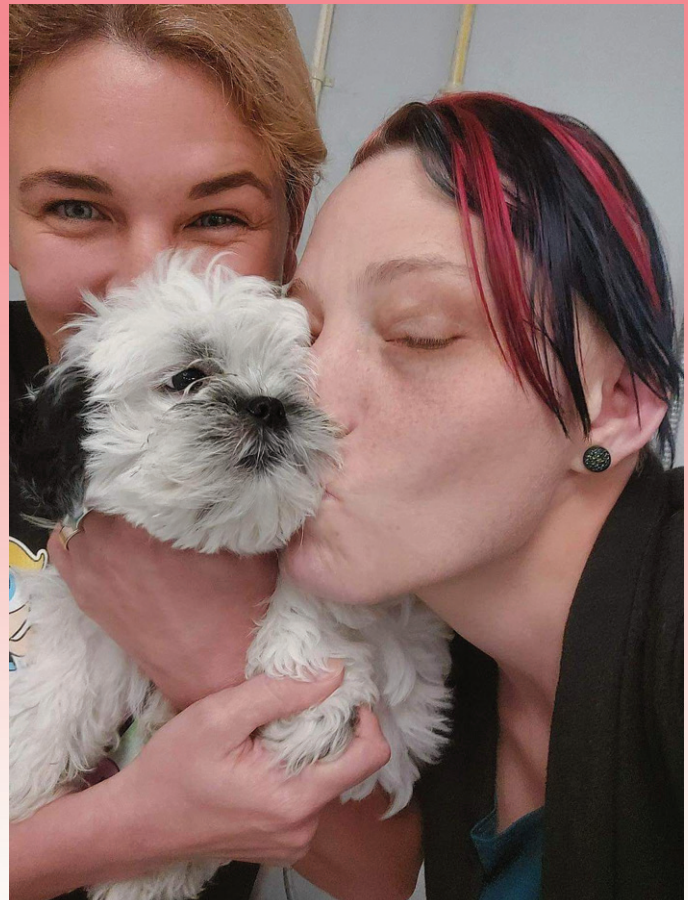


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Health & Wellness

Pertinent health insurance questions answered by Debra Sephton

Q: When is Open Enrollment for Health Insurance?

A: Other than Employer Group Insurance, Health Insurance for Individuals and Families started November 1st and ends December 15th if you wish your insurance to begin January 1, 2024. If you miss this deadline, you have until January 15th and your insurance will begin February 1, 2024.

Q: What are the “Essential Health Benefits” of health insurance plans?

A: As of 2014, Health insurance plans must have the “Essential Health Benefits” (EHB) to be considered qualified health plans and have Pre-existing Exclusions. The EHB’s include a set of 10 healthcare categories which are, Ambulatory Patient Services, Emergency Services, Hospitalization, Maternity and Newborn Care, Mental Health and Substance Use Disorder including Behavioral Health Treatment, Rehabilitative and Habilitative Services and Devices, Laboratory Services, Preventative and Wellness Services, and Chronic Disease Management, Pediatric Services including Pediatric Oral and Vision Care.

Q: Are Preventive and Wellness Services, no charge with a qualified health plan?

A: Yes and No; there are many screening tests and procedures which do not have a charge, however if the test needs to be revisited due to a potential diagnosis, and then called a diagnostic test, usually has a charge associated with it. It also depends on where the test or procedure is performed,

Debra Sephton is a licensed agent who can help with all kinds of health insurance and she never charges her clients. You can call her at Atlantic Benefit Consultants at 386-383-3101.

at the hospital as an outpatient test or procedure, or at an off-site facility.

Q: What is the difference between the insurance purchased through the Health Marketplace and what you can buy direct from a carrier?

A: Depending on your Modified Adjusted Gross Income, number of family members, age, zip code and use of nicotine, by using the Health Marketplace you may receive tax credits, aka subsidy, to help pay for the monthly cost of the health insurance. You will always pay full price for health insurance directly from a carrier, aka as an “off-marketplace” plan.

Q: Is there a difference in coverage between a Health Marketplace plan and an “off-marketplace” plan?

A: No, however, some carriers offer limited full price plans which are not available on the Health Marketplace.

Q: What is a Copay?

A: A Copay is a set rate you pay for doctor visits, prescriptions, and other types of care.

Q: What is a Deductible?

A: A Deductible is a set amount you pay for medical services and prescriptions before your Coinsurance takes effect.

Q: What is Coinsurance?

A: Coinsurance is the percentage of the cost you pay after you have met your deductible until you reach your Max-out-of-Pocket (MooP).

Q: What Max-out-of-Pocket (MooP)?

A: Max-out-of-Pocket is a cap, or limit, on the amount of money you pay for covered healthcare services in a health

plan year. When you meet this MooP, your health insurance plan will then pay 100% of all covered healthcare costs for the remainder of the plan year.

Q: What is the age limit for your child to remain on the family health insurance plan?

A: The limit for children to remain on the family insurance plan is their 26th birthday.

Q: What is Obama Care?

place based on a calculation of the total household Modified Adjusted Gross Income and the price of the plan. This calculation is set by Health Marketplace. For additional assistance a certified broker, navigator or Marketplace agent will be able to assist you.

Q: How do I “Reconcile my Tax Credits I received from the Health Marketplace every



A: Obama Care is one of many names given to all Health Marketplace insurance plans. You may also hear the Affordable Care Act (ACA), “Marketplace,” and others, but they all mean the same thing, a platform to enroll with health insurance with assistance from the government to help pay for your health insurance based on Modified Adjusted Gross Income, size of household members, age, zip code and use of nicotine.

Q: My husband’s group health insurance is too expensive for me and our children, am I eligible to purchase health insurance through the Health Marketplace?

A: It may be possible for family members to obtain assistance with the Health Market-

year?

A: Form 1095-A is a document provided by the Marketplace to individuals who enrolled in a health insurance plan through the Marketplace. It provides important information about coverage, including details of premium payments made, tax credits received, and the months of coverage. It is essential to have Form 1095-A when filing your federal income tax return, it determines eligibility for tax credits or repayment of excess credits received. If you have any questions or need further assistance regarding Form 1095-A, we recommend reaching out to a tax professional who can provide guidance tailored to your specific situation.

Source: HealthCare.gov

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Flora and Fauna

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Four of the five birds pictured here are banded. Used for research, management and conservation, bands help in tracking bird movement and survival information. Often only one band is used but as seen on the Willett, a bird can have more than one band. If you happen to see a banded bird and can read the engraving please report it to fl.audubon.org and pwrc.usg.gov. On Facebook the page "Florida Banded Bird Resightings" is another way to report on, or just view fascinating information about banded birds.

- 1. Royal Tern
- 2. Brown Pelican
- 3. Mourning Dove
- 4 Wood Stork family (no bands)
- 5. Willett



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Christmas Is Year Round In This Amazing House



Welcome to our Christmas issue which features an incredible display of Christmas decorations, furnishings and an overall theme dedicated just to Christmas. It was about six weeks ago that we received a call from a local real estate agent who wanted to meet to talk about a house he knew of that might make a good Christmas feature. So we went one day to a house on the "island" which is on the intracoastal waterway roughly across from Waterfront Park. We were told that the house had a Christmas tree in every room and the house had 16 rooms. We were intrigued by this and looked forward to shooting a bunch of photos for a pictorial feature. However, nothing prepared us for the incredible display we found there. First, there were not 16 Christmas trees — there were 72 — and they were everywhere. Every time we turned around there was another Christmas tree. And not just trees were there, but every kind of Christmas decoration you could think of and everywhere in the house. Bill and Debbie Arnold are the owners of the house and they've created a Christmas showpiece that is certainly unrivaled in Flagler County and probably the whole state of Florida. These photos don't do a great job of conveying the entire scene but it's because of the overwhelming amount of material here. It's pretty mind boggling and the Arnolds told us that if they had to dismantle everything it would take them 40 hours a week for about five months. Anyway, that's enough words so let's let the photos tell the story from here. Hope you enjoy and that you all have a happy holiday season.

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A close-up shot of the table from the cover photo shows the setting detail along with other trees that come in all shapes and sizes.



Every room has some sort of Christmas decorating even including bedclothes and displays that are all around.



A number of the trees are specially themed as you can see above with the patriotic motif.



Even the happways are filled with decorations and settings as are shown right, along with another themed tree above.

Gardening Tips

Tis the Season... for plants! By Judy Jean

The holiday season is upon us, and what better way to bring warmth and cheer into your home than with the timeless beauty of holiday plants? From the classic Poinsettia to the aromatic Rosemary, these green companions add a touch of nature to your festive decor. In this article, we'll explore the charm and care of some iconic holiday plants that have become synonymous with the joy and traditions of this special time of year.



1. Poinsettias: Stars of the Season

Known for their vibrant red bracts, Poinsettias (*Euphorbia pulcherrima*) are a symbol of the holidays.

However, did you know they come in various hues, including white and pink? Ensure your Poinsettia thrives by placing it in bright, indirect light and allowing the soil to dry slightly between waterings. With proper care, these festive favorites can last well beyond the holiday season.

2. Christmas Cacti: Blooms in

UF/IFAS Urban Horticulture and Master Gardener Coordinator Judy Jean shares gardening knowledge with us every month.

Winter Bliss

Elevate your indoor garden with the graceful arching stems and jewel-toned blooms of Christmas Cacti (*Schlumbergera* spp.). Originating from the rainforests of Brazil, these epiphytic plants bring a burst of color during the winter months. Provide bright, indirect light, keep the soil consistently moist, and watch as these resilient cacti reward you with a spectacular floral display.

3. Rosemary: Fragrant and Flavorful

Not just a culinary herb, Rosemary (*Rosmarinus officinalis*) takes on a dual role during the holidays. Its evergreen foliage adds a touch of greenery to your decor, while the delightful aroma enhances the festive atmosphere. Position your Rosemary in a sunny spot, water when the soil feels dry, and enjoy the multifaceted beauty of this herb.

4. Amaryllis: Majestic Elegance Unveiled

For a dramatic touch, consider the majestic Amaryllis (*Hippeastrum*). With its towering stems and large, trumpet-shaped flowers, the Amaryllis commands attention. Plant the bulb in well-draining

soil, place it in a sunny location, and witness the stunning blooms unfold. A perfect addition to your holiday centerpiece or mantelpiece.

5. Mistletoe: A Timeless Tradition

Steeped in tradition, Mistletoe (*Viscum album*) adds a touch of enchantment to the holiday season.

Hang a sprig above a doorway for a festive and playful tradition of kissing underneath. Keep in mind that mistletoe is parasitic, so if you're considering growing your own, it typically attaches itself to trees.

6. Norfolk Island Pine: A Living Christmas Tree

For those who crave the scent of pine but prefer a living alternative, the Norfolk Island Pine (*Araucaria heterophylla*) is an excellent choice. Resembling a miniature Christmas tree, this evergreen adds a touch of holiday magic. Provide bright, indirect light, and water when the top inch of soil feels dry.

Greening the Season

As you immerse yourself in the joy of holiday festivities, consider welcoming these green companions into your



home. Beyond their visual appeal, holiday plants bring a sense of nature and tranquility, enhancing the spirit of the season. Whether it's the iconic Poinsettia, the delicate blooms of Christmas Cacti, or the fragrant allure of Rosemary, each plant contributes to the tapestry of holiday traditions.

May your home be adorned with the beauty and vitality of these festive botanicals, creating lasting memories for years to come.

Feel free to stop by the UF/IFAS Extension Flagler County office or email our Master Gardeners at mgardener@flaglercounty.gov and follow us on our Facebook UF IFAS Flagler County Master Gardeners page for any of your plant and insect questions. Also, for additional educational materials go to edis.ifas.ufl.edu to get more information.

Happy Planting!



Selection Of The Month

The Garden Club Of Palm Coast's monthly garden by Nancy landoli



Michael Murphy of Evans Drive has been recognized as the December 2023 Selection of the Month by The Garden Club at Palm Coast. Originally from New Jersey, he retired and moved to Palm Coast 3 years ago. When he bought his house there was no landscaping. He initially had help from a local nursery on what to plant and today he has a very stunning curb appeal landscape.

The front door area has beautiful potted pink and red crown of thorns, a red mandevilla vine in a decorative blue pot, a Crossandra called orange marmalade, ruby red Alternanthera brasiliana, tri-color ginger (Stromanthe triostar), foxtail fern, several varieties of crotons, sago palm, ginger, rosemary, ferns, kalanchoe, Texas sage, and several bird statues throughout the flower beds.

The front island has two red crape myrtles that are underplanted with yellow allamanda, pink and yellow lantana, liriopse, pentas, bird of paradise, purple irises, a border of blue daze and two whimsical pink and blue grazing birds. On the right side of driveway, there is oleander, viburnum, blue daze, orange marmalade, schefflera, and Hawaiian Ti. The back yard around the pool area is surrounded with several plants that provide color such as yellow lantana, blue daze, purple lilies, crotons, bromeliads, schefflera, podocarpus, and Hawaiian Ti, and a sago palm.

Submitted by Nancy landoli, Selection of the Month Committee.
The Garden Club meets monthly on the second Monday of the month at 1:00 p.m. at VFW, 47 Old Kings Rd. N, Palm Coast, September through May. The plant sale under the pavilion is open to the public 11:30-1:00 p.m. www.gardenclubatpalmcoast.org



Parks And Recreation In The City

The city of Palm Coast has no shortage of green spaces and recreation areas as you will find with a little exploring. We decided to make it a little easier to find a place that's perfect for your recreation, reflection and relaxation needs. The following list shows the major playground spots as well as parks, sports facilities and nature preserves. We visited each of these places and found them all to be well-maintained and easily accessible so don't hesitate to avail yourself of the amenities they offer.

Belle Terre Park • 339 Parkview Dr.

This park, located behind Wadsworth Elementary and Buddy Taylor Middle Schools, offers soccer fields, tennis and racquetball courts. Due to its proximity to the two schools, students often benefit from the park's recreational opportunities.

Parking • Pickleball • Picnic Shelter • Playground • Raquetball Restrooms • Soccer • Tennis



Bird of Paradise Nature Reserve • 179 Bird of Paradise Drive

A passive park providing the Indian Trails neighborhood residents a place to relax and enjoy the beauty of nature. This quiet spot is peaceful and it's also popular with fishermen.

Fishing



Central Park in Town Center • 975 Central Avenue

Drawing inspiration from towns and suburbs built in the early 20th century, this nine-acre urban park is situated in the heart of Town Center, Palm Coast's downtown area.

Geocaching • Parking • Restrooms • Walking



Children's Memorial Garden • 150 Waterfront Park Road

Nestled in the shade of old oak hammocks along the Intracoastal Waterway scenic trail just north of Waterfront Park, this special place serves as a peaceful sanctuary for all to rest, reflect and recall.

Parking



Community Center & Park • 2860 Palm Coast Parkway

The Palm Coast Community Center is the home for the Parks and Recreation administrative offices. It also serves as the host location for the Palm Coast City Council Business Meetings, advisory committee meetings, recreation programs and activities.

Basketball • Parking • Playground • Restrooms



Heroes Memorial Park • 2860 Palm Coast Parkway NW

Those in the military and law enforcement who have served and sacrificed for our country now have a place to be honored. Each Memorial Day, Veteran's Day and Fourth of July memorial services are held in this park to recognize those who have given their lives in the line of duty. Branches of the military are honored with engraved granite monuments of these names, along with a Purple Heart Memorial.

Geocaching • Parking



Indian Trails Sports Complex • 5455 Belle Terre Parkway

Host site of local, regional and state Lacrosse and Soccer Tournaments, the ITSC/ITMS site provides visitors with exceptional athletic facilities conveniently located off major transportation routes.

Baseball • Lacrosse • Parking • Picnic Shelter • Playground Restrooms • Snack Bar • Soccer



James F. Holland Memorial Park • 18 Florida Park Drive N

Holland Park is an important recreational and social hub in the community. Dog park and bocce ball courts attract residents to this most popular destination in the Palm Coast community.

Baseball • Basketball • Bocce Ball • Dog Park • Lacrosse • Parking • Pickleball • Picnic Shelter • Playground • Restrooms Shuffleboard • Soccer • Tennis • Volleyball • Walking



Long Creek Nature Preserve • 1050 Palm Harbor Parkway

Long Creek Nature Preserve is the newest jewel in the City of Palm Coast’s park system.

Canoeing • Elevated Boardwalk • Fishing • Floating Boat Dock Hiking • Kayaking • Parking • Wildlife Viewing



Palm Coast Aquatics Center • 339 Parkview Drive

Heated pool with lanes available for lap swimming. There are plenty of lessons offered here for everyone from kids learning to swim to senior citizens doing aquatic exercise classes. Check out their schedule on the city’s website.

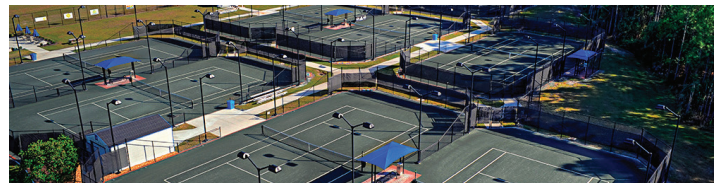
Parking • Picnic Shelter • Restrooms • Swimming



Palm Coast Tennis Center • 1290 Belle Terre Pkwy

The Palm Coast Tennis Center, a 2010 USTA Facility of the Year Award Winner, offers 10 Hydro-grid clay tennis courts lighted to tournament standards. Leagues, lessons, events, tournaments and programs for players of all ages and abilities are offered.

Parking • Restrooms • Tennis



Ralph Carter Park • 1385 Rymfire Drive

Ralph Carter Park, adjacent to Rymfire Elementary School extends across 13.1 acres of land. It offers visitors lighted multi-sports fields, a mini skate park, a lighted basketball court, walking trail, playground, bar-b-que grills and restroom facility.

Basketball • Parking • Picnic Shelter • Restrooms Skateboarding • Soccer



Seminole Woods Neighborhood Park • 350 Sesame Boulevard

Seminole Woods Neighborhood Park creates an active, social environment for our visitors. The variety of recreational opportunities appeals to children, adults and seniors, making it a favorite family destination.

Geocaching • Parking • Picnic Shelter • Playground • Restrooms Soccer • Tennis



St. Joe Walkway/Palm Coast Linear Park • 31 Greenway Court

Nestled between the eastbound and westbound lanes of Palm Coast Parkway, Linear Park’s 57-acre jewel features many amenities for all to enjoy, including a playground, picnic pavilions, hiking and biking trails and bird watching.

Biking • Bocce Ball • Geocaching • Hiking • Parking • Picnic Shelter • Playground • Restrooms • Shuffleboard • Walking Wildlife Viewing



Waterfront Park/Intracoastal Waterway • 150 Waterfront Park Rd

Waterfront Park is the only city-owned waterfront property along the Intracoastal Waterway. This large waterside park never seems to be crowded and offers a variety of activities for nature lovers.

Biking • Fishing • Geocaching • Parking • Picnic Shelter Playground • Restrooms • Walking • Wildlife Viewing



Live Music

December acts at the Fitzgerald Performing Arts Center at Flagler Auditorium



Check out these acts that are performing at the Fitzgerald Performing Arts Center at Flagler Auditorium in December. Tickets are available from the box office at 386-437-7547 during business hours. Yearly subscriptions to see all shows are still available also.

One Christmas Night in Memphis loosely recreates the night of December 4, 1956, when four of the biggest names in early rock 'n' roll just happened to end up at Sun Records at the same time. The studio engineer kept the tape rolling and the impromptu session was quickly nicknamed the "Million Dollar Quartet" in the media. The cast will transport the audience to Memphis for this one night in rock 'n' roll history, bringing to life the music of Carl Perkins, Jerry Lee Lewis, Elvis Presley and Johnny Cash.

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Since its establishment in 1995, Navy Band Southeast has been dedicated to providing top quality musical support throughout the Southeastern United States for Commander, Navy Region Southeast. Under the direction of Lieutenant Nicholas Nadal, the band is located onboard Naval Air Station Jacksonville and serves the military and civilian communities. The 45-member organization is comprised of professional musicians committed to the highest level of performance, each performing in various ensembles including ceremonial and parade bands, wind ensemble, the New Orleans style Deckplate Brass Band, the jazz VIP combo, the popular music group Pride, the Windward Brass Quintet and the Fairwinds Woodwind Quintet. Performing more than 350 engagements per year, these musical ambassadors inspire pride and patriotism for military ceremonies, public concerts, parades, school clinics and much more.

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Community Service



The Flagler County Detachment 876 Marine Corps League held its memorial brick ceremony for 7 of their members who passed away since November of last year. They were John F Chagnon, William F Wilson, Jr., Edward C Godfrey, Donal March, LCpl Samantha Berrios, Ronald D Gagne' and Frank A Botelho. Family members and Detachment members were present as well as Farher Jose from Saint Elizabeth Ann Seton Catholic Church, who blessed the bricks. A rifle squad of Detachment members provided a rifle salute to those members who passed and TAPS was played.



The Flagler County Detachment 876 Marine Corps League members collected from the residents of Flagler County \$2,473.00 for Flagler Toys For Tots. TShown in the photo is Commandant Frank Arce and Adjutant Ellen Werner presenting the check to Elonka Cuddon representative of Flagler Toys For Toys Foundation.



The Garden Club at Palm Coast's members brought in festively wrapped plants and made floral bouquets to be taken to members who are ill and to residents of Flagler Rehab and Grand Oaks Rehab. Floral bouquets will also go to an adult congregate living facility and the Stuart F Meyer Hospice House. This program has been continued since 2000 when it was started by Distinguished Member and then President Constance March.



Members, family and friends of the Flagler County Detachment 876 Marine Corps League and Capt. Tiger Mayberry Detachment 658 joined together on November 10, 2023 to celebrate the 248th birthday of the United States Marine Corps at a Ball held at the Moose Lodge in Ormond Beach. Over 100 people attended and enjoyed a great meal and music. Shown in the photograph are members and friends of Detachment 876.

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Flagler Artists

Grace Senior Morandi's colorful creations stir the emotions, by James Moore

After speaking with a plethora of artists for this magazine, I am always taken aback with the life story that is just as colorful as the art they produce. Grace Senior Morandi has lived a unique life. Originally from Barranquilla, Colombia, she was first introduced to art in Catholic school. There she learned about sketching, art, music, and theater (in both Spanish and French) from the nuns teaching her. She even won a national art contest at 13.

Despite this, art itself was not something that maintained her attention. However, her skills were used in another way. As a child, her uncle oversaw constructing floats for the annual Colombian carnivals. One day, she sat with him while he coordinated his employees and handed her a pad of paper. He asked her to sketch the float's schematics for him. This was the start of her extensive career in engineering.

She later graduated from the, then all female, University of Antioquia in Medellin, Colom-

bia with full certifications in engineering. So extensive and difficult was this career path. The program started with 400 students, but by the end, Grace was one of 2 graduates. With this, she started her expansive career back home, working for in Barranquilla city hall. As a child, her family taught her the importance of giving back to the community. Her uncle gave back with his floats. She opted to give back with her knowledge.

Work took her all over. She traveled to other parts of Colombia as a mechanical engineer. She had designed parts of shrimp boats, conveyers and mixers, potato peelers, and designed kitchen equipment.

Her work took her to the United States, from Los Angeles to Chicago and all over Florida. All that time, sketching and expanding on schematics the same way she had for her uncle, but now far more complicated.

Eventually, Grace found retirement and revisited the art she had put aside as a child.



She had explored as many techniques as she could. Watercolor, ink, charcoal, acrylic, before settling on Mixed Media.

Having spent so long as an engineer, designing devices with precise measurements requiring exactitude, Grace had worked the left side of her brain. The right side, where all the creativity can flourish, was begging for its turn to shine. It is why she prefers the more abstract look in her pieces. "I don't want this exactitude. I want to create destruction, but with harmony."

With these growing art skills, the call to give back to the community was still on her mind. "We can serve the community in many ways," she says. "To serve in profession, you do one thing. Volunteering gives more." While living in Tampa and teaching art classes to their schools,

she led other artists to join her in painting the ceiling tiles at St. Joseph's Hospital.

For eight years, she taught art to patients diagnosed with dementia in Ocala. Seeing brilliant colors grasps the patients' attention. She learned from their responses and implemented them into her work.

The patients organized pieces by color that fascinated her and continues to affect her color schemes.

This experience carries with her to now, where she teaches art classes in libraries across Orlando. "You have to give the opportunity to the people to develop and enjoy life, to be creative," she says. "Anybody can be creative."

Grace's pieces are on display at the Galerie Elan in Daytona Beach, as well as the Hub on Canal in New Smyrna Beach.



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Events, Meetings, Classes, etc.

Events

Palm Coast Farmer's Market
December, 3, 10, 17, 24, 31
@12-4 PM, European Village,
 101 Palm Harbor Pkwy, Ven-
 dors include sellers of seafood,
 meats, dairy products, nut but-
 ters, many varieties of crafts
 and a lot more every Sunday.

First Saturday Creative Bazaar
Arts & Crafts Market
December 2, 1500 Central
Avenue, Town Center. Pro-
 duced by The Palm Coast Arts
 Foundation, this is a bazaar
 and flea market featuring arts
 and crafts every first Saturday
 of the month.

Book Club
December 2, 10:30-11:30
AM, first Friday of the month,
 Palm Coast Community Center,
 free. Do you love to read? Each
 month will have a designated
 genre. You select and read

a book that falls within the
 monthly category. Book sugges-
 tions are available on our web-
 site if you need a little help. That
 month we will meet to share
 our impressions, reactions, and
 feelings. June: Reader's Choice.
 Go to www.parksandrec.fun/
 adults to sign up.

Texas Roadhouse Events
December 4 Alpha Women's
 Center Fundraiser Dine in, and
 mention fundraiser to get 10%
 of your check donated.

December 11 Seawolf Priva-
 teers Fundraiser Dine in, and
 mention fundraiser to get 10%
 of your check donated.

December 12 Garden Club of
 Palm Coast Fundraiser, dine in,
 and mention fundraiser to get
 10% of your check donated.

Meetings

New Jersey Social Club

Social club for former New
 Jersey residents with a
 monthly meeting on the fourth
 Wednesday of each month.
 For more information, con-
 tact membership chair Penni
 Knapp at 386-931-5976.

Italian American Club Bingo
Mondays & Tuesdays, 45
Old Kings Road, doors open
 at 3 PM on Monday with free
 dinner served. Tuesdays, doors
 open at 10 AM and free lunch
 is served. Call 386-445-1893
 for more information.

Nara-Anon Group
Monday nights at 6 PM, St.
Marks By The Sea Lutheran
Church, 303 Palm Coast Pkwy
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strength and hope. For more
 information please call Nancy
 at 386-569-0417 and leave a
 message.

Activities

Aqua Zumba
Mon-Wed Aug. 14-Dec. 20,
Tue-Thu Aug. 15-Dec. 21,
5:30-6:30 PM, 9-10 AM, Palm
Coast Aquatics Center. Aqua
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 philosophy with water resis-
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14-Dec. 20, 9-10 AM, Palm
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The Texas Tenors
Jan. 10, 2024 - 7:00 PM



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Jan. 20, 2024 - 7:00 PM

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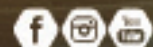
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Events, Meetings, Classes, etc. from page 40

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bics class! Moving your body through the water creates a resistance that will activate muscle groups without impacting your joints. Ages: 13+, Fee: \$8/class

Beginner's Pickleball
 Tuesdays, Fridays, Aug. 15- Dec. 29, 8-10:30 AM, Holland Park Courts. If you want to

learn how to play in a fun and friendly atmosphere, try out our Beginner's Pickleball. Registration is not required. Paddles, balls, and nets are available for use. Ages: 18+, Free

Women's Self Defense
 Mondays, Oct. 9, 16, 23, 6-8 PM, Palm Coast Commu-

The activities that we have listed here that are presented by the city's park and Recreation Department are only a fraction of the total activities that occur on a regular basis. There is a truly impressive variety of activities, classes and other events that this department produces — their catalog is 38 pages. So go to <https://www.palmcoast.gov/parks-and-recreation> or scan the QR code to see a lot more.



QR Code Use Rapidly Growing in Popularity

You've undoubtedly seen QR codes all over the place in your everyday life and you maybe a regular user of them. If you are, you may not need to read this article. If you're not that familiar with them and aren't sure of what they do, then please read on.

In either case, QR codes are here to stay and are gaining in popularity and usage. We have been using them in this magazine for over a year now and they have been steadily producing more and more scans each issue. In the last 90 days, for example, the number of scans made from QR codes in our pages has gone up 174% in the last 90 days.

How do you scan a QR code? Now you can simply point most phones at a code such as the one at right and the phone will display a URL. When you touch that URL you are taken to a web page. When I first started using QR codes I downloaded a QR code reader from the Google Play Store. iPhone users that have an iPhone 11 or later can automatically scan codes without a QR reader. My current Samsung phone, an A13, also automatically scans QR codes so I don't have to use the QR reader software that I downloaded for free over a year ago. So if your phone doesn't scan codes automatically just download one of the free apps and you'll be all set.

If you want to see if your phone can scan codes then try scanning the code on this page. If it works you'll be taken to our web page where you can download any of our back issues. And if you have any questions for any reason just do a Google search and you'll find lots of information to help you. In the meantime, please keep reading... and scanning.




Daniel Garcia, "The Walking Man" and Global Walk Inc. is producing this concert to honor and thank God, veterans, first responders & their families. This patriotic World Changers Veterans Benefit Concert will be an event to offer respect and healing to our heroes who sacrifice for us every day. This event takes place on December 8 at 6:30 PM at The Amp in St. Augustine.

Learn Computer Basics
 Tuesdays, Nov. 21, Dec. 19 10-11:30 AM, Palm COast Community Center. Want to learn more about your computer? These classes teach you basic care of your computer, different programs you may need to use, and the importance of internet security. Ages: 18+ years, Fee: Free

Intro To Sculpture
 Thursdays, Nov. 9-Dec. 14, 4-5:30 PM, Palm Coast Community Center. Come challenge yourself, bring your imagination, and use your

creativity in six fun sculpture classes. Get a good foundation in hand-building applications with a nontoxic clay that hardens without firing. Taught by certified art instructor Kristy Craigle. Ages: 18+ years, Fee: \$65/session

BAM! Balance & Motion
 Mondays, Thursdays, Aug. 14-Dec. 28, 12-12:45 PM, Palm Coast Community Center. Presented in partnership with Florida Health Care Plans (FHCP). Get moving and join senior fitness specialist Artie G. for BAM! Balance and Motion. Develop balance, coordination, core strength, flexibility, and range of motion. This class is gentle, upbeat, and supportive of all fitness levels. Fee: Free

Gentle Yoga
 Tuesdays, Nov 7-Dec. 12 10:30-11:30 AM, Palm Coast Community Center. Start experiencing the many benefits of yoga through this safe and gentle modified chair version. Yoga work is done

Flagler County Orchid Society
 Monthly Meeting • December 28 at 7 PM
 Trinity Presbyterian Church • 156 Florida Park Dr.
 Orchid species and care are discussed and guests are always welcome.

Contact: Jeanne Long
386-931-3156



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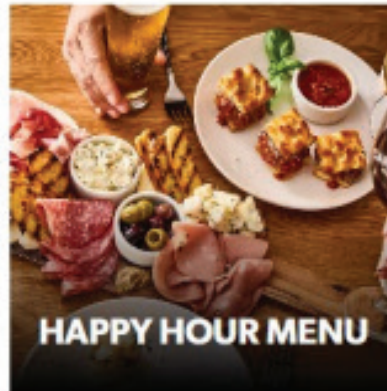
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Events, Meetings, Classes, etc. from page 43



Guitarist, multi-platinum-selling singer-songwriter, bandleader and Rock and Roll Hall of Fame inductee Steve Miller is beyond excited to finally get back on the road. Putting his pandemic time to great use, Miller dug deep into his archives and found an unreleased, full-length concert recording and released a live concert video featuring the full performance that is available now to stream. See him at The Amp in St Augustine on December 16 at 7

either standing or in a chair. This class includes low-impact stretching and strengthening, as well as breathing routines. Led by certified instructor Michele Cotto. No floor work. Please bring your own mat and towel. Fee: \$8/class

Senior Social Corner
Tuesdays, Aug. 15-Dec. 19, 12:30-4 PM, Palm Coast Community Center. Looking to get out of the house? Come out and make new friends or catch up with old ones! This is a great opportunity to sit, visit, and play games with other seniors. Fee: Free

Classes

Art Classes

All classes at Sherry's Art Studio, City Marketplace, 2nd floor, 160 Cypress Point Pkwy. Call 732-997-9516 for more information or see the website for a complete list at www.sherrysartstudio.info

Sat Dec 16, 11 AM Sea Glass Wreath

Sun Dec 3, 11 AM Ocean Resin Pour Christmas Tree Candy Dish

Fri Dec 1, 11 AM Sea Glass Coastal Christmas Tree

Mon Dec 4, 11 AM Set of 7 Ocean Resin Pour Ornaments/Gift Tags

Fri Dec 1, 11 AM Artist Choice 3D Wood Christmas Ornaments

Sat Dec 16, 11 AM Family

Applications Open for Flagler County Master Gardener Volunteers

Flagler County University of Florida IFAS Extension office will be accepting applications from Sept. 1 through Oct. 31 for new Flagler County Master Gardener Volunteers. Training will be held Jan. 11 through April 18, 2024. Florida Master Gardener volunteers help people find practical gardening and landscape solutions to problems specific to living in Flagler County Florida. Training consists of classes held Thursdays from 9 a.m. - 3 p.m. with topics spanning plant propagation, hydroponics, soil science, fruit crops and many more. The classroom time will be held at the Flagler County extension office at 150 Sawgrass Road in Bunnell. You can apply at <https://tinyurl.com/FlaglerCountyMGV>. Contact Judy Jean at jean.cjudy@ufl.edu with questions.

Name Christmas Tree
Sun Dec 17, 11 AM Vintage Santa Painting 16x20 Acrylics Workshop
Sat Dec 2, 11 AM 16x20 Mermaid in Acrylics
Fri Dec 15, 11 AM Set of 7 Ocean Resin Pour Ornaments/ Gift Tags
Sat Dec 16, 11 AM Sea Glass Fairy Light Christmas Tree

Business Functions

Palm Coast Business Professionals Network Meeting
December 1, 8, 15, 22, 29 @ 7:30 AM, Coldwell Banker, St. Joe's Village, Weekly networking meeting of local business owners. Call Brad at 386-283-0955 for info.
PWFC
December 2, 8:30-10 AM, Market Street, 2 Corporate Dr. Networking breakfast. Call Nina at 845-531-1673 for more information.
Bold Ladies In Business
December PM, Rodie's Place, 5115 N. Oceanshore Blvd, Palm

Coast Networking event to benefit Live Like Cameron. See their Facebook page for more information.
Palm Coast Lions Club
December 12, 5:30 PM, Lohman's Funeral Home. The Palm Coast Lions Club meets at 5:30 PM on the second Monday of the month at Lohman's Funeral Home in Palm Coast. Call Nina at 845-531-1673 for info.
BNI
December 1, 8, 15, 22, 29, 8 AM, Elks Lodge Palm Coast. Business referral group that meets weekly to exchange business leads and referrals. Call 904-669-2337 for more information.
Rotary Club of Flagler County
December 6, 13, 20, 27 @ noon, The Pine lakes Restaurant. The club meets every Tuesday at noon. Call 386-585-2198 for more info.
Leads Into The Future
December 5, 12, 19, 26 @ 9 AM, Carrabba's Italian Grill, 160 Cypress Park Dr., Weekly networking meeting of local business owners.

Marine Corps Detachment 876 Flagler County
Meetings are the 3rd Tuesday of each month.
The VFW Post 8796
47 Old Kings Road North
Palm Coast, FL 32137
Meet and greet and pizza party at 1715 hours.
Meeting starts at 1800 hours.

Artie Gardella, a resident of Palm Coast for multiple decades, has announced the new expansion of his senior fitness program, Synergy Senior Fitness. The change was made as a result of increased demand, according to a press release detailing the change. Those wishing to attend the new class can come to St. Thomas Episcopal Church on Belle Terre Parkway at 10:30 AM on Mondays and Thursdays. The program aims to promote muscle tone, strength, endurance, balance and flexibility. It's covered by most insurance providers. Uninsured participants can join in by paying a donation. Synergy Senior Fitness offers a variety of classes in several locations between Flagler and Volusia counties. According to the program's website, the following locations and time slots are available:

- Palm Coast Community Center, 305 Palm Coast Parkway NE**
 Mon & Thurs, 12:00 PM – Balance and Motion
- First Baptist Church, 2301 Commerce Pkwy, Bunnell**
 Tues, 9:15 AM – Synergy Classic
 Tues & Thurs, 9:15 AM – Active Fit
 Tues & Thurs, 10:15 AM – Pilates
- St. Thomas Episcopal Church, 5400 Belle Terre Pkwy**




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ADVERTISERS INDEX

In The Weed Maintenance

Curbing, lawn care — page 2

Arctic Breeze

Air conditioning — 3

All About Price

Car repairs, body shop — 4

Watson Realty

Real estate agency — 5

BestBet St Augustine

Card room, sports book — 7

Residential Inspections

Home inspections — 8

EFS Foods

Meat, food products — 9

Massage By Natalie

Massage — 10

CJ Canine Obedience

Dog training — 10

Sunstate Gutters

Gutters — 12

Rocky's Pressure Washing

Pressure washing — 13

The Cosmic Hippie

Holistic products, CBD — 13

My Fifth Element

Indian restaurant — 14

Wayne's Solar

Solar power systems — 15

Art Among The Flowers

Florist, gifts — 15

Cuddle Pet Grooming

Pet grooming — 17

Architectural Granite

Granite, countertops — 17

Stetson Mansion

Christmas attraction — 19

Terence Miner Remodeling

Renovators — 21

Atlantic Benefit Consultants

Health insurance — 24

Tuscan Gardens

Assisted living — 29

Blinds & Shutters By Jason

Window treatments — 35

Legacy Planning

Financial planning — 37

Southern Girl Consignment

Upscale consignment — 39

Cut Up And Sew

Sewing machines, supplies — 40

Cardinal Financial

Reverse mortgages — 40

Flagler Auditorium

Live entertainment — 41

Carrabbas Italian Grill

italian restaurant — 43

Fantastic Sams

Hair salon - 44

Lohman Funeral Homes

Funeral services — 45

Monster Marketing

Printing, marketing — 46

Architectural Granite

Sherry's Art Studio

Art creation studio — 48

BY BUSINESS CATEGORY

Air conditioning — 3

Art studio — 48

Assisted living — 29

Car repairs, body shop — 4

Card room, sports book — 7

Curbing, lawn care — 2

Dog training — 10

Financial planning — 37

Funeral services — 45

Granite contractors — 17

Gutters — 12

Hair salon — 44

Health insurance — 24

Holistic products, CBD — 13

Home inspections — 8

Indian restaurant — 14

Live entertainment — 41

Massage — 10

Meat, food products — 9

Pet grooming — 17

Pressure washing — 13

Printing, marketing — 46

Real estate sales — 5

Reverse mortgages — 40

Sewing machines, supplies — 40

Solar power systems — 15

Upscale consignment — 39

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Sherry's Art Studio

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